Cigna Medical Coverage Policies – Radiology Chest Imaging Guidelines

Effective April 01, 2023





Instructions for use

The following coverage policy applies to health benefit plans administered by Cigna. Coverage policies are intended to provide guidance in interpreting certain standard Cigna benefit plans and are used by medical directors and other health care professionals in making medical necessity and other coverage determinations. Please note the terms of a customer's particular benefit plan document may differ significantly from the standard benefit plans upon which these coverage policies are based. For example, a customer's benefit plan document may contain a specific exclusion related to a topic addressed in a coverage policy.

In the event of a conflict, a customer's benefit plan document always supersedes the information in the coverage policy. In the absence of federal or state coverage mandates, benefits are ultimately determined by the terms of the applicable benefit plan document. Coverage determinations in each specific instance require consideration of:

- 1. The terms of the applicable benefit plan document in effect on the date of service
- 2. Any applicable laws and regulations
- 3. Any relevant collateral source materials including coverage policies
- 4. The specific facts of the particular situation

Coverage policies relate exclusively to the administration of health benefit plans. Coverage policies are not recommendations for treatment and should never be used as treatment guidelines.

This evidence-based medical coverage policy has been developed by eviCore, Inc. Some information in this coverage policy may not apply to all benefit plans administered by Cigna.

These guidelines include procedures eviCore does not review for Cigna. Please refer to the <u>Cigna CPT</u> <u>code list</u> for the current list of high-tech imaging procedures that eviCore reviews for Cigna.

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Chest Imaging Guidelines	
Abbreviations for Chest Guidelines	3
General Guidelines (CH-1)	4
Lymphadenopathy (CH-2)	8
Cough (CH-3)	12
Non-Cardiac Chest Pain (CH-4)	13
Dyspnea/Shortness of Breath (CH-5)	16
Hemoptysis (CH-6)	19
Bronchiectasis (CH-7)	20
Bronchitis (CH-8)	22
Asbestos Exposure (CH-9)	23
Chronic Obstructive Pulmonary Disease (COPD) (CH-10)	24
Interstitial Disease (CH-11)	25
Pneumonia and Coronavirus Disease 2019 (COVID-19) (CH-13)	28
Other Chest Infections (CH-14)	32
Sarcoid (CH-15)	35
Solitary Pulmonary Nodule (SPN) (CH-16)	36
Pleural-Based Nodules and Other Abnormalities (CH-17)	42
Pleural Effusion (CH-18)	43
Pneumothorax/Hemothorax (CH-19)	44
Mediastinal Mass (CH-20)	47
Chest Trauma (CH-21)	48
Chest Wall Mass (CH-22)	49
Pectus Excavatum and Pectus Carinatum (CH-23)	50
Pulmonary Arteriovenous Fistula (AVM) (CH-24)	51
Pulmonary Embolism (PE) (CH-25)	52
Pulmonary Hypertension (CH-26)	56
Subclavian Steal Syndrome (CH-27)	57
Superior Vena Cava (SVC) Syndrome (CH-28)	60
Elevated Hemidiaphragm (CH-30)	61
Thoracic Outlet Syndrome (TOS) (CH-31)	62
Lung Transplantation (CH-32)	64
Lung Cancer Screening (CH-33)	66

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	Abbreviations for Che	st Gı	uidelines
AAA	abdominal aortic aneurysm		
ACE	angiotensin-converting enzyme		
AVM	arteriovenous malformation		
BI-RADS	Breast Imaging Reporting and Data	abase S	ystem
BP	blood pressure	BRCA	tumor suppressor gene
CAD	computer-aided detection	СВС	Complete blood count
COPD	chronic obstructive pulmonary dise	ase	
СТ	computed tomography		
СТА	computed tomography angiography	y	
CTV	computed tomography venography	,	
DCIS	ductal carcinoma in situ	DVT	deep venous thrombosis
ECG	electrocardiogram	EM	electromagnetic
EMG	electromyogram	FDA	Food and Drug Administration
FDG	fluorodeoxyglucose	FNA	fine needle aspiration
GERD	GERD gastroesophageal reflux disease		
GI	GI gastrointestinal		
HRCT	high resolution computed tomograph	ohy	
IPF	IPF idiopathic pulmonary fibrosis		
LCIS	LCIS lobular carcinoma in situ		
LFTP	LFTP localized fibrous tumor of the pleura		
MRA	MRA magnetic resonance angiography		
MRI	MRI magnetic resonance imaging		
MRV	MRV magnetic resonance venography		
NCV	NCV nerve conduction velocity		
PE	PE pulmonary embolus		
PEM	PEM positron-emission mammography		
PET	PET positron emission tomography		

General Guidelines (CH-1)	
General Guidelines (CH-1.0)	5
General Guidelines – Chest X-Ray (CH-1.1)	5
General Guidelines – Chest Ultrasound (CH-1.2)	5
General Guidelines – CT Chest (CH-1.3)	6
General Guidelines – CTA Chest (CPT® 71275) (CH-1.4)	6
General Guidelines – MRI Chest without and with Contrast (CPT®	
71552) (CH-1.5)	6
Navigational Bronchoscopy (CH-1.7)	7

General Guidelines (CH-1.0)

- A pertinent clinical evaluation since the onset or change in symptoms is required prior to considering advanced imaging.
 - A pertinent clinical evaluation should include the following:
 - A detailed history and physical examination
 - Appropriate laboratory studies and basic imaging, such as plain radiography or ultrasound
 - A recent chest x-ray since the onset or change in symptoms that has been over read by a radiologist would be performed in many of these cases prior to considering advanced imaging.^{1,2}
 - Identify and compare with previous chest films to determine presence and stability
 - For an established individual a meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging) since the onset or change in symptoms can serve as a pertinent clinical evaluation.

General Guidelines – Chest X-Ray (CH-1.1)

- Chest x-ray can help identify previously unidentified disease and direct proper advanced imaging for such conditions as:
 - Pneumothorax (See <u>Pneumothorax/Hemothorax (CH-19.1)</u>)
 - ◆ Pneumomediastinum (See <u>Pneumothorax/Hemothorax (CH-19.1)</u>)
 - Fractured ribs (See Chest Trauma (CH-21.1))
 - Chest wall mass (See Chest Wall Mass (CH-22.1))
 - Acute and chronic infections (See <u>Pneumonia and Coronavirus Disease 2019</u> (COVID-19) (CH-13) and Other Chest Infections (CH-14))
 - Malignancies
- Exceptions to preliminary chest x-ray include such conditions as:
 - Supraclavicular lymphadenopathy (See <u>Supraclavicular Region (CH-2.1)</u>)
 - Known Bronchiectasis (See <u>Bronchiectasis (CH-7.1)</u>)
 - Suspected interstitial lung disease (See <u>Interstitial Lung Disease (ILD)/Diffuse</u> <u>Lung Disease (DLD) (CH-11.1)</u>)
 - Positive PPD or tuberculosis (See <u>Other Chest Infections (CH-14)</u>)
 - Suspected Pulmonary AVM (See <u>Pulmonary Hypertension (CH-26.1)</u>)

<u>General Guidelines – Chest Ultrasound (CH-1.2)</u>

- Chest ultrasound (CPT® 76604) includes transverse, longitudinal, and oblique images of the chest wall with measurements of chest wall thickness, and also includes imaging of the mediastinum.
 - Chest ultrasound:
 - CPT® 76604
 - Breast ultrasound:
 - CPT® 76641: unilateral, complete
 - CPT® 76642: unilateral, limited
 - CPT® 76641 and CPT® 76642 should be reported only once per breast, per imaging session

- Axillary ultrasound:
 - CPT® 76882 (unilateral); if bilateral, can be reported as CPT® 76882 x 2

<u>General Guidelines – CT Chest (CH-1.3)</u>

- Intrathoracic abnormalities found on chest x-ray, fluoroscopy, CT Abdomen, or other imaging modalities can be further evaluated with CT Chest with contrast (CPT[®] 71260).
- CT Chest without contrast (CPT® 71250) can be used for the following:
 - Individual has contraindication to contrast
 - Follow-up of pulmonary nodule(s)
 - High Resolution CT (HRCT)
- ➤ Low-dose CT Chest (CPT® 71271) See Lung Cancer Screening (CH-33)
- ➤ CT Chest without and with contrast (CPT® 71270) does not add significant diagnostic information above and beyond that provided by CT Chest with contrast, unless a question regarding calcification, most often within a lung nodule, needs to be resolved.¹

CT Chest Coding Notes:

- ➤ High resolution CT Chest should be reported only with an appropriate code from the set CPT® 71250-CPT® 71270.
 - No additional CPT[®] codes should be reported for the "high resolution" portion of the scan. The "high resolution" involves additional slices which are not separately billable.

General Guidelines – CTA Chest (CPT® 71275) (CH-1.4)

- ➤ CTA Chest (CPT® 71275) can be considered for suspected Pulmonary Embolism and Thoracic Aortic disease.
 - CTA prior to minimally invasive or robotic surgery (See <u>Transcatheter Aortic</u> <u>Valve Replacement (TAVR)</u> (CD-4.8) in the Cardiac Imaging Guidelines).

<u>General Guidelines – MRI Chest without and with Contrast (CPT® 71552) (CH-1.5)</u>

- Indications for MRI Chest are infrequent and may relate to concerns about CT contrast such as renal insufficiency or contrast allergy. MRI may be indicated:
 - Clarification of some equivocal findings on previous imaging studies, which are
 often in the thymic mediastinal region or determining margin (vascular/soft tissue)
 involvement with tumor and determined on a case-by-case basis.
 - Certain conditions include:
 - Chest wall mass (See <u>Chest Wall Mass (CH-22.1)</u>)
 - Chest muscle tendon injuries (See <u>Muscle/Tendon Unit</u>
 <u>Injuries/Diseases (MS-11)</u> in the Musculoskeletal Imaging Guidelines)
 - Brachial plexopathy (See <u>Brachial Plexus</u> (PN-4.1) in the Peripheral Nerve Disorders Imaging Guidelines)

 Thymoma (See <u>Thymoma and Thymic Carcinoma -</u> <u>Suspected/Diagnosis (ONC-10.5)</u> in the Oncology Imaging Guidelines)

Navigational Bronchoscopy (CH-1.7)

- > CPT® 76497 (Unlisted CT procedure) can be considered if:
 - A CT Chest has been performed within the last 6 weeks and study is needed for navigational bronchoscopy.
- CT Chest without contrast (CPT® 71250) can be considered for:
 - Previous diagnostic scan was ≥6 weeks ago and study is needed for navigational bronchoscopy

Background and Supporting Information

Navigational Bronchoscopy: This is a form of guided bronchoscopy. A special sensor inside a bronchoscopy is used to navigate to the desired location within the lung. Computer software generates a virtual bronchial tree which provides a road map to the target lesion. A thin-cut CT Chest with optimized reconstruction parameters is required to generate the virtual map of the lungs. A previous CT Chest may not be usable for navigation if it was not formatted correctly, even if done just a few days prior

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Lymphadenopathy (CH-2)	
Supraclavicular Region (CH-2.1)	9
Axillary Lymphadenopathy (and Mass) (CH-2.2)	9
Mediastinal Lymphadenopathy (CH-2.3)	10

Supraclavicular Region (CH-2.1)

