# Cigna Medical Coverage Policies – Radiology Musculoskeletal Imaging Guidelines

Effective April 01, 2023





#### Instructions for use

The following coverage policy applies to health benefit plans administered by Cigna. Coverage policies are intended to provide guidance in interpreting certain standard Cigna benefit plans and are used by medical directors and other health care professionals in making medical necessity and other coverage determinations. Please note the terms of a customer's particular benefit plan document may differ significantly from the standard benefit plans upon which these coverage policies are based. For example, a customer's benefit plan document may contain a specific exclusion related to a topic addressed in a coverage policy.

In the event of a conflict, a customer's benefit plan document always supersedes the information in the coverage policy. In the absence of federal or state coverage mandates, benefits are ultimately determined by the terms of the applicable benefit plan document. Coverage determinations in each specific instance require consideration of:

- 1. The terms of the applicable benefit plan document in effect on the date of service
- 2. Any applicable laws and regulations
- 3. Any relevant collateral source materials including coverage policies
- 4. The specific facts of the particular situation

Coverage policies relate exclusively to the administration of health benefit plans. Coverage policies are not recommendations for treatment and should never be used as treatment guidelines.

This evidence-based medical coverage policy has been developed by eviCore, Inc. Some information in this coverage policy may not apply to all benefit plans administered by Cigna.

These guidelines include procedures eviCore does not review for Cigna. Please refer to the <u>Cigna CPT</u> <u>code list</u> for the current list of high-tech imaging procedures that eviCore reviews for Cigna.

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Musculoskeletal Imaging Guidelines	
Procedure Codes Associated with Musculoskeletal Imaging	3
General Guidelines (MS-1)	4
Imaging Techniques (MS-2)	6
3D Rendering (MS-3)	11
Avascular Necrosis (AVN)/Osteonecrosis (MS-4)	12
Fractures (MS-5)	14
Foreign Body (MS-6)	18
Ganglion Cysts (MS-7)	19
Gout/Calcium Pyrophosphate Deposition Disease (CPPD)/	
Pseudogout/Chondrocalcinosis (MS-8)	20
Infection/Osteomyelitis (MS-9)	22
Soft Tissue Mass or Lesion of Bone (MS-10)	25
Muscle/Tendon Unit Injuries/Diseases (MS-11)	28
Osteoarthritis (MS-12)	31
Chondral/Osteochondral Lesions (MS-13)	34
Osteoporosis (MS-14)	35
Rheumatoid Arthritis (RA) and Inflammatory Arthritis (MS-15)	37
Post-Operative Joint Replacement Surgery (MS-16)	40
Limb Length Discrepancy (MS-17)	42
Anatomical Area Tables – General Information (MS-18)	43
Shoulder (MS-19)	44
Elbow (MS-20)	53
Wrist (MS-21)	61
Hand (MS-22)	67
Pelvis (MS-23)	70
Hip (MS-24)	73
Knee (MS-25)	79
Ankle (MS-26)	87
Foot (MS-27)	92
This section intentionally left blank (MS-28)	99

Procedure Codes	Associated with
Musculoskel	etal Imaging

MRI/MRA	CPT <sup>®</sup>
MRI Upper Extremity, other than joint, without contrast	73218
MRI Upper Extremity, other than joint, with contrast	73219
MRI Upper Extremity, other than joint, without and with contrast	73220
MRI Upper Extremity, any joint, without contrast	73221
MRI Upper Extremity, any joint, with contrast	73222
MRI Upper Extremity, any joint, without and with contrast	73223
MR Angiography Upper Extremity without or with contrast	73225
MRI Lower Extremity, other than joint, without contrast	73718
MRI Lower Extremity, other than joint, with contrast	73719
MRI Lower Extremity, other than joint, without and with contrast	73720
MRI Lower Extremity, any joint, without contrast	73721
MRI Lower Extremity, any joint, with contrast	73722
MRI Lower Extremity, any joint, without and with contrast	73723
MR Angiography Lower Extremity without or with contrast	73725
MRI Pelvis without contrast	72195
MRI Pelvis with contrast	72196
MRI Pelvis without and with contrast	72197
CT/CTA	CPT®
CT Upper Extremity without contrast	73200
CT Upper Extremity with contrast	73201
CT Upper Extremity without and with contrast	73202
CT Angiography Upper Extremity without and with contrast	73206
CT Lower Extremity without contrast	73700
CT Lower Extremity with contrast	73701
CT Lower Extremity without and with contrast	73702
CT Angiography Lower Extremity without and with contrast	73706
CT Pelvis without contrast	72192
CT Pelvis with contrast	72193
CT Pelvis without and with contrast	72194
Ultrasound	CPT®
Ultrasound, complete joint (ie, joint space and peri-articular soft tissue	76881
structures) real-time with image documentation	
Ultrasound, limited, joint or other nonvascular extremity structure(s)	76882
(e.g., joint space, peri-articular tendon[s], muscle[s], nerve[s], other soft	
tissue structure[s], or soft tissue mass[es]), real-time with image	
documentation	700
Ultrasound, pelvic (nonobstetric), real time with image documentation	76857

# General Guidelines (MS-1)

- Before advanced diagnostic imaging can be considered, there must be an in-person clinical evaluation as well as a clinical re-evaluation after a trial of failed conservative treatment; the clinical re-evaluation may consist of an in-person evaluation or other meaningful contact with the provider's office such as email, web or telephone communications.
- An in-person clinical evaluation for the current episode of the condition is required to have been performed before advanced imaging can be considered. This may have been either the initial clinical evaluation or the clinical re-evaluation.
- The in-person clinical evaluation should include a relevant history and physical examination, appropriate laboratory studies, and non-advanced imaging modalities. Other forms of meaningful contact (e.g., telephone call, electronic mail, telemedicine, or messaging) are not acceptable as an in-person evaluation.
- Prior to advanced imaging consideration, the results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider of the advanced imaging study for all musculoskeletal conditions, unless otherwise noted in the guidelines.
  - Initial plain x-ray can rule out those situations that do not often require advanced imaging, such as osteoarthritis, acute/healing fracture, dislocation, osteomyelitis, acquired/congenital deformities, and tumors of bone amenable to biopsy or radiation therapy (in known metastatic disease), etc.
  - X-ray may provide complementary clinical information regarding detailed bony anatomy, and may assist with preoperative planning when surgery is being contemplated.
  - X-ray may provide clinically significant details for soft tissue masses, such as soft tissue calcification, presence or absence of phleboliths, radiographic density, and effect on adjacent bone.
  - X-ray often has a larger field of view than MRI or CT and has the potential to identify more proximal or distal pathology in an extremity.
- Clinical re-evaluation is required prior to consideration of advanced diagnostic imaging to document failure of significant clinical improvement following a recent (within 3 months) six week trial of provider-directed conservative treatment. Clinical re-evaluation can include documentation of an in-personencounter or documentation of other meaningful contact with the requesting provider's office by the individual (e.g. telephone call, electronic mail, telemedicine, or messaging).
- Provider-directed conservative treatment may include rest, ice, compression, and elevation (R.I.C.E.), non-steroidal anti-inflammatories (NSAIDs), narcotic and nonnarcotic analgesic medications, oral or injectable corticosteroids, viscosupplementation injections, a provider-directed home exercise program, crosstraining, and/or physical/occupational therapy or immobilization by splinting/casting/bracing.
- Orthopedic specialist evaluation can be helpful in determining the need for advanced imaging.

- The need for repeat advanced imaging should be carefully considered and may not be indicated if prior imaging has been performed.
- Serial advanced imaging, whether CT or MRI, for surveillance of healing or recovery from musculoskeletal disease is not supported by the medical evidence in the majority of musculoskeletal conditions.

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Imaging Techniques (MS-2)	
Plain X-Ray (MS-2.1)	7
MRI or CT (MS-2.2)	7
Ultrasound (MS-2.3)	8
Contrast Issues (MS-2.4)	8
Positron Emission Tomography (PET) (MS-2.5)	8

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## Plain X-Ray (MS-2.1)

The results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider of the advanced imaging study for all musculoskeletal conditions, unless otherwise noted in the guidelines, to rule out those situations that do not often require advanced imaging, such as: osteoarthritis, acute/healing fracture, dislocation, osteomyelitis, acquired/congenital deformities, and tumors of bone amenable to biopsy or radiation therapy (in known metastatic disease), etc.

# MRI or CT (MS-2.2)

- Magnetic Resonance Imaging (MRI) is often the preferred advanced imaging modality in musculoskeletal conditions because it is superior in imaging the soft tissues and can also define physiological processes in some instances [e.g. edema, loss of circulation (AVN), and increased vascularity (tumors)].
- Computed Tomography (CT) is preferred for imaging cortical bone anatomy; thus, it is useful for studying complex fractures (particularly of the joints), dislocations, and assessing delayed union or non-union of fractures, if plain x-rays are equivocal. CT may be the procedure of choice in individuals who cannot undergo an MRI, such as those with pacemakers.

## Positional MRI

Positional MRI is also referred to as dynamic, standing, weight-bearing, or kinetic MRI. Currently, there is inadequate scientific evidence to support the medical necessity of this study. As such, it should be considered experimental or investigational.

# Positional CT

- Positional CT, also referred to as weight-bearing or cone beam CT, may be useful in imaging of the foot and ankle.
  - If a request for foot or ankle imaging with positional CT meets medical necessity criteria for standard CT imaging (as defined in the condition-specific guidelines), the request may be approved.
    - Positional CT of anatomic areas other than the foot and ankle are considered experimental or investigational.

# dGEMRIC Evaluation of Cartilage

Delayed gadolinium enhanced Magnetic Resonance Imaging of Cartilage (dGEMRIC) is a technique where an MRI estimates joint cartilage glycosaminoglycan content after penetration of the contrast agent in order to detect cartilage breakdown. Currently, there is inadequate scientific evidence to support the medical necessity of this study. As such, it should be considered experimental or investigational for the diagnosis and surveillance of, or preoperative planning related to chondral pathology.

## Ultrasound (MS-2.3)

Ultrasound (US) uses sound waves to produce images that can be used to evaluate a variety of musculoskeletal disorders. As with US in general, musculoskeletal US is highly operator-dependent, and proper training and experience are required to perform consistent, high quality evaluations.