- Ultrasound (CPT® 76536) is the initial study for palpable or suspected lymphadenopathy.
 - Allows simultaneous ultrasound-guided core needle biopsy (CPT® 76942).
 - CT Neck with contrast (CPT® 70491) or CT Chest with contrast (CPT® 71260) if ultrasound is indeterminate
 - See <u>General Guidelines (Neck-1.0)</u> in the Neck Imaging Guidelines

Axillary Lymphadenopathy (and Mass) (CH-2.2)

- There is no evidence-based support for advanced imaging of clinically evidenced axillary lymphadenopathy prior to a biopsy. 2,3 If axillary node biopsy reveals benign findings, advanced imaging is not indicated. If axillary node biopsy reveals findings concerning for malignancy, pathology results will determine the need for further advanced imaging. See Carcinoma of Unknown Primary Site (ONC-31.7) in the Oncology imaging Guidelines for imaging recommendations for carcinoma found in an axillary lymph node
- Localized axillary lymphadenopathy:
 - Axillary US (CPT® 76882)
 - Initial evaluation of any axillary mass or enlarged node
 - Search for adjacent hand or arm injury or infection, and
 - ◆ 3-4 week observation if benign clinical picture (for ipsilateral COVID vaccination-related adenopathy, observation for 6 weeks after final vaccination). Follow-up imaging with ultrasound can be obtained if there is a significant risk of metastatic adenopathy (e.g., breast, head and neck, upper extremity/trunk melanoma or lymphoma⁵)
 - Ultrasound-directed core needle biopsy or surgical excisional biopsy of the most abnormal lymph node if condition persists, malignancy is suspected, or surgical excisional biopsy if core needle biopsy results are non-diagnostic.
 - No advanced imaging indicated.
- Generalized axillary lymphadenopathy:
 - Axillary US (CPT® 76882)
 - Initial evaluation of any axillary mass or enlarged node
 - Ultrasound-directed core needle biopsy or surgical excisional biopsy of the most abnormal lymph node if condition persists, if malignancy is suspected, or surgical excisional biopsy if core needle biopsy results are non-diagnostic.
 - Diagnostic work-up, including serological tests, for systemic diseases
 - ◆ See Non-Hodgkin Lymphomas (ONC-27) in the Oncology Imaging Guidelines.
- Occult Primary Cancer in axillary lymph node(s):
 - See <u>Metastatic Cancer, Carcinomas of Unknown Primary Site, and Other Types of Cancer (ONC-31)</u> in the Oncology Imaging Guidelines.

Background and Supporting Information

- Adenocarcinoma is the most common histology, with breast cancer seen most often; non-palpable breast cancer and axillary metastases accounts for less than 0.5% of all breast cancers. Carcinomas of the lung, thyroid, stomach, colon, rectum, and pancreas have the potential to spread to axillary lymph nodes, but these metastases are rarely the first manifestations of disease.
- COVID-19 vaccine-related unilateral axillary adenopathy has been well documented to occur in 12% of recipients after the first dose and up to 16% after the second dose.¹ In some series the incidence has been as high as 53%.² Adenopathy usually develops within the first few days after vaccination and lasts a mean of 10 days. However 29% had lymphadenopathy which persisted >6 weeks.³ PET-CT can provide false positive results of unilateral axillary adenopathy up to 7-10 weeks post vaccination. Due to these concerns, in individuals with cancer history it is recommended that the vaccination be provided in the contralateral arm, especially in case of unilateral breast cancer.
- ➤ The Society for Breast Imaging recommends that for unilateral axillary adenopathy on screening exams who received a COVID-19 vaccination in the ipsilateral upper extremity within the preceding 4 weeks, consider a short term follow up exam in 4-12 weeks following the second vaccine dose. If axillary adenopathy persists after short term follow up, then consider lymph node sampling to exclude breast and non-breast malignancy.⁴ Imaging for urgent cancer related clinical indication should not be delayed in relationship to COVID vaccine timing. For routine surveillance, screening and similar non-urgent indications, postponement of imaging for at least 6 weeks after vaccinations should be considered.⁵

Mediastinal Lymphadenopathy (CH-2.3)

- ➤ CT Chest with contrast (CPT® 71260) if mediastinal abnormalities are detected on a chest x-ray (over read by a radiologist), other non-dedicated advanced chest imaging, or clarification of mediastinal abnormalities on a non-contrast CT Chest.
 - Follow-up CT Chest (CPT® 71260) after 3-6 months if:
 - Enlarged lymph nodes, ≥15 mm, are in the mediastinum with no other thoracic abnormalities; and
 - Low risk or no clinical suspicion for malignancy.
 - Thereafter, stability or decreasing size, does not require further advanced imaging.
 - Further evaluations
 - Lymph node biopsy (see methods below) should be considered for:
 - Persistent, or increasing lymphadenopathy on follow-up CT Chest; or
 - Suspected malignancy.
 - See <u>Non-Hodgkin Lymphomas (ONC-27)</u> and/or <u>Hodgkin Lymphoma</u> (ONC-28) in the Oncology Imaging Guidelines for suspicion of Lymphoma
- PET/CT (CPT® 78815) can be considered for enlarged lymph nodes, ≥15 mm with no explainable disease or increasing lymph node size on follow-up CT Chest

Background and Supporting Information

- Incidentally detected lymph nodes <15 mm (in short axis) in individuals with no other findings do not require further evaluation.
- Most benign nodes have smooth and well-defined borders, show uniform and homogeneous attenuation, and demonstrate a central fatty hilum
- Explainable disease such as emphysema, interstitial lung disease, sarcoidosis, cardiac disease.
- Unexplained causes, consider lymphoma, undiagnosed metastatic disease, including testicular carcinoma in young male, and infection.
- Lymphadenopathy from neoplasms as well as from benign sources of inflammation can result in a positive PET scan. Therefore, the use of PET may not be helpful prior to histologic diagnosis.
- Less invasive methods of mediastinal biopsies are CT or ultrasound directed percutaneous biopsy, transbronchial biopsy, transbronchial biopsy using endobronchial ultrasound, and endoscopic ultrasound-guided FNA.
- More invasive and traditional methods are mediastinoscopy or thoracoscopy/thoracotomy.

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Cough (CH-3)

Cough (CH-3.1)

- Initial evaluation should include a recent chest x-ray after the current episode of cough started or changed.^{1,2}
 - In addition all medications known to cause coughing (e.g. ACE inhibitors, Sitagliptin) should be discontinued.^{1,2,3}
- CT Chest (either with contrast [CPT® 71260] or without contrast [CPT® 71250]), if the initial chest x-ray is without abnormalities and all medications known to cause coughing have been discontinued, for the following:
 - Non-Smoker cough after the following sequence for a total 3 week trial and investigation after ALL of the following:⁴
 - Antihistamine and decongestant treatment.^{1,2}
 - Empiric trial of corticosteroids.^{1,2}
 - Treatment of gastroesophageal reflux disease (GERD).^{1,2}
 - See <u>Sinus and Facial Imaging</u> (HD-29.1) in the Head Imaging Guidelines.
 - Current or past cigarette smokers with either:⁴
 - New cough lasting greater than 2 weeks.
 - Changed chronic cough in worsening frequency or character.
 - See Hemoptysis (CH-6.1).
 - For any abnormalities present on the initial chest x-ray, advanced chest imaging can be performed according to the relevant Chest Imaging Guidelines section.¹
- CT Maxillofacial without contrast (CPT® 70486) or CT Sinus, limited without contrast (CPT® 76380) can be considered in those with suspicion of Upper Airway Cough Syndrome (UACS) secondary to rhinosinus disease.⁴

Background and Supporting Information

- ➤ The resolution of cough usually will occur at a median time of 26 days of stopping use of the angiotensin-converting enzyme (ACE) inhibitor drug.² Smoking cessation is "almost always effective" in resolving cough in smoker.²
- Cough after URI (Upper Respiratory Infection) can typically last beyond 2-3 weeks.³

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Non-Cardiac Chest Pain (CH-4)	
Non-Cardiac Chest Pain (CH-4.0)	14
Non-Cardiac Chest Pain - Imaging (CH-4.1)	14
Costochondritis/Other Musculoskeletal Chest Wall Syndrome (CH-	
4.2)	14

Non-Cardiac Chest Pain (CH-4.0)

- See the following guidelines:
 - Pulmonary Embolism (PE) (CH-25.1)
 - General Guidelines (CD-1) in the Cardiac Imaging Guidelines.
- "Evidence is not conclusive whether Triple-rule-out CT (CAD, PE, and AD) will improve efficiency of patient management" with acute chest pain.¹
- MRI is not supported in the evaluation of chest pain.

Non-Cardiac Chest Pain - Imaging (CH-4.1)

- Initial evaluation should include a chest x-ray.
 - CT Chest with contrast (CPT® 71260) or CTA Chest (CPT® 71275) if x-ray is abnormal. See Pneumonia (CH-13.1)
- Sub-Sternal Non-Cardiac Chest Pain:
 - ◆ If x-ray is normal and the chest pain is substernal, the individual should undergo evaluation of other possible causes of pain prior to advanced imaging (CT Chest with contrast or CTA Chest) including: 1,2,3
 - Cardiac evaluation^{1,2} (See <u>General Guidelines</u> (<u>CD-1</u>) in the Cardiac Imaging Guidelines)
 - GI any ONE of the following since GERD is the cause in almost 60%:
 - Trial of anti-reflux medication, or pH probe, or esophageal manometry¹ or
 - Barium swallow or endoscopy
 - Pulmonary Function Test (PFT's)^{1,2}
 - CT Chest with contrast (CPT® 71260) if persistent:
 - The initial chest x-ray reveals no abnormalities; and
 - Sickle cell disease²
- Non-Cardiac Chest Pain, other than Sub-Sternal:
 - If x-ray is normal and the chest pain is in a location other than substernal:
 - CT Chest with (CPT® 71260) or without (CPT® 71250) contrast and/or bone scan if there is a known or suspected malignancy, including individuals with chest pain associated with cough and weight loss
 - CT Chest with (CPT® 71260) or without (CPT® 71250) contrast for suspected infectious or inflammatory condition
 - MRI Chest without and with contrast (CPT® 71552) for:
 - Necrotizing fasciitis
 - Surgical planning prior to debridement procedures
 - CT Chest with (CPT® 71260) or without (CPT® 71250) contrast if there is a history of prior chest intervention (surgery, Radiation Therapy)

Costochondritis/Other Musculoskeletal Chest Wall Syndrome (CH-4.2)

Costochondritis or other suggested musculoskeletal chest wall syndrome does not require advanced imaging (CT or MRI) unless it meets other criteria in these guidelines.

Background and Supporting Information

- Chest x-ray could identify pneumothorax, pneumomediastinum, fractured ribs, acute and chronic infections, and malignancies.¹
- Costochondritis can be readily diagnosed with palpation tenderness and/or hooking maneuver and imaging is non-specific.³

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Dyspnea/Shortness of Breath (CH-5)	
Dyspnea/Shortness of Breath (CH-5.1)	17
Pre-Operative Assessment (CH-5.2)	17
Post Endobronchial Valve (EBV) Placement (CH-5.3)	17

Dyspnea/Shortness of Breath (CH-5.1)

- Initial evaluation should include a recent chest x-ray.^{1,2}
 - CT Chest without contrast (CPT® 71250) if x-ray is abnormal.^{1,2}
 - CT Chest without contrast (CPT® 71250, including HRCT), or CT Chest with contrast (CPT® 71260) if the initial chest x-ray is indeterminate and the following evaluations have been conducted and are indeterminate:²
 - ECG, echocardiogram or stress testing,² and
 - Pulse oximetry and pulmonary function studies (PFT's)²
- ➤ If pulmonary embolus (PE) is suspected, See Pulmonary Embolism (PE) (CH-25)

Background and Supporting Information

Dyspnea is the subjective experience of breathing discomfort.