# Contrast Issues (MS-2.4)

- Most musculoskeletal imaging (MRI or CT) is without contrast; however, the following examples may be considered with contrast:
  - Tumors, osteomyelitis, and soft tissue infection (without and with contrast)
  - MRI arthograpy (with contrast only)
  - MRI for rheumatoid arthritis and inflammatory arthritis (contrast as requested)
  - For individuals with a contrast contraindication, if the advanced imaging recommendation specifically includes contrast, the corresponding advanced imaging study without contrast may be approved as an alternative, although the non-contrast study may not provide an adequate evaluation of the condition of concern.

# Positron Emission Tomography (PET) (MS-2.5)

- PET/CT is a nuclear medicine/computed tomography (CT) fusion study that uses a positron emitting radiotracer to create cross-sectional and volumetric images based on tissue metabolism. PET imaging fusion with CT allows for better anatomic localization of the areas of abnormal increased tissue activity seen on PET.
- PET/CT is indicated for imaging of certain musculoskeletal conditions when MRI or CT is equivocal or cannot be performed. See condition-specific guidelines for specific indications.
  - At this time, FDG is the only indicated radiotracer for use with PET/CT in the imaging of musculoskeletal conditions.

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# 3D Rendering (MS-3)

- Indications for musculoskeletal 3-D image post-processing for preoperative planning when conventional imaging is insufficient for:
  - Complex fractures (comminuted or displaced)/dislocations of any joint.
  - Spine fractures, pelvic/acetabulum fractures, intra-articular fractures.
  - Preoperative planning for other complex surgical cases.
- The code assignment for 3-D rendering depends upon whether the 3-D postprocessing is performed on the scanner workstation (CPT<sup>®</sup> 76376) or on an independent workstation (CPT<sup>®</sup> 76377).
  - 2-D reconstruction (i.e. reformatting axial images into the coronal plane) is considered part of the tomography procedure, is not separately reportable, and does not meet the definition of 3-D rendering.
  - It is not appropriate to report 3-D rendering in conjunction with CTA and MRA because those procedure codes already include the post-processing.
  - In addition to the term "3-D," the following terms may also be used to describe 3-D post-processing:
    - Maximum intensity projection (MIP)
    - Shaded surface rendering
    - Volume rendering
- The 3-D rendering codes require concurrent supervision of image post-processing 3-D manipulation of volumetric data set and image rendering.

#### Reference

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# Avascular Necrosis (AVN)/Osteonecrosis (MS-4)

- MRI without contrast, MRI without and with contrast, or CT without contrast of the area of interest can be performed when plain x-ray findings are non-confirmatory or equivocal and clinical symptoms warrant further investigation for suspected avascular necrosis.
- Advanced imaging for AVN confirmed by plain x-ray is appropriate for treatment planning in the following situations:
  - Femoral head:
    - MRI Hip without contrast (CPT<sup>®</sup> 73721) or CT Hip without contrast (CPT<sup>®</sup> 73700)
  - Distal Femur:
    - MRI Knee without contrast (CPT<sup>®</sup> 73721) or CT Knee without contrast (CPT<sup>®</sup> 73700)
  - Talus:
    - MRI Ankle without contrast (CPT<sup>®</sup> 73721) or CT Ankle without contrast (CPT<sup>®</sup> 73700)
  - Tarsal navicular (Kohler Disease):
    - MRI Foot without contrast (CPT<sup>®</sup> 73718) or CT Foot without contrast (CPT<sup>®</sup> 73700)
  - Metatarsal head (Frieberg's Infraction):
    - MRI Foot without contrast (CPT<sup>®</sup> 73718) or CT Foot without contrast (CPT<sup>®</sup> 73700)
  - Humeral head:
    - MRI Shoulder without contrast (CPT<sup>®</sup> 73221) or CT Shoulder without contrast (CPT<sup>®</sup> 73200)
  - Lunate (Kienbock's Disease)/Scaphoid (Preiser's Disease):
    - CT Wrist without contrast (CPT<sup>®</sup> 73200) or MRI Wrist without contrast (CPT<sup>®</sup> 73221).
- Individuals with acute lymphoblastic leukemia and known or suspected osteonecrosis should be imaged according to guidelines in <u>Acute Lymphoblastic</u> <u>Leukemia (ALL) (PEDONC-3.2)</u> in the Pediatric Oncology Imaging Guidelines
- Known or suspected osteonecrosis in long-term cancer survivors should be imaged according to guidelines in <u>Osteonecrosis in Long Term Cancer Survivors</u> (PEDONC-19.4) in the Pediatric Oncology Imaging Guidelines

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Fractures (MS-5)		
Acute (MS-5.1)	15	
Suspected Occult/Stress/Insufficiency Fracture/Stress I	Reaction and	
Shin Splints (MS-5.2)	15	
Other Indications (MS-5.3)	16	

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# Acute (MS-5.1)

- > CT or MRI without contrast if ANY of the following:
  - Complex (comminuted or displaced) fracture with or without dislocation on plain x-ray.
    - ČT is preferred unless it is associated with neoplastic disease when MRI without/with contrast is preferred unless MRI contraindicated.
  - Individual presents initially to the requesting provider with a documented history of an acute traumatic event at least two weeks prior with a negative plain x-ray at the time of this face-to-face encounter and a clinical suspicion for an occult/stress/insufficiency fracture see: <u>Suspected Occult/Stress/Insufficiency</u> <u>Fracture/Stress Reaction and Shin Splints (MS-5.2)</u>.
- MRI without contrast, MRI with contrast (arthrogram), or CT with contrast (arthrogram) of the area of interest if:
  - Plain x-rays are negative and an osteochondral fracture is suspected, OR
  - Plain x-rays and clinical exam suggest an unstable osteochondral injury. See: <u>Chondral/Osteochondral Lesions, Including Osteochondritis Dissecans</u> <u>and Fractures (MS-13.1)</u>

### Suspected Occult/Stress/Insufficiency Fracture/Stress Reaction and Shin Splints (MS-5.2)

- MRI without contrast for suspected hip/femoral neck, tibia, pelvis/sacrum, tarsal navicular, proximal fifth metatarsal, or scaphoid occult/stress/insufficiency fractures, and suspected atypical femoral shaft fractures related to bisphosphonate use if initial evaluation of history, physical exam, and plain x-ray fail to establish a definitive diagnosis.
  - CT without contrast can be performed as an alternative to MRI for suspected occult/insufficiency fractures of the pelvis/hip and suspected atypical femoral shaft fractures related to bisphosphonate see: <u>Pelvis (MS-23)</u> and <u>Hip (MS-24)</u>, and suspected occult fractures of the scaphoid See <u>Wrist (MS-21)</u>.
- MRI or CT without contrast for all other suspected occult/stress/insufficiency fractures with EITHER of the following:
  - Repeat plain x-rays remain non-diagnostic for fracture after a minimum of 10 days of provider-directed conservative treatment
  - Initial plain x-rays obtained a minimum of 14 days after the onset of symptoms are non-diagnostic for fracture
- MRI Lower Leg without contrast (CPT<sup>®</sup> 73718) for suspected shin splints when ALL of the following:
  - Initial plain x-ray
  - Failure of a 6-week trial of provider-directed conservative treatment
- For stress reaction, advanced imaging is not medically necessary for surveillance or "return to play" decisions regarding a stress reaction identified on an initial imaging study.

- MRI without contrast of the area of interest for stress fracture follow-up imaging for "return to play" evaluation at least 3 months after the initial imaging study for stress fracture.
- For periprosthetic fractures related to joint replacement see: <u>Post-Operative Joint</u> <u>Replacement Surgery (MS-16.1)</u>, <u>Shoulder (MS-19)</u>, <u>Elbow (MS-20)</u>, <u>Hip (MS-24)</u>, <u>Knee (MS-25)</u>, and <u>Ankle (MS-26)</u>.
   Other Indications (MS-5.3)
- CT or MRI without contrast after recent (within 30 days) plain x-ray if ONE of the following:
  - Concern for delayed union or non-union of fracture, osteotomy, or joint fusions.
  - Part of preoperative evaluation for a planned surgery of a complex fracture with or without dislocation.

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# Foreign Body (MS-6)

- Ultrasound (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882) or CT without contrast or MRI without and with contrast or MRI without contrast of the area of interest after plain x-rays rule out the presence of radiopaque foreign bodies.
  - Ultrasound (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882) is the preferred imaging modality for radiolucent (non-radiopaque) foreign bodies (e.g. wood, plastic).
  - CT without contrast is recommended when plain x-rays are negative and a radiopaque foreign body is still suspected, as CT is favored over MRI for the identification of foreign bodies.
  - MRI without and with contrast is an alternative to US and CT for assessing the extent of infection associated with a suspected foreign body.

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# Ganglion Cysts (MS-7)

- > Plain x-ray is the initial imaging study for ganglion cysts.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- MRI without contrast or MRI without and with contrast or US (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882) is appropriate for surgical planning.
- Advanced imaging is not indicated for ganglions that can be diagnosed by history and physical examination.

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Gout/Calcium Pyrophosphate Deposition Disease (CPPD)/	
Pseudogout/Chondrocalcinosis (MS-8)	
Gout-General (MS-8.1)	21
CPPD (Pseudogout /Chondrocalcinosis) – General (MS-8.2)	21

### Gout-General (MS-8.1)

- CT without contrast, MRI without contrast, or MRI without and with contrast of the area of interest is indicated when **BOTH** of the following are met:
  - Initial plain x-ray to rule out other potential disease processes
  - Infection or neoplasm is in the differential diagnosis for soft tissue tophi.

#### **Background and Supporting Information**

Early stages of gout can be diagnosed clinically since radiographic findings are not present early in the disease course

### CPPD (Pseudogout/Chondrocalcinosis)-General (MS-8.2)

Calcium pyrophosphate deposition disease (CPPD), also called pseudogout, can often be diagnosed from plain x-rays; advanced diagnostic imaging is generally not medically necessary.

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Infection/Osteomyelitis (MS-9)	
Infection – General (MS-9.1)	23
Septic Joint (MS-9.2)	23

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- > MRI without and with contrast after plain x-ray(s) and:
  - Plain x-ray(s) are negative or do not suggest alternative diagnoses such as neuropathic arthropathy or fracture, and soft tissue or bone infection (osteomyelitis) is suspected; or
  - Plain x-ray(s) are positive for osteomyelitis, and the extent of infection into the soft tissues and any skip lesions require evaluation.
- > CT without and with contrast can replace an MRI:
  - To assess the extent of bony destruction from osteomyelitis; CT can guide treatment decisions.
  - For preoperative planning
  - If MRI is contraindicated
- If MRI or CT cannot be done, and when infection is multifocal, or when the infection is associated with orthopedic hardware or chronic bone alterations from trauma or surgery:
  - FDG PET/CT (CPT<sup>®</sup> 78815 for multifocal infection, or CPT<sup>®</sup> 78811 for unifocal/limited area of interest)
  - At this time, FDG is the only indicated radiotracer for use with PET/CT in the imaging of musculoskeletal conditions.
- Individuals with suspected spinal infections
  - See: <u>Red Flag Indications (SP-1.2)</u> for advanced imaging guidelines
- Individuals with diabetic foot infections after plain x-ray(s)
  - See: Foot (MS-27) for advanced imaging guidelines

# Septic Joint (MS-9.2)

- MRI without and with contrast, MRI without contrast, CT without contrast, or CT with contrast of the affected joint is appropriate when standard or image-guided arthrocentesis is contraindicated, unsuccessful, or non-diagnostic, and the clinical documentation satisfies ALL of the following criteria:
  - History and physical examination findings [ONE of the following]:
    - Development of an acutely hot and swollen joint (<2 weeks)</li>
    - Decreased range of motion due to pain
    - Documented fever
  - Laboratory tests [ONE of the following]:
    - Leukocytosis
    - Elevated ESR or C-reactive protein
    - Analysis of the joint fluid is non-diagnostic
  - Plain x-ray of the joint
    - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- MRI without and with contrast, MRI without contrast, CT without contrast, or CT with contrast of the affected joint is appropriate after plain x-rays if the arthrocentesis is diagnostic and if there is a confirmed septic joint, to evaluate the extent of infection into the soft tissues and any skip lesions that would require evaluation.

 Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider

#### Background and Supporting Information

> Analysis of joint fluid is most often sufficient to diagnose a septic joint.

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Soft Tissue Mass or Lesion of	Bone (MS-10)
Soft Tissue Mass (MS-10.1)	26
Lesion of Bone (MS-10.2)	26

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## Soft Tissue Mass (MS-10.1)

- History and physical exam should include documentation of: location, size, duration, growing or stable, solid/cystic, fixed/not fixed to the bone, discrete or ill-defined, and an association with pain.
- Plain x-ray is indicated as the initial imaging study, with the exception of individuals with cancer predisposition syndrome.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- MRI without and with contrast or without contrast or US of the area of interest (CPT<sup>®</sup> 76881 or 76882) is appropriate when ANY of the following are met after plain x-ray:
  - Soft tissue mass(es)
  - Surgical planning
  - Known or suspected soft tissue mass in an individual with a cancer predisposition syndrome if a recent ultrasound is inconclusive. Plain x-ray is not required for these individuals. See <u>Screening Imaging in Cancer</u> <u>Predisposition Syndromes (PEDONC-2)</u> in the Pediatric Oncology Imaging Guidelines.
- CT with contrast or CT without and with contrast is appropriate when MRI is contraindicated or after a metal limiting MRI evaluation.
- > Advanced imaging is not indicated for:
  - Subcutaneous lipoma with no surgery planned
  - Ganglia, see: Ganglion Cysts (MS-7)
  - Sebaceous cyst

### Background and Supporting Information

Plain x-rays can determine if an advanced imaging procedure is indicated, and if so, which modality is most appropriate. If non-diagnostic, these initial plain x-rays can provide complementary information if advanced imaging is indicated.

### Lesion of Bone (MS-10.2)

- History and physical exam should include documentation of: location, size, duration, growing or stable, discrete or poorly defined, and an association with pain.
- Complete radiograph of the entire bone containing the lesion of bone is required prior to consideration of advanced imaging. Many benign bone tumors have a characteristic appearance on plain x-ray and advanced imaging is not necessary.
- MRI without and with contrast, MRI without contrast, or CT without contrast may be indicated if ONE of the following applies:
  - Diagnosis uncertain based on plain x-ray appearance.
  - Imaging requested for preoperative planning.
- MRI without and with contrast or without contrast is appropriate when plain x-ray reveals an osteochondroma with clinical concern of malignant transformation.

- > For Paget's Disease:
  - Bone scan OR
  - MRI (contrast as requested) can be considered if the diagnosis (based on plain x-rays and laboratory studies) is in doubt OR
  - MRI (contrast as requested) can be considered if malignant degeneration, which occurs in up to 10% of cases, is suspected.

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Muscle/Tendon Unit Injuries/Diseases (MS-1	1)
Muscle/Tendon Unit Injuries/Diseases (MS-11.1)	29
Acute Compartment Syndrome (MS-11.2)	29
Chronic Exertional Compartment Syndrome (MS-11.3)	29

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## Muscle/Tendon Unit Injuries/Diseases (MS-11.1)

- > Plain x-ray is the initial imaging study for muscle/tendon unit injuries.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- MRI without contrast or US (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882) for EITHER of the following:
  - Suspected partial tendon rupture of a specific (named) tendon.
  - Complete tendon rupture of a specific named tendon for preoperative planning.
- > MRI is not medically necessary for muscle belly strains/muscle tears.
- See: <u>Shoulder (MS-19)</u> for clinical suspicion of a partial or complete rotator cuff tear.
- See: Inflammatory Muscle Diseases (PN-6.2) in the Peripheral Nerve Disorders Imaging Guidelines and Inflammatory Muscle Diseases (PEDMS-10.3) in the Pediatric Musculoskeletal Imaging Guidelines.

### Acute Compartment Syndrome (MS-11.2)

Advanced imaging is not indicated. Diagnosis is made clinically and by direct measurement of compartment pressure and is a surgical emergency.

#### Background and Supporting Information

Noninvasive methods of measuring compartment pressures and diagnosing acute compartment syndrome are under study, but are currently experimental, investigational, and unproven.

### Chronic Exertional Compartment Syndrome (MS-11.3)

- Advanced imaging should only be considered when ruling out other potential causes of extremity pain following a plain x-ray and conservative treatment as indicated.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider

### Background and Supporting Information

Direct measurement of compartment pressure remains the diagnostic standard. Noninvasive methods of measuring compartment pressures and diagnosing chronic exertional compartment syndrome are under study, but are currently experimental, investigational, and unproven.

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Osteoarthritis (MS-12)	
Osteoarthritis (MS-12.1)	32
Treatment Planning (Non-Surgical and Surgical, Other Than Joint	
Replacement) (MS-12.2)	32
Imaging Prior to Non-Customized-to-Patient Joint Replacement	
Surgery/Not for intraoperative Navigation (MS-12.3)	32
Customized-to-Patient Joint Replacement Surgery/Intraoperative	
Navigation (MS-12.4)	33

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### Osteoarthritis (MS-12.1)

- > Plain x-ray is the initial imaging study for osteoarthritis
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider

### Background and Supporting Information

Plain x-rays are performed initially and will reveal characteristic joint space narrowing, osteophyte formation, cyst formation, and subchondral sclerosis.

Treatment Planning (Non-Surgical and Surgical, Other Than Joint Replacement) (MS-12.2)

- Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider, unless otherwise specified below.
- > CT without contrast is appropriate when ALL of the following apply:
  - Requested for treatment planning, AND
  - Congenital or significant atypical post-traumatic arthritic deformities are identified on plain x-ray, AND
  - The aforementioned deformities require further evaluation of their clinical significance, AND
  - The request is related to the shoulder, elbow, wrist, hip, knee, or ankle
- MRI Knee without contrast (CPT<sup>®</sup> 73721) is appropriate in an individual with osteoarthritis for clinical suspicion of a symptomatic degenerative meniscus tear following plain x-rays and conservative treatment. See: <u>Knee (MS-25)</u>
- MRI arthrogram or CT arthrogram is appropriate when joint sparing/salvage reconstructive surgery is planned for the following:
  - Suspected concomitant rotator cuff tear of the shoulder See: <u>Shoulder (MS-19)</u>
  - Suspected concomitant labral tear of the shoulder See: Shoulder (MS-19)
  - Suspected concomitant labral tear of the hip See: <u>Hip (MS-24)</u>
- Suspected concomitant internal derangement of the knee See: <u>Knee (MS-25)</u> <u>Imaging Prior to Non-Customized-to-Patient Joint Replacement</u> <u>Surgery/Not for intraoperative Navigation (MS-12.3)</u>
- The following imaging studies are appropriate per the listed criteria after plain x-ray has been performed
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
    - CT Shoulder without contrast (CPT<sup>®</sup> 73200) and/or MRI Shoulder without contrast (CPT<sup>®</sup> 73221) are considered medically necessary for preoperative planning prior to shoulder replacement

For the clinical imaging criteria regarding preoperative joint replacement surgery for each anatomic area, refer to the anatomic area tables:

- Shoulder (MS-19)
- Elbow (MS-20)
- Wrist (MS-21)
- Hip (MS-24)
- Knee (MS-25)
- Ankle (MS-26)

### Customized-to-Patient Joint Replacement Surgery/Intraoperative Navigation (MS-12.4)

- The following imaging studies are appropriate per the listed criteria after plain x-ray has been performed
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- > CT without contrast or MRI without contrast of the shoulder, elbow, wrist, hip, knee,
  - or ankle is appropriate\* when the request is for:
  - Treatment planning for customized-to-patient joint replacement surgery, OR
  - Surgical planning using intraoperative navigation for joint replacement surgery (e.g. MAKOplasty)

AND

- The joint replacement surgery has been approved or does not require prior authorization
- \*The preoperative imaging listed above is considered not medically necessary if any of the following are deemed not medically necessary, not a covered benefit, or experimental, investigational, or unproven by the health plan:
  - Joint replacement surgery
  - Customized-to-patient implant
  - Computer assisted surgical navigation (e.g. MAKOplasty)

- Mintz DN, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Chronic Hip Pain. Am Coll Radiol (ACR); Revised: 2016. https://acsearch.acr.org/docs/69425/Narrative/.
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- Griffin LY. Essentials of Musculoskeletal Care. 3<sup>rd</sup> edition. Rosemont, IL: American Academy of Orthopaedic Surgeons; 2005:84.
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- Braun HJ, Gold GE. Diagnosis of osteoarthritis: imaging. *Bone.* 2012;51(2):278–288. doi:10.1016/j.bone.2011.11.019.