Pre-Operative Assessment (CH-5.2)

- ➤ For pre-operative assessment prior to a planned segmental, lobar or lung removal,^{3,4} as well as for pre-interventional assessment prior to a planned endobronchial valve (e.g. Zephyr valve) placement, the following can be considered:
 - "Split Function Studies" (CPT® 78597-Quantitative Differential Pulmonary Perfusion, Including Imaging When Performed or CPT® 78598-Quantitative Differential Pulmonary Perfusion and Ventilation (e.g., Aerosol or Gas), Including Imaging When Performed) or SPECT/CT (CPT® 78830) AND/OR
 - CT Chest (CPT® 71250, CPT® 71260 or CPT® 71270) for pre-interventional procedure assessment prior to a planned endobronchial valve (e.g. Zephyr Valve) placement.

Post Endobronchial Valve (EBV) Placement (CH-5.3)

- Suspected Post EBV Complication:
 - Initial evaluation should include a recent chest x-ray
 - CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260) is appropriate for:
 - Acute loss of benefit, lack of initial benefit, increased dyspnea, sudden chest pain, increased cough, suspected valve malposition/migration, or to evaluate target lobe volume reduction

- Expert Panel on Thoracic Imaging:, McComb BL, Ravenel JG, et al. ACR Appropriateness Criteria® Chronic Dyspnea-Noncardiovascular Origin. J Am Coll Radiol. 2018;15(11S):S291-S301. doi:10.1016/j.jacr.2018.09.015
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Hemoptysis (CH-6)

Hemoptysis (CH-6.1)

- Following a chest x-ray performed after hemoptysis started or worsened the following can be appropriate:
 - ◆ CT Chest with contrast (CPT® 71260) or CTA Chest (CPT® 71275)
- For recurrent hemoptysis, (hemoptysis occurring after medical therapy or embolization), the following can be appropriate:
 - CTA Chest (CPT® 71275)

NOTE:

- ➤ CT Chest without contrast, (CPT® 71250), is only warranted in individuals with poor renal function or life-threatening contrast allergy.
- There is no data to support the use of CT Chest without and with contrast, (CPT® 71270), in the diagnosis of hemoptysis.

Background and Supporting Information

Chest x-ray has been shown to predict the site and cause of bleeding in up to 82% of individuals and can be abnormal in up to 90% of cases. The most common cause of hemoptysis was acute bronchitis with the second most common cause as respiratory tract neoplasm. Bronchiectasis and tuberculosis were additional common causes

Reference

1. Expert Panel on Thoracic Imaging, Olsen KM, Manouchehr-Pour S, et al. ACR Appropriateness Criteria® Hemoptysis. J Am Coll Radiol. 2020;17(5S):S148-S159. doi:10.1016/j.jacr.2020.01.043

Bronchiectasis (CH-7)	
Bronchiectasis (CH-7.1)	21
Adult Cystic Fibrosis (CH-7.2)	21

Bronchiectasis (CH-7.1)

- High resolution CT Chest (HRCT) without contrast (CPT® 71250) for ANY of the following:^{4,5}
 - ◆ To confirm suspected diagnosis of bronchiectasis after an initial x-ray.^{1,2}
 - For known bronchiectasis with worsening symptoms or worsening PFT's.²
 - For hemoptysis with known or suspected bronchiectasis.³

Adult Cystic Fibrosis (CH-7.2)

- CT Chest without contrast (CPT[®] 71250) or with contrast (CPT[®] 71260) is indicated for the following (without initial Chest x-ray):
 - Suspected or initial diagnosis of Cystic Fibrosis
 - Biennially, (every 2 years), for routine surveillance
 - Persistence respiratory symptoms with reduced lung function despite therapy
 - Exacerbations when Chest x-ray is indeterminate
 - Hemoptysis
 - Suspected fungal pneumonia
 - Pre and post-lung transplant evaluation

See Bronchiectasis (CH-7.1)

- 1. Schneebaum N, Blau H, Soferman R, et al. Use and Yield of Chest Computed Tomography in the Diagnostic Evaluation of Pediatric Lung Disease. Pediatrics, 2009;124(2):472-479. doi:10.1542/peds.2008-2694.
- 2. Rosen M. Chronic cough due to bronchiectasis: ACCP evidence-based clinical practice guidelines. Chest, 2006; 129: 122S-131S. doi:10.1378/chest.129.1_suppl.122s.
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Bronchitis (CH-8)

Bronchitis (CH-8.1)

- Advanced imaging is not needed for bronchitis.^{1,2}
- Chest x-ray to determine if any abnormality is present.

- 1. Braman S, Chronic cough due to acute bronchitis: ACCP evidence-based clinical practice guidelines, Chest 2006,129, 95S-103S. doi:10.1378/chest.129.1_suppl.95s.
- Michigan Quality Improvement Consortium. Management of uncomplicated acute bronchitis in adults. South-field (MI): Michigan Quality Improvement Consortium; 2016. http://www.mqic.org/pdf/mqic_management_of_uncomplicated_acute_bronchitis_in_adults_cpg.pdf.

Asbestos Exposure (CH-9)

Asbestos Exposure (CH-9.1)

- Chest x-ray as radiographic screening for asbestos exposure.^{1,2}
 - Stable calcified pleural plaques on chest x-ray do not require advanced imaging of the chest.²
- CT Chest should not be used to screen populations at risk for asbestos-related diseases.²
- ➤ High resolution CT Chest (HRCT) (CPT® 71250) for ANY of the following:2
 - Any change seen on chest x-ray.
 - Progressive respiratory symptoms that may indicate the development or progression of asbestos related interstitial fibrosis.

Background and Supporting Information

Asbestosis and asbestos-related diseases include: pleural effusion, pleural plaques, lung cancer, and malignant mesothelioma. The risk of developing mesothelioma increases with increasing intensity and duration of exposure.

- 1. OSHA, Occupational Safety and Health Standards, Medical surveillance guidelines for asbestos, 1910.1001 App H. https://www.osha.gov/pls/oshaweb/owadisp.show_document?p_table=standards&p_id=9995.
- Daniel E. Banks, et al. American College of Chest Physicians Consensus Statement on the Respiratory Health Effects of Asbestos: Results of a Delphi Study, Chest. 2009; 135(6):1619-1627. doi:10.1378/chest.08-1345.
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Chronic Obstructive Pulmonary Disease (COPD) (CH-10)

COPD (CH-10.1)

- Chest x-ray should be performed initially.
 - CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260)^{1,2} can be performed if:
 - Emphysema is known or suspected and a pre-operative study for Lung Volume Reduction Surgery (LVRS) is being requested.¹ OR
 - Definitive diagnosis is not yet determined by PFT's, appropriate laboratory studies and chest x-ray and ONE of the following is suspected:
 - Bronchiectasis
 - Sarcoidosis
 - Emphysema
 - Pneumoconiosis
 - Idiopathic pulmonary fibrosis
 - Langerhans cell histiocytosis
 - Hypersensitivity pneumonitis
 - Bronchiolitis obliterans
 - Lipoid pneumonia
 - Drug toxicity
 - Lymphangitic cancer²
 - Alpha-1-Antitrypsin Deficiency
- Lung cancer screening is discussed in the following guideline:
 - ◆ See "Screening Indications" in Lung Cancer Screening (CH-33)
- Pre-interventional lung procedure assessment prior to a planned endobronchial valve (e.g. Zephyr valve) placement
 - See <u>Pre-Operative Assessment (CH-5.2)</u>

Background and Supporting Information

COPD includes asthmatic bronchitis, chronic bronchitis, and emphysema. COPD is airflow reduction (FEV1/FVC ratio <0.7 or FEV1 <80% predicted) in the presence of respiratory symptoms, such as dyspnea. Advanced chest imaging is not typically indicated in COPD exacerbation, which is an acute change in baseline dyspnea, cough, and/or sputum beyond normal day-to-day variations.²

- Expert Panel on Thoracic Imaging; McComb BL, Ravenel JG, et al. ACR Appropriateness Criteria® Chronic Dyspnea-Noncardiovascular Origin. J Am Coll Radiol. 2018;15(11S):S291-S301. doi:10.1016/j.jacr.2018.09.015
- 2. Austin JHM. Pulmonary Emphysema: Imaging Assessment of Lung Volume Reduction Surgery. Radiology. 1999;212(1):1-3. doi:10.1148/radiology.212.1.r99jl521.

interstitiai Disease (CH-11)	
Interstitial Lung Disease (ILD)/Diffuse Lung Disease (DLD) (CH-	
11.1)	26
E-cigarette, or Vaping, Product Use-Associated Lung Injury (EVA	LI)
(CH-11.2)	27

Interstitial Lung Disease (ILD)/Diffuse Lung Disease (DLD) (CH-11.1)

- ➤ High resolution CT Chest (HRCT) without contrast (CPT® 71250) is the diagnostic modality of choice to evaluate or CT Chest with contrast (CPT® 71260)¹⁰ (See Background and Supporting Information) for:
 - Interstitial changes or diffuse parenchymal changes identified on other imaging (including chest x-ray) in individuals with pulmonary symptoms and abnormal pulmonary function studies (PFT's) (See <u>Dyspnea/Shortness of Breath (CH-5.1)</u>)¹⁻
 - In individuals with pulmonary symptoms and abnormal pulmonary function studies (PFT's) and normal chest x-ray with high clinical suspicion for ILD or DLD, including, but not limited to entities such as Hypersensitivity Pneumonitis, Cryptogenic Organizing Pneumonia (COP, formally known as BOOP), and Eosinophilic Pneumonia, as chest x-ray can be normal in up to 10% of ILD^{8,9}
 - Initial imaging to identify interstitial disease with a connective tissue disease diagnosis, or significant exposures including (chest x-ray not required):
 - Rheumatoid arthritis
 - Scleroderma
 - Idiopathic inflammatory myopathies (polymyositis, dermatomyositis, inclusion body myositis)
 - Systemic lupus erythematosus
 - Sjögren's syndrome
 - Mixed connective tissue disease
 - Significant exposure and concern for:
 - Asbestosis
 - Silicosis
 - Coal miner's lung disease^{1-6,11}
 - New or worsening pulmonary symptoms or worsening PFT's in any type of ILD/DLD, including connective tissue diseases¹⁻⁶
 - Once a year in individuals with known pulmonary fibrosis if needed for:¹⁰
 - Serial examination for improvements in diagnostic accuracy, or
 - Evaluation of disease reversibility, stability, or progression
- Concern for interstitial lung disease post-COVID See <u>Coronavirus Disease 2019</u> (COVID-19) (CH-13.2)

Background and Supporting Information

- DLD refers to diffuse parenchymal lung diseases or interstitial lung diseases. There are a multitude of pathologies that demonstrate involvement of the alveola, airways, or both, in addition to the pulmonary interstitium. A single term of ILD would not fully address the entities that are mostly parenchymal in nature, hence the term Diffuse Lung Disease is more technically correct. Both terms are included here for convenience and recognition.
- There is no relevant literature to support the use of CT with IV contrast for initial or follow-up imaging of ILD; however, IV contrast may be of use in evaluation of alternative diagnoses with overlapping clinical features or conditions that also involve the pleura, mediastinum, and pulmonary vessels.