# Chondral/Osteochondral Lesions (MS-13)

- MRI without contrast, MRI with contrast (arthrogram), or CT with contrast (arthrogram) of the area of interest with EITHER of the following:
  - Plain x-rays are negative and an osteochondral fracture is still suspected
  - Plain x-ray and clinical exam suggest an unstable osteochondral injury
- > See: Ankle (MS-26) for suspected osteochondral injury of the ankle
- See: Elbow (MS-20) for suspected osteochondral injury of the elbow
- If plain x-rays show a non-displaced osteochondral fragment, follow-up imaging should be with plain x-rays. Advanced imaging is not necessary.
- MRI without contrast or CT without contrast is indicated when healing (including post-operative fixation) cannot be adequately assessed on follow-up plain x-rays.

- 1. Bridges MD, Berland LL, Cernigliaro JG, et al. ACR Practice Guideline. ACR-SSR Practice Guideline for the Performance and Interpretation of Magnetic Resonance Imaging (MRI). *Am Coll Radiol (ACR)*. 2017. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-perf-interpret.pdf?la=en.
- Bennett DL, Nelson JW, Weissman BN, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Nontraumatic Knee Pain. Am Coll Radiol (ACR); 2012. Last Review: 2018. https://acsearch.acr.org/docs/69432/Narrative/.
- 3. Rubin DA, Anderson MW, Hastreiter DM, et al. ACR Practice Guideline. ACR-SSR Practice Guideline for the Performance and Interpretation of Magnetic Resonance Imaging (MRI) of the elbow. *Am Coll Radiol (ACR)*. Revised 2021. https://www.acr.org/-/media/ACR/Files/Practice-Parameters/mr-elbow.pdf?la=en.

# Osteoporosis (MS-14)

- Plain x-ray is not required for <u>Osteoporosis (MS-14)</u>.
- Quantitative CT (CPT<sup>®</sup> 77078) can be approved for screening when DXA scanner is unavailable or known to be inaccurate for ANY of the following populations:
  - Women age ≥65 years
  - Postmenopausal women younger than 65 years who are at increased risk of osteoporosis, as determined by a formal clinical risk assessment tool (e.g., FRAX\*)
  - Man, age >50 years with at least one factor related to an increased risk of osteoporosis (i.e., age >70, low body weight, weight loss >10%, physical inactivity, corticosteroid use, androgen deprivation therapy, hypogonadism and previous fragility fracture)

\*Fracture Risk Assessment (FRAX) tool, developed by the World Health Organization (Sheffield, United Kingdom)

**Note**: Repeat screening quantitative computed tomography (QCT) can be approved no sooner than every two years

- Quantitative CT scan (CPT<sup>®</sup> 77078) can be approved for non-screening/monitoring when DXA scanner is unavailable or known to be inaccurate for ANY of the following circumstances:
  - Follow-up in cases where QCT was the original study
  - Multiple healed vertebral compression fractures
  - Significant scoliosis
  - Advanced arthritis of the spine due to increased cortical sclerosis often with large marginal osteophytes.
  - Obese individual over the weight limit of the dual-energy x-ray absorptiometry (DXA) exam table
  - Severely obese individuals (BMI >35kg/m2)
  - Extremes in body height (i.e. very large and very small individuals)
  - Individuals with extensive degenerative disease of the spine
  - A clinical scenario that requires sensitivity to small changes in trabecular bone density (parathyroid hormone and glucocorticoid treatment monitoring).

**Note**: Repeat non-screening/monitoring QCT can be approved no earlier than one year following a change in treatment regimen, and only when the results will directly impact a treatment decision.

- American Association of Clinical Endocrinologists (AACE) Menopause Guidelines Revision Task Force. American Association of Clinical Endocrinologists medical guidelines for clinical practice for the diagnosis and treatment of postmenopausal osteoporosis. *Endocr Pract.* 2016;22(Suppl 4):1-42. https://www.aace.com/files/postmenopausal-guidelines.pdf.
- Coleman F, de Buer SJ, LeBoff MS, et al. National Osteoporosis Foundation (NOF). Clinician's guide to prevention and treatment of osteoporosis. *Osteoporos Int.* 2014;25(10):2359–2381. doi:10.1007/s00198-014-2794-2.
- 3. U.S. Preventive Services Task Force (USPSTF). Final Recommendation Statement Osteoporosis: Screening. January 2011.
- Ward RJ, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Osteoporosis and Bone Mineral Density. Am Coll Radiol (ACR); Revised 2022. https://acsearch.acr.org/docs/69358/Narrative/.
# Rheumatoid Arthritis (RA) and Inflammatory Arthritis (MS-15)

Rheumatoid Arthritis (RA) and Inflammatory Arthritis (MS-15.1)	38
Pigmented Villonodular Synovitis (PVNS) (MS-15.2)	38

## Rheumatoid Arthritis (RA) and Inflammatory Arthritis (MS-15.1)

- Plain x-ray, physical exam and appropriate laboratory studies\* are required prior to advanced imaging
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- MRI without contrast or MRI without and with contrast or US (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882) is appropriate for the most symptomatic joint, or of the dominant hand or wrist, in ALL the following situations:
  - When diagnosis is uncertain prior to initiation of drug therapy.
  - To study the effects of treatment with disease modifying anti-rheumatic drug (DMARD) therapy.
  - To identify seronegative RA individuals that might benefit from early DMARD therapy.
  - To determine change in treatment, such as:
    - Switching from standard DMARD therapy to tumor necrosis factor (TNF) therapy.
    - Changing to a different TNF drug therapy, then one MRI (contrast as requested) of a single joint can be performed.
    - Addition of other treatments, including joint injections
- > MRI or US should NOT be considered for routine follow-up of treatment.

### Background and Supporting Information

\*Examples of appropriate laboratory studies may include Lyme titers, rheumatoid factor (RF), anti-cyclic citrullinated peptide (anti-CCP), sedimentation rate (ESR), Creactive protein (CRP), and antinuclear antibody (ANA)], joint fluid analysis

### Pigmented Villonodular Synovitis (PVNS) (MS-15.2)

- MRI of the affected joint without contrast, or CT of the affected joint with contrast (arthrogram) if MRI contraindicated following plain x-rays.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider

- Rubin DA, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Chronic Wrist Pain. Am Coll Radiol (ACR); Revised: 2017. https://acsearch.acr.org/docs/69427/Narrative/.
- Luchs JS, Flug JA, Weissman BN, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Chronic Ankle Pain. Am Coll Radiol (ACR); Date of Origin: 1998. Revised: 2017. https://acsearch.acr.org/docs/69422/Narrative/.
- Hayes CW, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Chronic Elbow Pain. Am Coll Radiol (ACR); Date of Origin: 1998. Revised: 2022. https://acsearch.acr.org/docs/69423/Narrative/.
- Jacobson JA, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Chronic Extremity Joint Pain-Suspected Inflammatory Arthritis. Am Coll Radiol (ACR); New: 2016. https://acsearch.acr.org/docs/3097211/Narrative/.
- Wise JN, Weissman BN, Appel M, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Chronic Foot Pain. Am Coll Radiol (ACR); Date of Origin: 1998. Revised: 2020. https://acsearch.acr.org/docs/69424/Narrative/.
- Mintz DN, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Chronic Hip Pain. Am Coll Radiol (ACR); Revised: 2016. https://acsearch.acr.org/docs/69425/Narrative/.
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- 13. Cohen SB, Potter H, Deodhar A, et al. Extremity magnetic resonance imaging in rheumatoid arthritis: updated literature review. Arthritis Care & Research. 2011;63(5):660-665. doi:10.1002/acr.20413.
- 14. Singh JA, Furst DE, Bharat A, et al. 2012 update of the 2008 American College of Rheumatology recommendations for the use of disease-modifying antirheumatic drugs and biologic agents in the treatment of rheumatoid arthritis. Arthritis Care & Research. 2012;64(5):625-639. doi:10.1002/acr.21641.
- Saag KG, Teng GG, Patkar NM, et al. American College of Rheumatology 2008 recommendations for the use of nonbiologic and biologic disease-modifying antirheumatic drugs in rheumatoid arthritis. Arthritis & Rheumatism (Arthritis Care & Research). 2008;59:762-784. doi:10.1002/art.23721.

## Post-Operative Joint Replacement Surgery (MS-16)

- > CT without contrast with ALL of the following:
  - Recent plain x-ray is nondiagnostic
  - Suspected aseptic loosening of orthopaedic joint replacements
    - CT Shoulder without contrast (CPT<sup>®</sup> 73200) can be performed as additional imaging following plain x-rays regardless of plain x-ray findings. See: <u>Shoulder (MS-19)</u>
      - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- > CT without contrast with ALL of the following:
  - Negative plain x-ray
  - High suspicion for a periprosthetic fracture
    - CT Shoulder without contrast (CPT<sup>®</sup> 73200) can be performed as additional imaging following plain x-rays regardless of plain x-ray findings. See: <u>Shoulder (MS-19)</u>
      - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- Joint aspiration is the initial evaluation after plain x-ray for a painful joint replacement when periprosthetic infection is suspected.
  - Results of plain x-rays performed after the current episode of symptoms started or changed need to be available to the requesting provider
- MRI Hip without contrast (CPT<sup>®</sup> 73721) or Ultrasound (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882) for EITHER of the following:
  - Diagnosis of ALVAL (aseptic lymphocytic-dominated vasculitis-associated lesion) pseudotumors surrounding metal-on-metal (MoM) hip prostheses. One of these two imaging modalities can be approved but not both. See: <u>Soft Tissue Mass or</u> <u>Lesion of Bone (MS-10)</u>
  - Metal-On-Metal (MoM) Hip Prostheses that are considered high risk for implant performance issues from THA (Total hip arthroplasty) cup-neck impingement and subsequent ALTR (adverse local tissue reaction) with Co and Cr ion levels greater than 10 ppb.
- > CT Hip without contrast (CPT<sup>®</sup> 73700) or MRI Hip without contrast (CPT<sup>®</sup> 73721):
  - Evaluate suspected particle disease (aggressive granulomatous disease) of the hip when infection has been excluded.
- > For specific joints post-operative from replacement surgery:
  - See: Shoulder (MS-19)
  - See: Elbow (MS-20)
  - See: <u>Hip (MS-24)</u>
  - See: Knee (MS-25)
  - See: <u>Ankle (MS-26)</u>

### Background and Supporting Information

Complications following joint replacement surgery include (not limited to) periprosthetic fracture, infection, aseptic loosening, failure of fixation/component malposition, and wear.

- Mintz DN, Roberts CC, Bencardino JT, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Chronic Hip Pain. *Am Coll Radiol (ACR);* Revised: 2016. https://acsearch.acr.org/docs/69425/Narrative/.
- Hochman MG, Melenevsky YV, Metter DF, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Imaging After Total Knee Arthroplasty. Am Coll Radiol (ACR); Revised: 2017. https://acsearch.acr.org/docs/69430/Narrative/.
- Gyftopoulos S, Rosenberg ZS, Roberts CC, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Imaging After Shoulder Arthroplasty. Am Coll Radiol (ACR); Date of Origin: 2016. Revised: 2021. https://acsearch.acr.org/docs/3097049/Narrative/.
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- Love C, Marwin SE, Tomas MB, et al. Diagnosing infection in the failed joint replacement: A comparison of coincidence detection 18F-FDG and 111In-labeled leukocyte/99mTc-sulfur colloid marrow imaging. J Nucl Med. 2004;45(11):1864-1871.
- 6. Nawabi DH, Gold S, Lyman SL, et al. MRI predicts ALVAL and tissue damage in metal-on-metal hip arthroplasty. *Clin Orthop Relat Res.* 2014;472(2):471-481. doi:10.1007/s11999-013-2788-y.
- 7. Verberne SJ, Raijmakers PG, and Temmerman OP. The accuracy of imaging techniques in the assessment of periprosthetic hip infection: a systematic review and meta-analysis. *J Bone Joint Surg Am.* 2016;98(19):1638-45. doi:10.2106/JBJS.15.00898.

# Limb Length Discrepancy (MS-17)

Either plain radiographic or "CT scanogram," both reported with CPT<sup>®</sup> 77073, is appropriate to radiographically evaluate limb length discrepancy due to congenital anomalies, acquired deformities, growth plate (physeal injuries or surgery), or inborn errors of metabolism.

### Reference

1. Leitzes A, Potter HG, Amaral T, et. al. Reliability and accuracy of MRI scanogram in the evaluation of limb length discrepancy. *J Pediatr Orthop.* 2005;25(6):747-749.

## Anatomical Area Tables – General Information (MS-18)

The imaging guidelines for each anatomical area are presented in table format. The table below includes a description of how each column header should be utilized for each guideline **Shoulder (MS-19)** through **Foot (MS-27)**.

After an **initial plain x-ray has been obtained**, and **results are available to the provider**, the following advanced imaging is indicated (as described in <u>General Guidelines (MS-1.0)</u>)

<b>Condition</b> (Individual's Condition)	Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re-evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> Additional comments related to the condition.
-------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------

Shoulder (MS-19)				
After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-1.0)</u> )				
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)		
General Shoulder	Yes	MRI Shoulder without contrast (CPT <sup>®</sup> 73221) OR		
Falli		<ul> <li>US Shoulder (CP1® 76881 or CP1® 76882) OR</li> <li>CT Shoulder with contrast (arthrogram) (CPT® 73201) if MRI contraindicated</li> </ul>		
Symptomatic Loose Bodies	No	<ul> <li>MRI Shoulder without contrast (CPT<sup>®</sup> 73221)</li> </ul>		
Impingement	Yes	<ul> <li>MRI Shoulder without contrast (CPT® 73221) OR</li> <li>MRI Shoulder with contrast (arthrogram) (CPT® 73222) OR</li> <li>US Shoulder (CPT® 76881 or CPT® 76882)</li> <li>CT Shoulder with contrast (CPT® 73201) if MRI is contraindicated</li> </ul>		
Tendonitis/ Bursitis	Yes	<ul> <li>MRI Shoulder without contrast (CPT<sup>®</sup> 73221) OR</li> <li>US Shoulder (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>		
Tendon Rupture (Biceps Long Head)	No	<ul> <li>When clinical exam is inconclusive due to inability to visualize a "Popeye" sign clinically, or for preoperative planning:</li> <li>MRI Shoulder without contrast (CPT<sup>®</sup> 73221) OR</li> <li>US Shoulder (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>		
Tendon Rupture (Pectoralis Major/Minor)	No	<ul> <li>When clinical exam is inconclusive or for preoperative planning:</li> <li>MRI Shoulder without contrast (CPT<sup>®</sup> 73221) OR</li> <li>MRI Chest without contrast (CPT<sup>®</sup> 71550) OR</li> <li>US Shoulder (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>		

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-1.0)</u> )				
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)	
Cuff Tear (Complete and Partial)	163	<ul> <li>With Shoulder without contrast (CPT<sup>®</sup> 73221) OR</li> <li>MRI Shoulder with contrast</li> </ul>	required with an acute shoulder injury prior to the onset of symptoms and consideration of surgery.If surgery is being	
		<ul> <li>(arthrogram)</li> <li>(CPT<sup>®</sup> 73222) OR</li> <li>US Shoulder</li> <li>(CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882) OR</li> <li>CT Shoulder with contrast</li> <li>(arthrogram)</li> <li>(CPT<sup>®</sup> 73201) if MRI is</li> </ul>	considered, MRI without contrast, MRI with contrast (arthrogram), or CT arthrogram are required per <u>CMM-315: Shoulder Surgery-</u> <u>Arthroscopic and Open</u> <u>Procedures</u> .	
Partial Tendon Rupture (Excluding Partial Rotator Cuff Tears)	No	<ul> <li>For a suspected partial tendon rupture of a specific named tendon not otherwise specified:</li> <li>MRI Shoulder without contrast (CPT® 73221) OR</li> <li>US Shoulder (CPT® 76881 or CPT®</li> </ul>	MRI is <i>NOT</i> needed for muscle belly strains/muscle tears.	

After an <b>initial pla</b> the following adva	ain x-ray has bee anced imaging is	en obtained, and resul indicated (as described	<b>Its are available to the provider</b> , d in <u>General Guidelines <b>(MS-1.0</b>)</u> )
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Complete Rupture – Tear of a Specific Named Tendon	No	<ul> <li>For preoperative planning:</li> <li>MRI Shoulder without contrast (CPT<sup>®</sup> 73221) OR</li> <li>US Shoulder (CPT<sup>®</sup> 76881 or 76882)</li> </ul>	
Shoulder Labral Tear (e.g., SLAP, ALPSA, HAGL)	Yes	<ul> <li>MRI Shoulder with contrast (arthrogram) (CPT<sup>®</sup> 73222) OR</li> <li>MRI Shoulder without contrast (CPT<sup>®</sup> 73221) OR</li> <li>CT Shoulder with contrast (arthrogram) (CPT<sup>®</sup> 73201)</li> </ul>	For surgery criteria, see: <u>CMM-315: Shoulder Surgery-</u> <u>Arthroscopic and Open</u> <u>Procedures</u> .

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-1.0)</u> )				
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)	
Dislocation/ Subluxation/ Instability, or Bankart/ Hill- Sachs lesions		<ul> <li>Individuals 40 years of age or younger with a first time dislocation, and in individuals with recurrent dislocations, conservative treatment not required:</li> <li>MRI Shoulder with contrast (arthrogram) (CPT<sup>®</sup> 73222) OR</li> <li>MRI Shoulder without contrast (CPT<sup>®</sup> 73221)</li> <li>CT Shoulder with contrast (arthrogram) (CPT<sup>®</sup> 73201) or CT Shoulder without contrast (CPT<sup>®</sup> 73201) or CT Shoulder without contrast (CPT<sup>®</sup> 73200) if MRI is contraindicated</li> </ul>	required in individuals over age 40 with a first time dislocation. For surgery criteria, see: <u>CMM-</u> <u>315: Shoulder Surgery-</u> <u>Arthroscopic and Open</u> <u>Procedures.</u>	
Frozen Shoulder/ Adhesive Capsulitis	Yes	<ul> <li>MRI Shoulder without contrast (CPT<sup>®</sup> 73221).</li> </ul>	For surgery criteria, see: <u>CMM-</u> <u>310: Manipulation Under</u> <u>Anesthesia</u> and <u>CMM-315:</u> <u>Shoulder Surgery-Arthroscopic</u>	

After an <b>initial pla</b> the following adva	ain x-ray has been anced imaging is	en obtained, and resul indicated (as described	ts are available to the provider, I in <u>General Guidelines (MS-1.0)</u> )
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Avascular	No	> See: AVN (MS-	
Necrosis (AVN)		4.1)	
of the Humeral Head			
Acromio-	No	MRI Shoulder with	u out contrast (CPT <sup>®</sup> 73221) to rule
clavicular (AC)	-	out possible rotator	cuff tear following AC separation
Separation			
Sterno-clavicular	No	CT Chest without of SC dislocation is or	ontrast (CPT <sup>®</sup> 71250) if posterior
Post-Operative	Yes	<ul> <li>In symptomatic</li> </ul>	
Shoulder Surgery		individuals:	
for Impingement,		<ul> <li>MRI Shoulder</li> </ul>	
Tear and/or		without	
Labral Tear		(CPT <sup>®</sup> 73221)	
		OR	
		<ul> <li>MRI Shoulder</li> </ul>	
		with contrast	
		(arthrogram) (CPT <sup>®</sup> 73222)	
		<ul> <li>US Shoulder</li> </ul>	
		(CPT <sup>®</sup> 76881 or	
		CPT <sup>®</sup> 76882) is	
		in symptomatic	
		individuals	
		following rotator	
		cuff repair	
		CI Shoulder with contrast	
		(arthrogram)	
		(CPT <sup>®</sup> 73201) if	
		MRI ´	
		contraindicated	