E-cigarette, or Vaping, Product Use–Associated Lung Injury (EVALI) (CH-11.2)

CT Chest with or without contrast (CPT® 71250 or CPT® 71260) if EVALI is suspected.⁷

- 1. Expert Panel on Thoracic Imaging, Cox CW, Chung JH, et al. ACR Appropriateness Criteria® Occupational Lung Diseases. J Am Coll Radiol. 2020;17(5S):S188-S197. doi:10.1016/j.jacr.2020.01.022
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- Castelino F and Varga J. Interstitial lung disease in connective tissue diseases: evolving concepts of pathogenesis and management. Arthritis Research & Therapy. 2010;12(4):213. doi:10.1186/ar3097.
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- 11. Mathai SC, Danoff SK. Management of interstitial lung disease associated with connective tissue disease. BMJ. Published online February 24, 2016:h6819. doi:10.1136/bmj.h6819.

Pneumonia and Coronavirus Disease 2019 (COV	ID-19)
(CH-13)	
Pneumonia (CH-13.1)	29
Coronavirus Disease 2019 (COVID-19) (CH-13.2)	29

Pneumonia (CH-13.1)

- Chest x-ray should be performed initially in all individuals with suspected pneumonia, prior to considering advanced imaging.^{1, 2}
 - CT Chest without or with contrast (CPT® 71250 or CPT® 71260) if initial or repeat chest x-ray findings reveal:
 - Complication of pneumonia (e.g. abscess, effusion, hypoxemia, respiratory distress, necrotizing pneumonia, pneumothorax).^{1,2}
 - Possible lung mass associated with the infiltrate.²

Coronavirus Disease 2019 (COVID-19) (CH-13.2)

- ➤ CT Chest without contrast (CPT® 71250), or with contrast (CPT® 71260) in the following clinical situations:
 - Imaging for initial diagnosis:
 - Symptomatic COVID-19 positive individuals with underlying comorbidities (including but not limited to age >65 years, chronic lung disease, current or former smoker, chronic kidney disease, chronic liver disease, dementia, diabetes, Down's syndrome, HIV or other primary, secondary or acquired immunodeficiency, mood disorders, BMI ≥30, pregnancy, solid organ or blood stem cell transplant, cerebrovascular disease, substance use disorder, tuberculosis, cardiovascular disease, malignancy, bronchopulmonary dysplasia, chronic infections, or immunocompromised state). See CDC's list of higher risk for severe COVID for additional information: https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people
 - with-medical-conditions.html
 - Moderate to severe symptomatic individuals with evidence of significant pulmonary dysfunction or damage (e.g., hypoxemia, moderate-to-severe dyspnea), suspected of having COVID-19, regardless of COVID-19 test results or when viral testing is not available.
 - Thromboembolic complications including pulmonary embolism, stroke and mesenteric ischemia are recognized complications of COVID-19. See Pulmonary Embolism (CH-25.1), Mesenteric Ischemia (AB-6.1) in the Abdomen Imaging Guidelines, and Stroke/TIA (HD-21.1) in the Head Imaging Guidelines for appropriate imaging guidance.
 - Other systemic complications are being recognized as medical knowledge about this condition evolves. Imaging for possible COVID-19 complications should be managed by the appropriate condition based guidelines.
 - Imaging after initial diagnosis:
 - Imaging in the following clinical circumstances:
 - If there is significant worsening of symptoms in a COVID-19 positive individual and imaging will be used to modify individual management.
 - A recovered COVID-19 positive individual with significant residual functional impairment and/or persistence hypoxemia.

 Symptomatic post-COVID individuals with concern for interstitial lung disease including organizing pneumonia imaging can be considered pre and post treatment.¹¹

Background and Supporting Information

- The role of advanced imaging in the diagnosis and management of COVID-19 is very dynamic in this rapidly evolving condition.
- ➤ Findings on both Chest X-ray and CT Chest are non-specific. Chest X-rays may show patchy opacities with lower lung predominance. CT may show peripheral multifocal ground glass opacities with lower lung predominance. However, a significant portion of cases have opacities without a clear or specific distribution.^{3,4,6}
 - Pediatric individuals may have less pronounced imaging findings than adults.
- Major professional society guidelines to date:
 - The American College of Radiology (ACR) recommends that CT Chest should not be used for screening or as a first-line test to diagnose COVID-19.³
 - The Centers for Disease Control and Prevention (CDC) recommends viral testing as the only specific method of diagnosis.⁴
 - ◆ The CDC has stated that symptoms may appear 2-14 days after exposure to the virus. These symptoms may include:⁵
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
 - The Fleischner Society consensus statement published on April 7, 2020, recommends against the use of imaging in individuals with suspected COVID-19 who are either asymptomatic or have only mild symptoms without evidence of significant pulmonary dysfunction or damage (e.g., absence of hypoxemia, no or mild dyspnea).⁶
 - According to The American Society of Transplantation, screening donors is based on methods below. Screening donors encompasses three different methods.⁷
 - Epidemiologic screening for travel and potential exposures
 - Screening for symptoms suggestive of COVID-19
 - Viral testing (Nucleic acid testing of specimens)
 - There is no current indication for screening asymptomatic donors with advanced imaging.

- Mandell L, Wunderink R, Anzueto A, et al. Infectious Diseases Society of America/American Thoracic Society consensus guidelines on the management of community-acquired pneumonia in adults. Clin Infect Dis. 2007 Mar 1; 44 Suppl 2: S27-72.
- Expert Panel on Thoracic Imaging:, Jokerst C, Chung JH, et al. ACR Appropriateness Criteria® Acute Respiratory Illness in Immunocompetent Patients. J Am Coll Radiol. 2018;15(11S):S240-S251. doi:10.1016/j.jacr.2018.09.012.
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- Symptoms of Coronavirus. Centers for Disease Control and Prevention. National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases. Page last reviewed: May 13, 2020. https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html
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 Multinational Consensus Statement from the Fleischner Society. Radiology. Published Online: Apr 7 2020.
 https://doi.org/10.1148/radiol.2020201365
- 8. Scott Simpson, Fernando U. Kay, Suhny Abbara, Sanjeev Bhalla, Jonathan H. Chung, Michael Chung, Travis S. Henry, Jeffrey P. Kanne, Seth Kligerman, Jane P. Ko, and Harold Litt. Radiological Society of North America Expert Consensus Statement on Reporting Chest CT Findings Related to COVID-19. Endorsed by the Society of Thoracic Radiology, the American College of Radiology, and RSNA. Published online: March 25 2020 https://pubs.rsna.org/doi/10.1148/ryct.2020200152
- American Society of Transplantation: COVID-19 (Coronavirus): FAQs for Organ Donation and Transplantation. Updated: March 11, 2020 https://www.myast.org/sites/default/files/COVID19%20FAQ%20Tx%20Centers%202020.03.11_FINAL.pdf
- 10. Grillet F, Behr J, Calame P, et al. Acute Pulmonary Embolism Associated with COVID-19 Pneumonia Detected by Pulmonary CT Angiography. Radiology 0 0:0 Published Online:Apr 23 2020
- Myall KJ, Mukherjee B, Castanheira AM, et al. Persistent Post-COVID-19 Interstitial Lung Disease. An Observational Study of Corticosteroid Treatment. Ann Am Thorac Soc. 2021;18(5):799-806. doi:10.1513/AnnalsATS.202008-1002OC
- 12. Ambardar SR, Hightower SL, Huprikar NA, Chung KK, Singhal A, Collen JF. Post-COVID-19 Pulmonary Fibrosis: Novel Sequelae of the Current Pandemic. Journal of Clinical Medicine. 2021;10(11):2452. doi:10.3390/jcm10112452.

Other Chest Infections (CH-14)	
PPD or TB (Mycobacterium tuberculosis and Nontuberculous	
Mycobacterial Pulmonary Disease (NTM-PD)) (CH-14.1)	33
Fungal Infections (Suspected or Known) (CH-14.2)	33
Wegener's Granulomatosis/Granulomatosis with Polyangiitis (CH-	_
14.3)	33
Suspected Sternal Dehiscence (CH-14.4)	34

PPD or TB (Mycobacterium tuberculosis and Nontuberculous Mycobacterial Pulmonary Disease (NTM-PD)) (CH-14.1)

- ➤ CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) with ANY of the following:
 - Positive PPD skin test or other positive tuberculin skin tests or positive QuantiFERON-TB Gold or suspected active (or reactivated) tuberculosis and a normal or equivocal chest x-ray¹
 - Suspected complications or progression of tuberculosis (e.g. pleural tuberculosis, empyema, and mediastinitis).²
 - Suspected NTM-PD
 - If CT Chest is unremarkable, there is insufficient data to support performing subsequent CT Chest unless symptoms develop or chest x-ray shows a new abnormality.
 - Follow-up CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) with frequency at the discretion of or in consultation with the pulmonary or infectious disease specialist (not to exceed 3 studies in 3 months).
 - Re-evaluate individuals undergoing active treatment who had abnormalities seen only on CT Chest.

Fungal Infections (Suspected or Known) (CH-14.2)

- ➤ CT Chest with contrast (CPT® 71260) or High resolution CT Chest (HRCT) without contrast (CPT® 71250):^{3,4}
 - Initial diagnosis of any fungal pneumonia or chest infection.^{3,4}
 - Suspected complications or progression of the fungal chest infection (e.g. worsening pneumonitis; pleural effusion, empyema, mediastinitis).
- ➤ Follow-up CT Chest with contrast (CPT® 71260) or High resolution CT Chest (HRCT) without contrast (CPT® 71250) with frequency at the discretion of or in consultation with the pulmonary or infectious disease specialist.

Wegener's Granulomatosis/Granulomatosis with Polyangiitis (CH-14.3)

- CT Chest without contrast (CPT® 71250)* should be done in all individuals who have pulmonary symptoms and are newly diagnosed or suspected of having Antineutrophil cytoplasmic autoantibody (ANCA)-associated vasculitides (AAV) for a baseline prior to initiating immunosuppressive therapy.^{5,6}
- Selective use of additional imaging is useful in evaluating individuals who are suspected or known to have AAV, including CT Head (sinuses, orbits, mastoids) in individuals with visual or upper respiratory track symptoms or signs, and CT Neck (subglottic region) in individuals with symptoms or signs of subglottic stenosis.⁶

^{*}In most situations, CT scans in individuals with AAV should be performed without an iodinated contrast agent administered.⁶

Suspected Sternal Dehiscence (CH-14.4)

- Sternal wound dehiscence is primarily a clinical determination.
- Chest x-ray is performed prior to advanced imaging to identify abnormalities in the sternal wire integrity and/or a midsternal stripe. Other findings include rotated, shifted or ruptured wires.
- CT Chest without contrast (CPT® 71250) can be considered if there is planned debridement and/or repair.