After an <b>initial pla</b> the following adv	ain x-ray has bee anced imaging is	en obtained, and resul indicated (as described	Its are available to the provider, d in <u>General Guidelines (MS-1.0)</u> )
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Preoperative Shoulder (Glenohumeral) Replacement Surgery	Yes	CT Shoulder without contrast (CPT <sup>®</sup> 73200) and/or MRI Shoulder without contrast (CPT <sup>®</sup> 73221) for preoperative planning prior to shoulder replacement	See: <u>Osteoarthritis (MS-12)</u> For joint surgery criteria, see: <u>CMM-318: Shoulder</u> <u>Arthroplasty/ Arthrodesis</u>

Post-Operative	No		For suspected	See: Post-Operative Joint
Shoulder			aseptic loosening	Replacement Surgery (MS-16)
(Glenohumeral)			or fracture as	
Replacement			additional	
Surgery			imaging following	
			plain x-rays:	
			<ul> <li>CT Shoulder</li> </ul>	
			without	
			contrast	
			(CPT <sup>®</sup> 73200)	
			OR	
			MIRI Shoulder	
			without	
			$(CDT^{\mathbb{R}} 73221)$	
			(CI 1 73221) OR	
			<ul> <li>US Shoulder</li> </ul>	
			(CPT <sup>®</sup> 76881	
			or 76882)	
		>	For suspected	
			infection with	
			negative or	
			inconclusive joint	
			aspiration culture:	
			without	
			contrast	
			(CPT <sup>®</sup> 73321)	
			OR	
			MRI Shoulder	
			with contract	
			(CPT <sup>®</sup> 73223)	
			OR OR	
			<ul> <li>CT Shoulder</li> </ul>	
			with contrast	
			(CPT <sup>®</sup> 73201)	
			or 76882)	
			For possible	
			rotator cuff tear:	
			<ul> <li>CT Shoulder</li> </ul>	
			with contrast	
			(arthrogram)	
			(CPT <sup>®</sup> 73201)	
			OR	
			<ul> <li>MIRI Shoulder</li> <li>with out</li> </ul>	
			WITNOUT	
			CONTR	
			73221) OR	

After an <b>initial pla</b> the following adv	ain x-ray has bee anced imaging is	en obtained, and resul indicated (as described	ts are available to the provider, I in <u>General Guidelines (MS-1.0)</u> )
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
		<ul> <li>US Shoulder (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> <li>For possible nerve injury:</li> <li>MRI Shoulder without contrast (CPT<sup>®</sup> 73221) OR</li> <li>US Shoulder (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>	

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	Elbo	w (MS-20)	
After an <b>initial  </b> the following a	plain x-ray has been ob dvanced imaging is indic	otained, and results a cated (as described in <u>1.0)</u> )	are available to the provider, <u>General Guidelines (MS-</u>
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
General Elbow Pain	Yes	<ul> <li>MRI Elbow without</li> <li>US Elbow (CPT<sup>®</sup>)</li> </ul>	ut contrast (CPT <sup>®</sup> 73221) OR 76881 or 76882)
Symptomatic Loose Bodies	No	<ul> <li>MRI Elbow witho</li> <li>MRI Elbow with c 73222) OR</li> <li>CT Elbow withou</li> <li>CT Elbow with cc 73201)</li> </ul>	ut contrast (CPT <sup>®</sup> 73221) OR contrast (arthrogram) (CPT <sup>®</sup> t contrast (CPT <sup>®</sup> 73200) OR ontrast (arthrogram) (CPT <sup>®</sup>
Tendonitis	Yes	<ul> <li>MRI Elbow without Selbow (CPT<sup>®</sup>)</li> </ul>	ut contrast (CPT <sup>®</sup> 73221) OR 76881 or CPT <sup>®</sup> 76882)_
Bursitis	Yes	<ul> <li>MRI Elbow withou 73223) OR</li> <li>MRI Elbow withou</li> <li>US Elbow (CPT<sup>®</sup>)</li> </ul>	ut and with contrast (CPT <sup>®</sup> ut contrast (CPT <sup>®</sup> 73221) OR 76881 or CPT <sup>®</sup> 76882)

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )				
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)	
Lateral (tennis elbow) or Medial (golfer's elbow) Epicondylitis	Yes	<ul> <li>To confirm clinical diagnosis of epicondylitis if symptoms persist for longer than 6 months despite at least 6 weeks conservative treatment in the last 3 months:</li> <li>MRI Elbow without contrast (CPT<sup>®</sup> 73221) OR</li> <li>US Elbow (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>	Epicondylitis, caused by tendon degeneration and tear of the common extensor tendon laterally or of the common flexor tendon medially, is a common clinical diagnosis for which imaging is not medically necessary except as noted.	

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <b>1.0</b> ))			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Suspected Osteochondral Injury	No	<ul> <li>If plain x-rays are negative and an osteochondral fracture is still suspected:</li> <li>MRI Elbow without contrast (CPT<sup>®</sup> 73221) OR</li> <li>MRI Elbow with contrast (arthrogram ) (CPT<sup>®</sup> 73222) OR</li> <li>CT Elbow without contrast (CPT<sup>®</sup> 73200) OR</li> <li>CT Elbow with contrast (CPT<sup>®</sup> 73200) OR</li> <li>CT Elbow with contrast (arthrogram ) (CPT<sup>®</sup> 73201)</li> </ul>	See: Chondral/ Osteochondral Lesions (MS- 13) for other osteochondral injury scenarios
Ruptured Biceps Insertion at Elbow	No	<ul> <li>When clinical exapreoperative plan</li> <li>MRI Elbow w</li> <li>US Elbow (Clinical example)</li> </ul>	am is inconclusive or for ining: ithout contrast (CPT <sup>®</sup> 73221) OR PT <sup>®</sup> 76881 or CPT <sup>®</sup> 76882)
Ruptured Triceps Insertion at Elbow	No	<ul> <li>When clinical exapreoperative plan</li> <li>MRI Elbow w</li> <li>US Elbow (Clinical example)</li> </ul>	am is inconclusive or for ining: ithout contrast (CPT <sup>®</sup> 73221) OR PT <sup>®</sup> 76881 or CPT <sup>®</sup> 76882)

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Partial Tendon Rupture	No	<ul> <li>For a suspected partial tendon rupture of a specific named tendon not otherwise specified:</li> <li>MRI Elbow without contrast (CPT<sup>®</sup> 73221) OR</li> <li>US Elbow (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>	MRI is <i>NOT</i> needed for muscle belly strains/muscle tears.
Complete Rupture – Tear of a Specific Named Tendon	No	<ul> <li>For preoperative planning:</li> <li>MRI Elbow without contrast (CPT<sup>®</sup> 73221) OR</li> <li>US Elbow (CPT<sup>®</sup> 76881 or 76882)</li> </ul>	
Trauma	No	<ul> <li>When surgery is</li> <li>MRI Elbow w</li> <li>CT Elbow wit</li> </ul>	being considered: ithout contrast (CPT <sup>®</sup> 73221) OR hout contrast (CPT <sup>®</sup> 73200)

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Ulnar Collateral Ligament (UCL) Tear	No	<ul> <li>Following acute of throwing athletes</li> <li>MRI Elbow wit 73222) OR</li> <li>MRI Elbow wit</li> <li>US Elbow (CI</li> <li>CT Elbow wit 73201)</li> </ul>	or repetitive (including overhead ) elbow trauma: ith contrast (arthrogram) (CPT <sup>®</sup> ithout contrast (CPT <sup>®</sup> 73221) OR PT <sup>®</sup> 76881 or CPT <sup>®</sup> 76882) OR h contrast (arthrogram) (CPT <sup>®</sup>
Suspected Nerve Abnormality	NA	<ul> <li>This condition is imaged according to the criteria found in the Peripheral Nerve Disorder Guidelines. See: <u>Focal</u> <u>Neuropathy</u> (PN-2) in the Peripheral Nerve Disorders Imaging Guidelines</li> </ul>	

After an <b>initial p</b> the following ac	After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)	
Post-Operative	Yes	<ul> <li>CT Elbow without contrast (CPT<sup>®</sup> 73200) in symptomatic post-operative individuals following surgical treatment of complex fractures; OR</li> <li>MRI Elbow without contrast (CPT<sup>®</sup> 73221) in symptomatic post-operative individuals following soft- tissue surgery</li> </ul>		
Preoperative Elbow Replacement Surgery	Yes	CT Elbow without contrast (CPT <sup>®</sup> 73200) for preoperative planning prior to elbow replacement when congenital or post-traumatic deformities exist	See: Osteoarthritis (MS-12)	

After an <b>initial p</b> the following ac	blain x-ray has been ob dvanced imaging is indic	tained, and results a ated (as described in <u>1.0)</u> )	are available to the provider, <u>General Guidelines (MS-</u>
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Post-Operative Elbow Replacement Surgery	No	<ul> <li>For suspected aseptic loosening or periprosthetic fracture when recent plain x-ray is nondiagnostic:</li> <li>CT Elbow without contrast (CPT® 73200)</li> <li>For suspected infection with negative or inconclusive joint aspiration culture:</li> <li>MRI Elbow without contrast (CPT® 73221) OR</li> <li>MRI Elbow without and with contrast (CPT® 73223) OR</li> <li>CT Elbow with contrast (CPT® 73223) OR</li> <li>CT Elbow without and with contrast (CPT® 73223) OR</li> <li>CT Elbow without and with contrast (CPT® 73223) OR</li> <li>CT Elbow with contrast (CPT® 73223) OR</li> <li>CT Elbow with contrast (CPT® 73201)</li> <li>US Elbow (CPT® 76881 or 76882)</li> </ul>	

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Wrist (MS-21)			
After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	
General Wrist Pain	Yes	<ul> <li>MRI Wrist without contrast (CPT<sup>®</sup> 73221) OR</li> <li>US Wrist (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>	
Tendonitis	Yes	<ul> <li>MRI Wrist without contrast (CPT®73221) OR</li> <li>US Wrist (CPT® 76881 or CPT® 76882)</li> </ul>	
Kienbock's Disease (Avascular Necrosis (AVN) of the Lunate)/ Preiser's Disease (Avascular Necrosis (AVN) of the Scaphoid)	No	See: <u>AVN (MS-</u> <u>4.1)</u>	
Suspected Navicular/ Scaphoid Fracture	No	<ul> <li>When suspected based on history and physical exam:</li> <li>MRI Wrist without contrast (CPT® 73221) OR</li> <li>CT Wrist without contrast (CPT® 73200)</li> </ul>	
Distal Radioulnar Joint (DRUJ) Instability	No	<ul> <li>CT Both Wrists without contrast (CPT<sup>®</sup> 73200) (should include wrists in supination and pronation)</li> </ul>	
Complex Distal Radius/ Ulna Fracture	No	<ul> <li>CT Wrist without contrast (CPT<sup>®</sup> 73200)</li> </ul>	

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Carpal Tunnel Syndrome/ Ulnar Tunnel Syndrome	NA	<ul> <li>This condition is imaged according to the criteria found in the Peripheral Nerve Disorder Guidelines. See:</li> <li>Focal Neuropathy (PN- 2) in the Peripheral Nerve Disorders Imaging Guidelines</li> </ul>	
Intrinsic Ligament (e.g. scapholunate)/Tri angular Fibrocartilage Complex (TFCC) Injuries	Yes	<ul> <li>MRI Wrist with cont OR</li> <li>CT Wrist with contra</li> </ul>	trast (arthrogram) (CPT® 73222) ast (arthrogram) (CPT® 73201)
Complete Rupture – Tear of a Specific Named Tendon	No	<ul> <li>For preoperative pla</li> <li>MRI Wrist without the US Wrist (CPT<sup>®</sup>)</li> </ul>	anning: out contrast (CPT <sup>®</sup> 73221) OR <sup>®</sup> 76881 or CPT <sup>®</sup> 76882)

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Partial Tendon Rupture	No	<ul> <li>For a suspected partial tendon rupture of a specific named tendon not otherwise specified:</li> <li>MRI Wrist without contrast (CPT® 73221) OR</li> <li>US Wrist (CPT® 76881 or CPT® 76882)</li> </ul>	MRI is NOT needed for muscle belly strains/muscle tears.

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After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Post-Operative	Yes	<ul> <li>CT Wrist without contrast (CPT<sup>®</sup> 73200) in symptomatic individuals following surgery for navicular/ scaphoid fractures and complex distal radius/ulna fractures; OR</li> <li>MRI Wrist with contrast (arthrogram) (CPT<sup>®</sup> 73222) in symptomatic individuals following DRUJ or TFCC surgery</li> </ul>	
Preoperative Wrist Replacement Surgery	Yes	<ul> <li>CT Wrist without contrast (CPT<sup>®</sup> 73200) for preoperative planning prior to wrist replacement when congenital or post-traumatic deformities exist</li> </ul>	See: Osteoarthritis (MS-12)

After an <b>initial pla</b> the following adv	ain x-ray has been anced imaging is in	obtained, and results dicated (as described ir <u>1.0)</u> )	are available to the provider, n General Guidelines (MS-
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Post- Operative Wrist Replacement Surgery	No	<ul> <li>For suspected aseptic loosening or periprosthetic fracture when recent plain x-ray is nondiagnostic:</li> <li>CT Wrist without contrast (CPT® 73200)</li> <li>For suspected infection with negative or inconclusive joint aspiration culture:</li> <li>MRI Wrist without contrast (CPT® 73221) OR</li> <li>MRI Wrist without and with contrast (CPT® 73223) OR</li> <li>CT Wrist with contrast (CPT® 73201)</li> <li>US Wrist (CPT® 76881 or 76882)</li> </ul>	

### One Study/Area Only

In hand and wrist advanced imaging, studies are frequently ordered of both areas. This is unnecessary since wrist MRI will image from above the wrist to the mid-metacarpal area. **Only one CPT<sup>®</sup> code should be reported**.

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Hand (MS-22)			
After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	
General Hand Pain	Yes	<ul> <li>MRI Hand or Finger without contrast (CPT<sup>®</sup> 73218)</li> <li>OR</li> </ul>	
Tendonitis	Yes	<ul> <li>US Hand (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> <li>MRI Hand or Finger without contrast (CPT<sup>®</sup> 73218) OR</li> <li>US Hand or Finger (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>	
Occult Fracture	No	<ul> <li>Advanced imaging guided by: <u>Suspected</u></li> <li><u>Occult/Stress/ Insufficiency Fracture/Stress</u></li> <li>Reaction and Shin Splints (MS-5.2)</li> </ul>	
Complex Fracture	No	<ul> <li>CT Hand or Finger without contrast (CPT<sup>®</sup> 73200) when plain x-ray shows a complex fracture</li> </ul>	
Ulnar Collateral Ligament (UCL) Thumb Injury	No	<ul> <li>If rule out for Stener lesion or complete tear of UCL of the thumb MCP joint:</li> <li>MRI Thumb without contrast (CPT<sup>®</sup> 73218) OR</li> <li>US Thumb (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>	
Complete Rupture – Tear of a Specific Named Tendon	No	<ul> <li>For preoperative planning:</li> <li>MRI Hand or Finger without contrast (CPT<sup>®</sup> 73218) OR</li> <li>US Hand or Finger (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>	

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )						
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)			
Partial Tendon Rupture	No	<ul> <li>For a suspected partial tendon rupture of a specific named tendon not otherwise specified:</li> <li>MRI Hand or Finger without contrast (CPT<sup>®</sup> 73218) OR</li> <li>US Hand or Finger (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>	MRI is <i>NOT</i> needed for muscle belly strains/muscle tears.			
Post-Operative	Yes	<ul> <li>In symptomatic post-operative individuals following surgical treatment for complex hand or finger fractures or following soft-tissue surgery:</li> <li>CT Hand or Finger without contrast (CPT<sup>®</sup> 73200) OR</li> <li>MRI Hand or Finger without contrast (CPT<sup>®</sup> 73218)</li> </ul>				

### One Study/Area Only

In hand and wrist advanced imaging, studies are frequently ordered of both areas. This is unnecessary since wrist MRI will image from above the wrist to the mid-metacarpal area. **Only one CPT<sup>®</sup> code should be reported**.

- 1. Bruno MA, Weissman BN, Kransdorf MJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Acute Hand and Wrist Trauma. *Am Coll Radiol (ACR);* Date of Origin: 1995. Revised: 2018. https://acsearch.acr.org/docs/69418/Narrative/.
- 2. Hayter CL, Gold SL, Potter HG. Magnetic resonance imaging of the wrist: Bone and cartilage injury. *J Magn Reson Imaging*. 2013;37(5):1005-19. doi:10.1002/jmri.23845.

Pelvis (MS-23)						
After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )						
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)			
General Pain -	Yes	MRI Pelvis without contrast (CPT <sup>®</sup> 72195) OR				
Tendonitis	Yes	<ul> <li>MRI RT and/or LT Hip without contrast (CPT® 73721)</li> <li>MRI Pelvis without contrast (CPT® 72195) OR</li> <li>MRI PT and/or LT Lin with out contrast (CPT® 72721)</li> </ul>				
Occult/ Insufficiency Fracture	No	<ul> <li>MRI Pelvis without contrast (CPT<sup>®</sup> 72195) OR</li> <li>CT Pelvis without contrast (CPT<sup>®</sup> 72192)</li> </ul>	See: Suspected Occult/ Stress/ Insufficiency Fracture/ Stress Reaction and Shin Splints (MS- 5.2) for occult and stress fractures of the pelvis			
Complex Fracture/ Dislocation - Pelvis, Sacrum and Acetabulum	No	<ul> <li>CT Pelvis without contrast (CPT<sup>®</sup> 72192)</li> </ul>	Additionally, 3D rendering may be appropriate for preoperative planning. See: <u>3D Rendering (MS-3)</u>			
Sacro-iliac (SI) Joint Pain, Sacroiliitis, Coccydynia	Yes	<ul> <li>Advanced imaging guided by:</li> <li><u>Sacroiliac (SI) Joint Pain/Sacroiliitis (SP-10.1)</u> in the Spine Imaging Guidelines</li> <li><u>Coccydynia without Neurological Features (SP-5.2)</u> in the Spine Imaging Guidelines</li> </ul>				
Piriformis Syndrome	NA	This condition is imaged according to the criteria found in the Peripheral Nerve Disorder Guidelines. See: <u>Focal Neuropathy (PN-2)</u> in the Peripheral Nerve Disorders Imaging Guidelines				

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )						
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)			
Partial Tendon Rupture	No	MRI Pelvis without contrast (CPT <sup>®</sup> 72195) for a suspected partial tendon rupture of a specific named tendon not otherwise specified	MRI is <i>NOT</i> needed for muscle belly strains/muscle tears.			
Osteitis Pubis/Symphysis Pubis Diastasis	Yes	MRI Pelvis without contrast (CPT <sup>®</sup> 72195)				
Athletic Pubalgia (Sports Hernia)	Yes	<ul> <li>To evaluate for the cause of suspected athletic pubalgia:</li> <li>MRI Pelvis without contrast (athletic pubalgia protocol) (CPT<sup>®</sup> 72195) OR</li> <li>Dynamic pelvic ultrasound (CPT<sup>®</sup> 76857)</li> </ul>				
Post-Operative	Yes	CT Pelvis without contrast (CPT <sup>®</sup> 72192) in symptomatic individuals following surgery for complex pelvic ring/acetabular fractures				