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Sarcoid (CH-15)

Sarcoid (CH-15.1)

- CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) for ANY of the following:¹
 - Establish or rule out the diagnosis when suspected
 - Development of worsening symptoms
 - New symptoms appear after a period of being asymptomatic
 - Treatment change is being considered in known sarcoid
- ➤ If CT is equivocal, definitive diagnosis can only be made by biopsy. 2,3,4
- PET/CT should not be used in the standard work-up of all sarcoid individuals. There is currently no evidence to support the use of PET/CT for screening.
- > PET/CT (CPT® 78815) can be considered under the following conditions: 5,6,7
 - Help guide biopsy location if:
 - Known lesion on CT Chest is difficult to access, to help identify alternative biopsy location
 - No apparent lung involvement and to identify an extrapulmonary biopsy site
 - Differentiation of reversible granulomatous disease from irreversible pulmonary fibrosis and will affect treatment options
 - Help identify treatment failure where either current treatment will be modified or new treatment will be introduced.

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Solitary Pulmonary Nodule (SPN) (CH-16)	
Solitary Pulmonary Nodule (CH-16.0)	37
Solitary Pulmonary Nodule - Imaging (CH-16.1)	37
Incidental Pulmonary Nodules Detected on CT Images (CH-16.2)	38
Interval Imaging Outcomes (CH-16.3)	39
PET (CH-16.4)	39

Solitary Pulmonary Nodule (CH-16.0)

For Lung Cancer Screening (LDCT) including incidental findings from LDCT, See <u>Lung Cancer Screening (CH-33)</u>.

Solitary Pulmonary Nodule - Imaging (CH-16.1)

- ➤ For these guidelines, manual nodule measurements should be based on the average of long- and short-axis diameters. The size threshold (<6 mm) corresponds to a rounded measurement of 5 mm or less in these guidelines. Prediction models used to estimate malignancy yield better results with the average diameter than with the maximum transverse diameter. For larger nodules and for masses larger than 10 mm, it is generally appropriate to record both long- and short-axis dimensions, with the long-axis dimension being used to determine the T factor in lung cancer staging and being a criterion for tumor response to treatment.¹
- ➤ CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) initially for discrete nodule(s) in the following scenarios:^{1,2,3}
 - Lung nodule(s) seen on an imaging study other than a "dedicated" CT or MRI Chest. Examples of other studies:
 - Chest x-ray
 - CT Abdomen
 - MRI Spine
 - Coronary CTA¹
 - But NOT in the following which are considered initial dedicated advanced chest imaging:
 - CT Chest without and with contrast (CPT® 71270)
 - CTA Chest (CPT® 71275)
 - MRI Chest without contrast (CPT® 71550)
 - MRI Chest without and with contrast (CPT® 71552)
 - MRA Chest without and with contrast (CPT® 71555).
- Comparisons should include the earliest available study and the more recent previous CT Chest scans to determine if nodule was present and stable.¹
 - Similar-sized pleural nodule(s) is treated as a pulmonary nodule(s)
- The size of the lung or pleural nodule(s) is crucial information for decisions making regarding follow-up. The largest of multiple lung and/or pleural nodules will guide the surveillance interval. (See Incidental Pulmonary Nodules Detected on CT Images (CH-16.2), and Pleural-Based Nodules and Other Abnormalities (CH-17.1))

Background and Supporting Information

Abnormality examples include: mass, opacity, lesion, density, nodule, and calcification.

Incidental Pulmonary Nodules Detected on CT Images (CH-16.2)

Incidentally Detected Solid Pulmonary Nodules Follow-up Recommendations* Size				
Nodule	<6 mm (<100 mm ³)	6–8 mm	>8 mm	Comments
Type				
		Single	Nodule	
	Follow-up (optional) CT at 12 months. No routine follow-up if stable at 12 months	CT at 6–12 months, then CT at 18–24 months if stable	CT at 3 months, then CT at 6-12 and then at 18-24 months if stable. Consider PET/CT** or biopsy	Certain individuals at high risk with suspicious nodule morphology, upper lobe location, or both may warrant 12-month follow-up
Multiple Nodules				
	Follow-up (optional) CT at 12 months. *No routine follow-up if stable at 12 months	CT at 3–6 months, then at 18–24 months if stable	CT at 3–6 months, then at 18–24 months if stable. Consider PET/CT** or biopsy	Use most suspicious nodule as a guide to management. Follow-up intervals may vary according to size and risk.

Incidentally Detected Sub-Solid Pulmonary Nodules Follow-up Recommendations			
Size			
Nodule Type	<6 mm (<100 mm ³)	≥6 mm (≥100 mm³)	Comments
Single Ground glass opacity (GGO)	Consider follow-up at 2 and 4 years. If solid component(s) or growth develops, consider resection.	CT at 6–12 months to confirm persistence, then follow-up with CT every 2 years until 5 years	In certain suspicious nodules, <6 mm, consider follow-up at 2 and 4 years. If solid component(s) or growth develops, consider resection.
Single Part- solid	Consider follow-up at 2 and 4 years. If growth develops, consider resection.	CT at 3–6 months to confirm persistence. If unchanged and solid component remains <6 mm, then annual CT should be performed for 5 years. If solid component has suspicious morphology (i.e., lobulated margins or cystic components), is >8 mm or is growing: Consider PET/CT** or biopsy	In practice, part-solid nodules cannot be defined as such until ≥6 mm. Persistent part-solid nodules with solid components ≥6 mm should be considered highly suspicious.
Multiple Sub- Solid	CT at 3–6 months. If stable, consider CT at 2 and 4 years.	CT at 3–6 months. Subsequent management based on the most suspicious nodule(s).	Multiple <6 mm pure ground-glass nodules are usually benign.

^{(*}Following the Fleischner Society Guidelines for high risk which include American College of Chest Physicians intermediate and high risk categories.^{1,2})

^{**}PET/CT consider for ≥8 mm solid lung nodule or solid component of a sub-solid nodule, not for groundglass opacity.

If a PET/CT was found to be negative, follow-up with CT at 3 months, 9 months, 21–24 months, if stable.

If a PET/CT was found to be positive, a biopsy was negative or non-diagnostic, followup with CT at 3 months, 12 months, and 24 months, if stable

Interval Imaging Outcomes (CH-16.3)

- No further advanced imaging is necessary if nodule(s) ANY of the following:
 - Has remained stable as described in <u>CH-16.2: Incidental Pulmonary Nodules</u>
 <u>Detected on CT Images</u>
 - Has remained stable on chest x-ray for 5 years
 - Has classically benign characteristics by chest x-ray or previous CT (e.g. benign calcification pattern typical for a granuloma or hamartoma)
 - ♦ Is decreasing in size or disappearing.³
- ➤ Lung nodule(s) which increase in size or number should no longer be considered for CT screening or surveillance.^{1,2,3,7}
 - With an increase in nodule(s) size or number, tissue sampling or other further diagnostic investigations should be considered
 - PET, for solid nodules ≥8mm, should be considered (See <u>PET (CH-16.4)</u>)

PET (CH-16.4)

- PET/CT (CPT® 78815) for a solid lung nodule ≥8 mm on dedicated advanced chest imaging, as described in <u>Solitary Pulmonary Nodule - Imaging (CH-16.1)</u>. See <u>Non-Small Cell Lung Cancer – Suspected/Diagnosis (ONC-8.2)</u> in the Oncology Imaging Guidelines for lung mass ≥3.1 cm
 - If there is a history of malignancy, refer to the appropriate Oncology restaging/recurrence guideline for indications for PET imaging
 - Pleural nodule, See <u>Pleural-Based Nodules and Other Abnormalities (CH-17.1)</u>
 - Serial PET studies are not considered appropriate
 - Not appropriate for infiltrate, ground glass opacity, or hilar enlargement
 - Mediastinal lymphadenopathy See <u>Mediastinal Lymphadenopathy</u> (CH-2.3) or Sarcoid concerns – See <u>Sarcoid (CH-15.1)</u>

Background and Supporting Information

- A nodule is any pulmonary or pleural lesion that is a discrete, spherical opacity 2-30 mm in diameter surrounded by normal lung tissue. A larger nodule is called a mass. Entities that are not nodules, and are considered benign, include non-spherical linear, sheet-like, two-dimensional or scarring opacities.³
- ➤ **Malignant** nodule features can include spiculation, abnormal calcification, size greater than 7-10 mm, interval growth, history of a cancer that tends to metastasize to the lung or mediastinum, and/or smoking history.^{1,3}
 - A nodule that grows at a rate consistent with cancer (doubling time 100 to 400 days) may be sampled for biopsy or resected.¹
 - Less than 1% of <6 mm lung nodules are malignant.¹

- Three per cent of all 8 mm lung nodules are malignant.¹
- The larger the solid component of a sub-solid nodule, the greater the risk of invasiveness and metastases.¹
- ◆ The risk of primary cancer increases with the total nodule count from 1 to 4.1
- There is decreased risk of primary cancer in individuals with 5 or more nodules, most of which likely resulted from prior granulomatous infection.¹
- ◆ A nodule that does not grow in 6 months has a <10% risk of malignancy.
- ▶ Benign features in solid nodules can include benign calcification (80% granuloma, 10% hamartoma), multiple areas of calcification, small size, multiple nodules, negative PET, and stability of size over 2 years.³
- Ground glass or subsolid opacities, which can harbor indolent adenocarcinoma with average doubling times of 3–5 years.¹
- Repeat PET is discouraged. If the original PET is positive, biopsy may be performed. If the original PET is negative, but subsequent CT Chest shows an increase in nodule size, biopsy may be performed.
- ➤ **Positive PET** is defined as a standardized uptake value (SUV) in the lung nodule greater than the baseline mediastinal blood pool. A positive PET can occur with infection or inflammation, including absence of lung cancer with localized infection, presence of lung cancer with associated (post-obstructive) infection and/or related inflammation.
- False negative PET can be seen in individuals with adenocarcinoma in situ (formally known as bronchoalveolar carcinoma), carcinoid tumors, a small size nodule, non-solid or ground glass opacity. High pre-test likelihood of malignancy with negative findings on PET only reduces the likelihood of malignancy to 14%; while in an individual with a low pre-test likelihood (20%) of malignancy, a negative PET reduces the likelihood of malignancy to 1%.
- Individuals aged 35 years or younger¹
 - Considered to have an overall low risk for pulmonary malignancy
 - In this age group, nodules are most likely to be infectious rather than cancer
 - Management of incidentally-found pulmonary nodules in this group should be individualized
- Pulmonary cyst(s)¹⁰
 - May represent a rare form of adenocarcinoma, squamous cell carcinoma or small cell carcinoma.
 - Short-term initial imaging to exclude rapid growth can be considered at 3-6 months
 - Further imaging can be managed according to the part-solid pathway

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- 4. Tan B, Flaherty K, Kazerooni E, et al. The solitary pulmonary nodule. Chest 123(1 Suppl.), 89S-96S (2003).
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- Cyst-related primary lung malignancies: an important and relatively unknown imaging appearance of (early) lung cancer. Onno M. Mets, Cornelia M. Schaefer-Prokop, Pim A. de Jong; European Respiratory Review Dec 2018, 27 (150) 180079; doi: 10.1183/16000617.0079-2018.

Pleural-Based Nodules and Other Abnormalities (CH-17)

Pleural-Based Nodules and Other Abnormalities (CH-17.1)

- CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) (with contrast is preferred for initial evaluation) for pleural nodule(s).¹
 - Pleural nodule(s) seen on an imaging study other than a "dedicated" CT or MRI Chest.¹
 - Pleural nodule(s) identified incidentally on any of the following dedicated chest studies can replace CT Chest as the initial dedicated study.¹
 - CT Chest without and with contrast (CPT[®] 71270).
 - CTA Chest (CPT® 71275).
 - MRI Chest without contrast (CPT[®] 71550).
 - MRI Chest without and with contrast (CPT[®] 71552).
 - MRA Chest without and with contrast (CPT[®] 71555)
 - After preliminary comparison with any available previous chest films to determine presence and stability.
 - Using largest measurement of multiple nodule(s). (See <u>Solitary Pulmonary</u> Nodule - Imaging (CH-16.1)).
 - Following the Fleischner Society Guidelines for high risk. (See <u>Incidental</u> <u>Pulmonary Nodules Detected on CT Images (CH-16.2)</u>)¹
- PET/CT (CPT® 78815) can be considered if dedicated CT or MRI Chest identifies a pleural nodule/mass or defined area of pleural thickening that is ≥8 mm when there is a likelihood of malignancy including current or previous malignancy, pleural effusion, bone erosion, chest pain.¹

Background and Supporting Information

Pleural nodule/mass or thickening without suggestion of malignancy would undergo surveillance or biopsy.

Reference

 Rivera M, et al. Establishing the diagnosis of lung cancer: diagnosis and management of lung cancer, 3rd ed: American College of Chest Physicians evidence-based clinical practice guidelines. Chest. 2013 May; 143 (5 Suppl): e142S-65S.

Pleural Effusion (CH-18)

Pleural Effusion (CH-18.1)

- CT Chest with contrast (CPT® 71260) after both: 1,2
 - Chest x-ray including lateral decubitus films; and
 - Thoracentesis to determine if fluid is exudative or transudative and remove as much as possible (this fluid can obscure the underlying lung parenchyma and possibly a mass).
- Chest ultrasound (CPT® 76604) can be used as an alternative to chest x-ray to evaluate for the presence of fluid within the pleural spaces and guide thoracentesis.

Background and Supporting Information

Bilateral effusions are more often systemic related transudates (congestive heart failure, renal failure, liver insufficiency, etc.), and advanced imaging is rarely needed. Large unilateral effusions can be malignant. Analysis of fluid may include: cytology, culture, cell count, and biochemical studies.

- 1. Light R, MacGregor M, Luchsinger PC et al. Pleural effusions: the diagnostic separation of transudates and exudates. Ann Intern Med 1972; 77:507-13.
- 2. British Thoracic Society Pleural Disease Guideline 2010: BTS Guidelines for the Management of Pleural Disease. Thorax 2010; 65; Suppl II.

Pneumothorax/Hemothorax (CH-19)		
Pneumothorax/Hemothorax (CH-19.1)	45	
Pneumomediastinum; Subcutaneous Emphysema (CH-19.2)	45	

Pneumothorax/Hemothorax (CH-19.1)

- Chest x-ray initially.
 - ◆ CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) if:
 - Diagnosis of a small pneumothorax is in doubt, and the presence of a pneumothorax will affect individual treatment decisions.¹
 - Preoperative study for treatment of pneumothorax.¹
 - Pneumothorax associated with hemothorax.²
 - Suspected complications from hemothorax (e.g. empyema).²
 - Suspected Alpha-1-Antitrypsin Deficiency (even without pneumothorax).³
 - Suspected Cystic Lung Disease, including Lymphangioleiomyomatosis (LAM), tuberous sclerosis (TS), or Birt-Hogg-Dube (BHD) syndrome.^{6,7}
 - Suspected catamenial pneumothorax/thoracic endometriosis

Pneumomediastinum; Subcutaneous Emphysema (CH-19.2)

- Chest x-ray initially.
 - CT Chest with contrast (CPT[®] 71260) or without contrast (CPT[®] 71250) if:
 - Recent vomiting and/or suspected esophageal perforation.^{4,5}
 - Associated pneumopericardium.^{4,5}
 - Associated pneumothorax.^{4,5}
 - Preoperative study for treatment.^{4,5}

Background and Supporting Information

An expiration chest x-ray can enhance the evaluation of equivocal plain x-ray. There is no data supporting the use of serial CT Chest to follow individuals with a known pneumothorax, pneumomediastinum, or hemothorax who are asymptomatic or have stable symptoms. With the exception of the indications above, advanced imaging of the chest is rarely indicated in the diagnosis or management of pneumothorax, or pneumomediastinum. Inspiratory/expiratory chest x-rays are helpful in defining whether a pneumothorax is present.

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- 2. Mowery, N. T., et al. (2011). "Practice management guidelines for management of hemothorax and occult pneumothorax." J Trauma 70(2): 510-518.
- 3. Sandhaus R, Turino G, Brantly M, et al. The Diagnosis and Management of Alpha-1 Antitrypsin Deficiency in the Adult. Chronic Obst Pulm Dis 2016; 3:668.
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Mediastinal Mass (CH-20)

Mediastinal Mass (CH-20.1)

- ➤ CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) or MRI Chest without and with contrast (CPT® 71552) or MRI Chest without contrast (CPT® 71550), to evaluate mediastinal abnormalities, may include, but not limited to mediastinal cyst including bronchogenic, thymic, pericardial or esophageal, seen on chest x-ray or other non-dedicated chest imaging.
- MRI Chest without and with contrast (CPT® 71552) or MRI Chest without contrast (CPT® 71550) can be considered for indeterminate mediastinal mass on CT Chest.
 - Lesions that remain indeterminate on MRI, if biopsy is not performed, surveillance imaging could be performed at 3-12 month intervals over 2 years or more with MRI Chest, depending upon level of clinical concern.
- FDG PET/CT offers limited additional value beyond that of conventional CT in the initial assessment of mediastinal mass(es), with the exception of primary mediastinal lymphoma. See Mon-Hodgkin Lymphomas (ONC-27) or Hodgkin Lymphoma (ONC-28) in the Oncology Imaging Guidelines. A positive FDG PET/CT has little value for discrimination between benign and malignant lesions.
 - MRI Chest without and with contrast (CPT® 71552) or MRI Chest without contrast (CPT® 71550) can be considered for indeterminate mediastinal mass on FDG PET/CT
- ➤ CT Chest with contrast (CPT® 71260), or CT Chest without contrast (CPT® 71250) or MRI Chest without and with contrast (CPT® 71552), or MRI Chest without contrast (CPT® 71550) for subsequent evaluations if:
 - New signs or symptoms, or
 - Preoperative assessment
- For Adenopathy; See <u>Lymphadenopathy (CH-2).</u>
- > For Goiter; See Thyroid Nodule (NECK-8.1) in the Neck Imaging Guidelines.
- ➤ For Myasthenia Gravis; See <u>Neuromuscular Junction Disorders</u> (<u>PN-6.1</u>) in the Peripheral Nerve Disorders Imaging Guidelines.

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Chest Trauma (CH-21)

Chest Trauma (CH-21.1)

- Chest X-ray initially.
 - CT Chest without contrast (CPT® 71250) or with contrast (CPT® 71260) for the following situations:¹
 - Rib¹ or Sternal² Fracture:
 - With associated complications identified clinically or by other imaging, including pneumothorax, hemothorax, pulmonary contusion, atelectasis, flail chest, cardiovascular injury and/or injuries to solid or hollow abdominal organs.¹
 - Uncomplicated, single fractures, multiple fractures, non-acute fractures, or occult rib fractures are NOT an indication for CT Chest unless malignancy is suspected as the etiology.¹
 - Routine follow-up advanced imaging of rib or sternal fractures is not indicated.¹
- CT Chest without contrast (CPT® 71250) or Tc-99m bone scan whole body (CPT® 78306) for suspected pathological rib fractures, with or without a history of trauma.¹
- Clavicle Fractures:
 - CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) or MRI Chest without and with contrast (CPT® 71552) or MRI Chest without contrast (CPT® 71550) for proximal (medial) 1/3 fractures or sternoclavicular dislocations.³
 - X-ray is adequate for evaluation of middle and distal 1/3 fractures.³
- No advanced imaging of the abdomen or pelvis is indicated when there is chest trauma and no physical examination or laboratory evidence of abdominal and/or pelvic injury.

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Chest Wall Mass (CH-22)

Chest Wall Mass (CH-22.1)

- Chest x-ray is useful in the workup of a soft-tissue mass and is almost always indicated as the initial imaging study.¹
 - Chest ultrasound (CPT® 76604) may be useful as an initial imaging study in the setting of a suspected superficial or subcutaneous lipoma. This modality may also be valuable in differentiating cystic from solid lesions and has also been used to assess the vascularity of lesions.¹
 - CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) or MRI Chest without and with contrast (CPT® 71552) or MRI Chest without contrast (CPT® 71550) unless chest x-ray or ultrasound demonstrate ONE of the following:^{1,2}
 - Obvious lipomas¹ (See <u>Soft Tissue Mass or Lesion of Bone (MS-10)</u> in the Musculoskeletal Imaging Guidelines).
 - Clearly benign entity¹ (See <u>Soft Tissue Mass or Lesion of Bone</u> (MS-10) in the Musculoskeletal Imaging Guidelines).

Background and Supporting Information

Chest x-rays of chest wall masses can detect calcification, ossification, or bone destruction as well as location and size.³

- 1. Expert Panel on Musculoskeletal Imaging:, Kransdorf MJ, Murphey MD, et al. ACR Appropriateness Criteria® Soft-Tissue Masses. J Am Coll Radiol. 2018;15(5S):S189-S197. doi:10.1016/j.jacr.2018.03.012
- 2. Expert Panel on Musculoskeletal Imaging, Bestic JM, Wessell DE, et al. ACR Appropriateness Criteria® Primary Bone Tumors. J Am Coll Radiol. 2020;17(5S):S226-S238. doi:10.1016/j.jacr.2020.01.038

Pectus Excavatum and Pectus Carinatum (CH-23)

Pectus Excavatum and Carinatum (CH-23.1)

- CT Chest without contrast (CPT® 71250) or MRI Chest without and with contrast (CPT® 71552) and 3-D reconstruction (CPT® 76377) if:
 - Candidate for surgical correction.^{1,2}
 - Cardiac or pulmonary dysfunction has been identified^{1,2}
 - ECG and echocardiography if cardiac symptoms or evidence of cardiac function abnormalities.
 - Chest x-ray and PFT's if increasing shortness of breath.¹

Background and Supporting Information

Chest measurements derived from CT Chest, such as the Haller Index, are helpful to the thoracic surgeon in pre-operative assessment of chest wall deformities to assess for the appropriateness of operative repair prior to the development of symptomatic pectus deformities.

- 1. Marcovici PA, LoSasso BE, Kruk P, Dwek J. MRI for the evaluation of pectus excavatum. Pediatr Radiol, 2011; 41:757-758.
- 2. Goretsky M, Kelly K, Croitoru D, et al. Chest wall anomalies: pectus excavatum and pectus carinatum. Adolesc Med Clin. 2004 Oct; 15(3):455-71.

Pulmonary Arteriovenous Fistula (AVM) (CH-24)

Pulmonary AVM (CH-24.1)

- CT Chest with contrast (CPT[®] 71260), CTA Chest (preferred modality) (CPT[®] 71275), or MRA Chest (CPT[®] 71555) for evaluation of:^{1,2,3}
 - Suspected pulmonary AVM
 - First degree relatives of an individual with a primary pulmonary AVM
 - Evaluation of individuals with paradoxical embolus/stroke and no evidence of patent foraman ovale on echocardiogram
 - Follow-up of treated AVM's at 6 months post embolization and the every 3-5 years⁴
 - Follow-up of untreated AVM's to be determined by treating physician, but no more than annually. Usually the interval is 3-5 years due to the slow-growth nature of PAVM's⁴
 - Treated or untreated PAVM's with recurrent symptoms⁴

Background and Supporting Information

➤ Pulmonary AVMs are abnormal connections between pulmonary arteries and veins, usually found in the lower lobes, that can be either primary or acquired (such as trauma, bronchiectasis). They can be identified in up to 98% of chest x-rays by a peripheral, circumscribed, non-calcified lesion connected by blood vessels to the hilum of the lung. Treatment is often by surgery or embolization of the feeding artery using platinum coils or detachable balloons.

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Pulmonary Embolism (PE) (CH-25)

Pulmonary Embolism (CH-25.1)

- ➤ CT Chest with contrast with PE protocol (CPT® 71260) or CTA Chest (CPT® 71275) if at least one symptom, clinical/laboratory finding or risk factor from each of the lists below are present.
 - With any ONE of the 3:6,7,8
 - Dyspnea, new onset and otherwise unexplained;
 - Chest Pain, pleuritic;
 - Tachypnea
 - ◆ AND, with any ONE of the 3: ^{6,7,8}
 - Abnormal D-dimer test;
 - Wells Criteria score* higher than 4 points;
 - One Risk Factor** or Symptom** of new onset demonstrating high clinical probability of PE

RISK FACTORS**6,7,8	SYMPTOMS ATTRIBUTED TO PE**6,7,8
Immobilization at least 3 days or surgery in last 4 weeks or recent trauma	Signs or symptoms of DVT
Previous history of DVT or PE	Hemoptysis
Cancer actively treated in last 6 months or receiving palliative treatment	Right heart strain or failure
Recent history of a long airplane flight	Systolic BP <90
Use of estrogen-based contraceptives (birth control pills, the patch, and vaginal ring)/Oral estrogen ¹	Syncope
Advanced age (≥70)	Cough
Congestive heart failure	Heart Rate >100
Obesity (BMI ≥35)	Palpitations
Suspicion or diagnosis of COVID-19	

Well's Criteria for Clinical Probability of PE*6			
Clinical signs/symptoms of DVT (at minimum: leg swelling and pain with palpation of the deep veins)	3		
PE is likely or equally likely diagnosis	3		
Heart rate >100	1.5		
Immobilization at least 3 days or surgery in last 4 weeks	1.5		
Previous history of DVT or PE	1.5		
Hemoptysis	1		
Cancer actively treated in last 6 months or receiving palliative treatment	1		

Calculate Probability: Low <2 Moderate 2 to 6 High >6

Using the above criteria, only 3% of individuals with a low pretest probability had PE versus 63% of those with a high pretest probability.

- Non-urgent cases which do not meet above 2-step criteria, should undergo prior to advanced imaging:⁹
 - Chest x-ray (to rule out other causes of acute chest pain).
 - Primary cardiac and pulmonary etiologies should be eliminated.
- Pregnancy is a risk factor for thrombo-embolic events in and of itself. Additional risk factors are not required. Pregnant individuals with suspected PE are suggested to proceed with:^{11,12,13}
 - If signs/symptoms of DVT are present, Dopplers studies of the lower extremities (CPT[®] 93925 bilateral study or CPT[®] 93926 unilateral study)
 - If no signs/symptoms of DVT, then chest x-ray should be done first
 - If chest x-ray is normal, then V/Q scan is preferred test
 - If chest x-ray is abnormal or after non-diagnostic V/Q scan or if V/Q scanning is not readily available, then CTA Chest (CPT® 71275) or CT Chest with contrast with PE protocol (CPT® 71260)
- Ventilation-perfusion scans, also called V/Q, scans (CPT® 78580-Pulmonary Perfusion Imaging; CPT® 78582-Pulmonary Ventilation (e.g., Aerosol or Gas) and Perfusion Imaging).
 - Is not a replacement for CTA Chest⁹
 - Can be considered in any of the following:
 - Suspected pulmonary embolism if there is a contraindication to CT or CTA Chest (ventilation-perfusion scans CPT® 78582).
 - Suspected pulmonary embolism when a chest x-ray is negative and CTA Chest is not diagnostic (CPT®78580 or CPT® 78582).
 - Follow-up of an equivocal or positive recent ventilation-perfusion lung scan to evaluate for interval change (CPT® 78580).

- Suspected Chronic thromboembolic disease or Chronic thromboembolic pulmonary hypertension*, usually after 3 months of effective anticoagulation¹⁴
- Follow-up Imaging in Stable or Asymptomatic Individuals with Known PE is not warranted^{2,3,4,10}
- CT Chest with contrast with PE protocol (CPT[®] 71260) or CTA Chest (CPT[®] 71275) for ANY of the following indications:
 - Recurrent or persistent signs or symptoms such as dyspnea, particularly if present after 3 months of anticoagulation, or
 - Elevated d-dimer which is persistent or recurrently elevated, or
 - Right heart strain or failure identified by EKG, ECHO or Heart catheterization.
- *Pulmonary Artery Hypertension (PAH) See <u>Pulmonary Artery Hypertension</u> (PAH) Indications (CD-8.1) in the Cardiac Imaging Guidelines

Background and Supporting Information

- Pulmonary embolism is found in approximately 10% of all those that present with suspicion of PE. Dyspnea, pleuritic chest pain and tachypnea occur with about 50% incidence with leg swelling or pain just over 50%.
- D-dimer level has a high sensitivity and low specificity for diagnosing PE.
 - ♦ A negative D-dimer in combination with low or moderate PE risk classification has a negative predictive value approaching 100%.
 - D-dimer can be falsely elevated with recent surgery, injury, malignancy, sepsis, diabetes, pregnancy, or other conditions where fibrin products are likely to be present.
- CT imaging has supplanted V/Q scanning since the latter is difficult to obtain quickly, does not provide a substantial cost savings, and does not diagnose other pulmonary pathology.
- The decision to terminate anticoagulation treatment after previous pulmonary embolism (PE) with absent or stable symptoms is based on clinical evaluation and risk factors.
- Repeat studies do not allow one the ability to distinguish new from residual clot, with luminal diameter and clot character poorly correlated to symptoms and ECHO findings.
- Two thirds of individuals with primary thromboembolism have residual pulmonary artery clot at 6 months and 50% remain at one year.
- Subsequent persistence or elevation of D-dimer is associated with increased risk of recurrent PE. ECHO and Right Heart Catheterization (RHC) can identify those with pulmonary hypertension. Yet, 1/2 of all have persistent or new pulmonary hypertension after primary thromboembolism and only half of this latter group has dyspnea at rest or exercise intolerance.
- Of note, pregnancy is accompanied by a progressive increase in D-dimer levels and as such, D-Dimer levels may not be helpful to rule-in or rule-out DVT/PE in pregnancy.^{11,12}

Modality	Fetal radiation exposure in mGy
CXR	0.002-0.1
V/Q	0.32 – 0.74
CTPA	0.03 - 0.66

 Compared with V/Q scan, computed tomography pulmonary angiography (CTPA), is associated with a higher radiation dose to the mother: the calculated doses to breast and lung tissue have been estimated to range from 10 to 60 mGy and 39.5 mGy, respectively with CTPA as compared with 0.98 to 1.07 mGy and 5.7 to 13.5 mGy, respectively with V/Q scan.¹²

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Pulmonary Hypertension (CH-26)

Pulmonary Hypertension (CH-26.1)

> See the Pulmonary Artery Hypertension (PAH) - Indications (CD-8.1).

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Subclavian Steal Syndrome – General (CH-27.0)

Occurs from blood flowing up the contralateral vertebral artery to the basilar artery and retrograde down the ipsilateral vertebral artery (reversal of flow) to supply collateral circulation to the arm on the side and past the stenotic or occluded proximal subclavian or innominate artery to perfuse that arm.

Subclavian Steal Syndrome (CH-27.1)

- Initial evaluation should include clinical findings satisfying the symptom complex (See Background and Supporting Information) and initial imaging with Carotid duplex study (CPT® 93882).
 - Carotid duplex study (CPT® 93882) is the initial and definitive imaging study
 - Reversal of flow in the ipsilateral vertebral artery.
 - If the carotid duplex is not diagnostic for reversal of flow in the ipsilateral vertebral artery, then neurological symptoms should be evaluated according to the Head guidelines.
- MRA Neck and Chest (CPT® 70548 and CPT® 71555) or CTA Neck and Chest (CPT® 70498 and CPT® 71275) can be performed for diagnosis in individuals with symptoms of vertebrobasilar ischemia with either of the following:
 - Clinical exam and duplex study are positive or indeterminate
 - Preoperative studies if they will substitute for invasive angiography.
- ➤ MRA Upper extremity (CPT® 73225) or CTA Upper extremity (CPT® 73206) can be performed in symptomatic individuals if needed to exclude pathology distal to the subclavian artery and if they will substitute for invasive angiography.
- See <u>Stroke/TIA</u> (HD-21.1) (for vertebrobasilar stroke) in the Head Imaging Guidelines.
- Treatment options include ligation of the ipsilateral vertebral artery, aorta-subclavian artery bypass graft, or subclavian endarterectomy.

Background and Supporting Information

- While MRA does not expose the individual to radiation, CTA should be considered the test of choice for subclavian steal syndrome given its superior spatial and temporal resolution.
- Satisfying the symptom complex.
 - Physical examination findings suggestive of subclavian stenosis include a discrepancy of >15 mmHg in blood pressure readings taken in both upper extremities, delayed or decreased amplified pulses in the affected side, and a bruit in the supraclavicular area on the affected side.
 - Symptoms include vertebral basilar artery insufficiency, vertigo, limb paresis, and paresthesias. Bilateral cortical visual disturbances, ataxia, syncope, and dysarthria occur less frequently.
 - Symptoms of cerebral ischemia may be produced by exercise of the affected arm

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Superior Vena Cava (SVC) Syndrome (CH-28)

SVC Syndrome (CH-28.1)

- ➤ CT Chest with contrast (CPT® 71260) for the evaluation of suspected SVC syndrome based on the facial cyanosis and upper extremity swelling without anasarca.^{1,2}
- MRV (CPT® 71555) or CTV (CPT® 71275) Chest when stenting of the SVC is being considered.^{1,2}

Background and Supporting Information

SVC syndrome is caused by acute or subacute, intrinsic or extrinsic obstruction of the SVC, most commonly from lung cancer (80-85%) and less often benign (fibrosis, mediastinitis, indwelling devices). Other symptoms include dyspnea, headache and dizziness.

- Wilson, et al. (2007). Superior Vena Cava Syndrome with Malignant Causes. New England Journal of Medicine, 356: 1862-1869.
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Elevated Hemidiaphragm (CH-30)

Elevated Hemidiaphragm (CH-30.1)

- CT Chest with contrast (CPT® 71260) and/or CT Neck with contrast (CPT® 70491) with new diaphragmatic paralysis after:1,2
 - Previous chest x-rays are available and reviewed to determine if the diaphragmatic elevation is a new finding, and/or
 - Fluoroscopic examination ("sniff test") to differentiate true paralysis from weakness.
- CT Abdomen with contrast (CPT® 74160) to rule out liver or abdominal process if CT Chest is negative.^{1,2}
- Repeat advanced imaging studies in the absence of new signs or symptoms are not indicated.

Background and Supporting Information

- The right hemidiaphragm sits about 2 cm higher than the left.
- "Eventration" is thin membranous replacement of muscle, usually on the right, as the most common cause of elevation.
- > Any injury to the phrenic nerve from neck to diaphragm can lead to paralysis.
- Common phrenic causes are traumatic or surgical injury or malignancy involving the mediastinum.
- Any loss of lung volume or increased abdominal pressure can lead to diaphragm elevation.

- 1. Ko MA, Darling GE. 2009. Acquired paralysis of the diaphragm. Thorac Surg Clin 19 (4): 501-510.
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Thoracic Outlet Syndrome (TOS) (CH-31)

Thoracic Outlet Syndrome (CH-31.1)

- Chest x-ray should be performed initially in all cases, after the onset of symptoms or if there has been a change in symptoms, since it can identify boney abnormalities or other causes of upper extremity pain.^{1,2}
- Preferred imaging modality in individuals with suspected TOS varies depending upon suspected etiology. More than one type of imaging may be required for diagnosis in complex cases.^{1,2}
- Neurogenic Thoracic Outlet Syndrome:
 - See <u>Brachial Plexus</u> (<u>PN-4.1</u>) in the Peripheral Nerve Disorders Imaging Guidelines
- Venous Thoracic Outlet Syndrome:
 - CT Chest with Contrast (CPT® 71260) (preferred study) or MRI Chest with contrast (CPT® 71551) or CTV Chest (CPT® 71275)
- Arterial Thoracic Outlet Syndrome:
 - CTA Chest (CPT[®] 71275) (preferred study) or MRA Chest (CPT[®] 71555) (preferred study) or CT Chest either without or with contrast (CPT[®] 71250 or CPT[®] 71260) or MRI Chest with contrast (CPT[®] 71551)
- ➤ CT Chest with contrast (CPT® 71260) or CT Neck with contrast (CPT® 70491) can be used in place of MRI for:
 - Suspected anomalous ribs or fractures, as bone anatomy is more easily definable with CT.
 - Postoperative individuals in whom there is a question regarding a remnant first rib.
 - Dialysis-dependent renal failure, claustrophobia, or implanted device incompatibility.
- See <u>Brachial Plexus</u> (PN-4.1) in the Peripheral Nerve Disorders Imaging Guidelines.

Background and Supporting Information

- TOS refers to compression of the subclavian vessels and/or brachial plexus at the thoracic outlet of the chest (the area bounded by the two scalene muscles and the first rib).
- There are 3 types, with neurogenic causes seen in 80%, venous causes (also called effort thrombosis) found in 15% and the remaining 5% being arterial in etiology.
- Since this is such a rare entity and diagnosis is difficult, specialist evaluation by a vascular surgeon or thoracic surgeon is helpful in determining the appropriate imaging pathway.

- 1. Raptis C, Sridhar S, Thompson R, et al. Imaging of the Patient with Thoracic Outlet Syndrome. RadioGraphics, 2016: 36: 984-1000.
- Expert Panels on Vascular Imaging, Thoracic Imaging, and Neurological Imaging, Zurkiya O, Ganguli S, et al. ACR Appropriateness Criteria® Thoracic Outlet Syndrome. J Am Coll Radiol. 2020;17(5S):S323-S334. doi:10.1016/j.jacr.2020.01.029.

Lung Transplantation (CH-32)

Pre-Transplant Imaging Studies (CH-32.1)

- Individuals on the waiting list or being considered for the lung transplant can undergo advanced imaging per that institution's protocol as long as the studies do not exceed the following:
 - CT Chest with and without contrast (CPT® 71270), CT Chest with contrast (CPT® 71260), or CT Chest without contrast (CPT® 71250),
 - ECHO
 - Imaging Stress Test (MPI, SE, MRI) or Heart Catheterization (Right and Left);
 Heart catheterization can also be done after a positive stress test.
 - CTA Chest and/or CTA Abdomen and Pelvis and/or CTA Aorta with bilateral lower extremity run-off is indicated without initial ABI's and/or arterial duplex for the following individuals:
 - Prior abdominal or lower extremity vascular intervention (any timeframe is acceptable)
 - Known peripheral artery disease (PAD) from prior imaging
 - Current symptoms of claudication, rest pain or gangrene
 - CTA Chest and/or CTA Abdomen and Pelvis and/or CTA Aorta with bilateral lower extremity run-off is indicated after initial ABI's and/or arterial duplex for the following individuals:
 - Initial ABI's and/or arterial duplex suggest the presence of PAD per one of the following:
 - ABI of <0.9
 - Presence of plaque
 - Presence of vascular calcification, stenosis or occlusion
 - Small vessel size on the duplex
 - CT Abdomen and Pelvis with or without contrast (CPT 74177 or CPT® 74176) for determining extracorporeal membrane oxygenation (ECMO) candidacy
- ➤ Other studies that will be considered include V/Q scan, Six Minute Walk Test.
- > See <u>Transplant (CD-1.6)</u> in the Cardiac Imaging Guidelines.

Post-Transplant Imaging Studies (CH-32.2)

- CT Chest with and without contrast (CPT® 71270), CT Chest with contrast (CPT® 71260), or CT Chest without contrast (CPT® 71250) is supported for:²
 - Initial post-transplant follow-up.
 - Suspected complication, either surgical, medical or infectious, (See Background and Supporting Information)
 - Worsening PFT's
 - New finding on other imaging, including chest x-ray
- See <u>Transplant (CD-1.6)</u> in the Cardiac Imaging Guidelines.

Background and Supporting Information

- Complications from lung transplantation are a major cause of morbidity and mortality.
- The three main categories of complications are surgical, medical and infectious.
 - Surgical complications include; anastomotic complications, bronchial dehiscence, bronchial stenosis, pneumothorax, hemothorax, hematoma, wound dehiscence and infection.
 - Medical complications include; primary graft dysfunction, pulmonary embolism and pulmonary infarction, Tracheobronchomalacia, posttransplant lymphoproliferative disease, primary disease recurrence, acute and chronic allograft rejection, including bronchiolitis obliterans and restrictive allograft syndrome.
 - Infectious complications include; hospital and community acquired nonmycobacterial pulmonary infections, mycobacterial infections, fungal infections, and viral infections, (CMV most common).

- 1. Ng, Y. L., N. Paul, D. Patsios, and Et Al. "Imaging of Lung Transplantation: Review." AJR. American Journal of Roentgenology. U.S. National Library of Medicine, Mar. 2009. Vol 192, No 3 supplement.
- DeFreitas MR, McAdams HP, Azfar Ali H, Iranmanesh AM, Chalian H. Complications of Lung Transplantation: Update on Imaging Manifestations and Management. Radiology: Cardiothoracic Imaging. 2021;3(4):e190252. doi:10.1148/ryct.2021190252
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Lung Cancer Screening (CH-33)	
U.S. Preventive Services Task Force: Lung Cancer Screening	
(Commercial and Medicaid) (CH-33.1)	67
National Coverage Determination (NCD) for Lung Cancer Screening	ng
with Low Dose Computed Tomography (LDCT) (210.14) (Medicare	e)
(CH-33.2)	67
Incidental Pulmonary Nodules Detected on Low Dose CT Chest	
(LDCT) Images (CH-33.3)	68

U.S. Preventive Services Task Force: Lung Cancer Screening (Commercial and Medicaid) (CH-33.1)

➤ Low-dose CT Chest (CPT® 71271) for lung cancer screening annually if all of the following criteria are met:

Screening Indications – Commercial and Medicaid	Imaging Study
 All criteria below must be met: Individual has not received a low-dose CT lung screening in less than 12 months; and Individual has NO health problems that substantially limit life expectancy or the ability or willingness to have curative lung surgery*; and Individual is between 50 and 80 years of age; and Individual has at least a 20 pack-year history of cigarette smoking; and Currently smokes or quit within the past ≤15 years 	Low-Dose CT Chest without contrast (CPT [®] 71271)

For incidental nodule(s) detected on previous imaging, but do not qualify for LDCT, Lung Cancer Screening See **Solitary Pulmonary Nodule (SPN) (CH-16)**, for CPT® 71250 and CPT® 71260.

*This is based on a range of chest or other organ signs, symptoms or conditions which would question the member's ability to undergo surgical or non-surgical treatment if a lung cancer was discovered. For example, congestive heart failure, advanced cancer from another site or a member with COPD who uses oxygen when ambulating, would be examples of conditions that would "substantially limit life expectancy." Conversely, stable COPD and its symptoms, including cough, shortness of breath would not "substantially limit life expectancy."

National Coverage Determination (NCD) for Lung Cancer Screening with Low Dose Computed Tomography (LDCT) (210.14) (Medicare) (CH-33.2)

Medicare criteria for LDCT for Lung Cancer Screening (CPT® 71271) See NCD 210.14

<u>Incidental Pulmonary Nodules Detected on Low Dose CT Chest</u> (LDCT) Images (CH-33.3)

- Any Lung-RADS less than 1 year interval follow-up is coded as Low-Dose CT Chest (CPT® 71250) (Not CPT® 71271 which is ONLY the annual screen)
- For lung nodules, including incidental findings from studies other than screening LDCT, or if no longer quality for screening LDCT, See <u>Incidental Pulmonary</u> <u>Nodules Detected on CT Images (CH-16.2)</u>

Lung-RADS Primary Category/Category Descriptor*	Management
2: Benign appearance or behavior - very low likelihood of becoming a clinically active cancer due to size or lack of growth	Annual LDCT screening (CPT® 71271) in 12 months
3: Probably benign finding(s) - short term follow up suggested; includes nodules with a low likelihood of becoming a clinically active cancer	6 month LDCT (CPT® 71250) and if unchanged on this CT it is coded as category 2 and returned to annual LDCT screening (CPT® 71271) in 12 months
4A: Suspicious - Findings for which additional diagnostic testing and/or tissue sampling is recommended	PET/CT (CPT® 78815) when there is a ≥8 mm solid component Follow-up with LDCT (CPT® 71250) in 3 months and if unchanged on this CT it is coded as category 2 and returned to annual LDCT screening (CPT® 71271) in 12 months
4B or 4X: Suspicious - Findings for which	CT Chest with or without contrast, PET/CT (CPT® 78815) and/or tissue sampling depending on the probability of malignancy and comorbidities. PET/CT (CPT® 78815) when there is a ≥8 mm solid component.
additional diagnostic testing and/or tissue sampling is recommended	If there is low suspicion of lung cancer, follow- up with LDCT (CPT® 71250) in 3 months with another LDCT (CPT® 71250) in 6 months and if unchanged on this CT return to annual LDCT screening (CPT® 71271) in 12 months

^{*}The full description of the LUNG-RADS categories https://www.acr.org/- /media/ACR/Files/RADS/Lung-RADS/LungRADSAssessmentCategoriesv1-1.pdf?la=en

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- 3. Lung-RADS™ Version 1.1 Assessment Categories Release date: 2019. https://www.acr.org/-/media/ACR/Files/RADS/Lung-RADS/LungRADSAssessmentCategoriesv1-1.pdf