- 1. Bencardino JT, Stone TJ, Roberts CC, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria<sup>®</sup> Stress (Fatigue/Insufficiency) Fracture, Including Sacrum, Excluding Other Vertebrae. *Am Coll Radiol (ACR);* Revised: 2016. https://acsearch.acr.org/docs/69435/Narrative/.
- 2. Mehta S, Auerbach JD, Born CT, et al. Sacral fractures. J Am Acad Orthop Surg. 2006;14:656-665.
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- 8. Heer ST, Callander JW, Kraeutler MJ, Mei-Dan O, Mulcahey MK. Hamstring Injuries. The Journal of Bone and Joint Surgery. 2019;101(9):843-853. doi:10.2106/jbjs.18.00261.
| Hip (MS-24)                                                                                                                                                                                                             |                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                             |  |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u><br><u>1.0)</u> ) |                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                             |  |  |
| <b>Condition</b><br>(Individual's<br>condition)                                                                                                                                                                         | Conservative<br>Treatment<br>(Is failure of 6<br>weeks of<br>provider-directed<br>conservative<br>treatment within<br>the past 12<br>weeks with<br>clinical re-<br>evaluation<br>required?)<br>(Yes or No) | Advanced Imaging<br>(The appropriate advanced<br>imaging indicated for this<br>condition. In some<br>scenarios, advanced<br>imaging may not be<br>indicated.)                                                                                                                                                               |  |  |
| General Hip Pain                                                                                                                                                                                                        | Yes                                                                                                                                                                                                        | MRI Hip without contrast (CPT® 73721) OR                                                                                                                                                                                                                                                                                    |  |  |
| Symptomatic<br>Loose Bodies                                                                                                                                                                                             | No                                                                                                                                                                                                         | <ul> <li>DS Hip (CPT® 76881 of CPT® 76882)</li> <li>MRI Hip without contrast (CPT® 73721)</li> </ul>                                                                                                                                                                                                                        |  |  |
| Tendonitis/<br>Bursitis                                                                                                                                                                                                 | Yes                                                                                                                                                                                                        | <ul> <li>MRI Hip without contrast (CPT<sup>®</sup> 73721) OR</li> <li>US Hip (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>                                                                                                                                                                                    |  |  |
| Hip Abductor<br>Tendon<br>Tear/Avulsion                                                                                                                                                                                 | No                                                                                                                                                                                                         | <ul> <li>MRI Hip without contrast (CPT<sup>®</sup> 73721) OR</li> <li>US Hip (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>                                                                                                                                                                                    |  |  |
| Complete<br>Rupture – Tear of<br>a Specific Named<br>Tendon                                                                                                                                                             | No                                                                                                                                                                                                         | <ul> <li>For preoperative planning:</li> <li>MRI Hip without contrast (CPT<sup>®</sup> 73721) OR</li> <li>US Hip (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>                                                                                                                                                |  |  |
| Partial Tendon<br>Rupture                                                                                                                                                                                               | No                                                                                                                                                                                                         | <ul> <li>For a suspected partial tendon rupture of a specific named tendon not otherwise specified:</li> <li>MRI Hip without contrast (CPT<sup>®</sup> 73721) OR</li> <li>US Hip (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> <li>MRI is NOT needed for muscle belly strains/muscle tears.</li> </ul>              |  |  |
| Occult/<br>Insufficiency<br>Fracture                                                                                                                                                                                    | No                                                                                                                                                                                                         | <ul> <li>MRI Hip without<br/>contrast (CPT® 73721)<br/>OR</li> <li>CT Hip without contrast<br/>(CPT® 73700)</li> <li>See: <u>Suspected</u><br/><u>Occult/Stress/</u><br/><u>Insufficiency</u></li> <li>Fracture/Stress Reaction<br/>and Shin Splints (MS-5.2)<br/>for occult and stress<br/>fractures of the hip</li> </ul> |  |  |

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> 1 0))			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Avascular Necrosis (AVN) of the Femoral Head	No	See: <u>AVN (MS-4.1)</u>	
Labral Tear	Yes	<ul> <li>MRI Hip with contrast (arthrogram) (CPT<sup>®</sup> 73722) OR</li> <li>CT Hip with contrast (arthrogram) (CPT<sup>®</sup> 73701) OR</li> <li>MRI Hip without contrast (CPT<sup>®</sup> 73721)</li> </ul>	For surgery criteria, see: <u>CMM-314: Hip Surgery-</u> <u>Arthroscopic and Open</u> <u>Procedures</u>
Femoroacetabula r Impingement	Yes	<ul> <li>For preoperative planning for femoroacetabular impingement:</li> <li>MRI Hip without contrast (CPT<sup>®</sup> 73721) OR</li> <li>MRI Hip with contrast (arthrogram) (CPT<sup>®</sup> 73722)</li> <li>IN ADDITION TO:</li> <li>CT Hip without contrast (CPT<sup>®</sup> 73700) OR</li> <li>CT Pelvis without contrast (CPT<sup>®</sup> 72102)</li> </ul>	For surgery criteria, see: <u>CMM-314: Hip Surgery-</u> <u>Arthroscopic and Open</u> <u>Procedures</u>

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Piriformis Syndrome	NA	This condition is imaged according to the criteria found in the Peripheral Nerve Disorder Guidelines. See: Focal <u>Neuropathy (PN-2)</u> in the Peripheral Nerve Disorders Imaging Guidelines	
Post-Operative	Yes	<ul> <li>Symptomatic individuals following surgery for labral tears and femoroacetabular impingement:         <ul> <li>MRI Hip with contrast (arthrogram) (CPT<sup>®</sup> 73722)</li> </ul> </li> <li>Symptomatic individuals following surgery for hip fracture and/or hip avascular necrosis:         <ul> <li>CT Hip without contrast (CPT<sup>®</sup> 73700) OR</li> <li>MRI Hip without contrast (CPT<sup>®</sup> 73721)</li> </ul> </li> </ul>	

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider-directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Preoperative Hip Replacement Surgery	Yes	CT Hip without contrast (CPT® 73700) for preoperative planning prior to hip replacement when congenital or post-traumatic deformities exist	See: <u>Osteoarthritis (MS-12)</u> For surgery criteria, See <u>CMM-313: Hip</u> <u>Arthroplasty-Total and</u> <u>Partial</u>

Post-Operative	No*		For suspected aseptic	See: Post-Operative Joint
Hip Replacement			loosening of hip	Replacement Surgery
Surgery			replacement when	(MS-16)
Jean gery			replacement when	<u></u>
			recent plain x-ray is	
			nondiagnostic:	
			<ul> <li>CT Hip without</li> </ul>	
			contrast (CPT <sup>®</sup>	
			73700)	
		>	For suspected infection	
			with negative or	
			inconclusive joint	
			aspiration culture:	
			MRI Hip without	
			contrast (CPT <sup>®</sup>	
			73721) OP	
			MDI Hip without	
			(CPI® 73723) OR	
			<ul> <li>CT Hip with</li> </ul>	
			contrast (CPT <sup>®</sup>	
			73701)	
			<ul> <li>US Hip (CPT<sup>®</sup></li> </ul>	
			76881 or 76882)	
			For suspicion of a	
			periprosthetic fracture	
			when recent plain x-ray	
			is nondiagnostic:	
			<ul> <li>CT Hip without</li> </ul>	
			73700)	
			l o evaluate component	
			malposition or	
			heterotopic bone after	
			plain x-ray:	
			<ul> <li>CT Hip without</li> </ul>	
			contrast (CPT <sup>®</sup>	
			73700)	
			For possible nerve	
			iniury:	
			MRI Hip without	
			contrast (CPT®	
			73721)	
			For suspected for	
		-	suspected	
			tondinitis/hursitis	
			(*requires conservativo	
			treatment).	
			MDI Lin without	
			76881 or CPT <sup>®</sup>	
			76882)	

77 of 99

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- Beaman FD, von Herrmann PF, Kransdorf MJ, et. al. Expert Panel on Musculoskeletal Imaging. ACR Appropriateness Criteria® Suspected Osteomyelitis, Septic Arthritis, or Soft Tissue Infection (Excluding Spine and Diabetic Foot). Am Coll Radiol (ACR); Date of Origin: 2016. Revised: 2022. https://acsearch.acr.org/docs/ 3094201/Narrative/.

Knee (MS-25)				
After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )				
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	<b>Advanced Imaging</b> (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)	
General Knee Pain	Yes	<ul> <li>MRI Knee without contrast (</li> <li>US Knee (CPT<sup>®</sup> 76881 or C</li> </ul>	CPT <sup>®</sup> 73721) OR PT <sup>®</sup> 76882)	
Symptomatic Loose Bodies	No	<ul> <li>MRI Knee without contrast (</li> <li>CT Knee with contrast (arthucannot be performed</li> </ul>	CPT <sup>®</sup> 73721) rogram) (CPT <sup>®</sup> 73701) if MRI	
Tendonitis	Yes	<ul> <li>MRI Knee without contrast (CPT<sup>®</sup> 73721) OR</li> <li>US Knee (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>		
Complex Knee Fracture	No	<ul> <li>MRI knee without contrast (CPT<sup>®</sup> 73721) OR</li> <li>CT Knee without contrast (CPT<sup>®</sup> 73700)</li> </ul>	See: Fractures (MS-5)	

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After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )				
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)	
Meniscus Tear	Yes*	<ul> <li>MRI Knee without contrast (CPT® 73721)</li> <li>CT Knee with contrast (arthrogram) (CPT® 73701) if MRI cannot be performed</li> <li>*Conservative treatment is not required if at least 2 of following 4 criteria are met:</li> <li>1) Positive McMurray's, positive Thessaly, or positive Apley's Compression Test</li> <li>2) twisting or acute injury of the knee</li> <li>3) locked knee/inability to fully extend the knee on exam</li> <li>4) knee effusion</li> <li>MRI Knee without contrast (CPT® 73721) for clinical suspicion of a symptomatic degenerative meniscus tear in an individual with osteoarthritis following conservative treatment</li> </ul>	For surgery criteria, See <u>CMM-312: Knee Surgery-</u> <u>Arthroscopic and Open</u> <u>Procedures</u>	

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	<b>Advanced Imaging</b> (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Ligament Tear	Yes*	<ul> <li>MRI Knee without contrast (CPT® 73721)</li> <li>*Conservative treatment is not required if any of the following signs are positive in comparison to the normal knee:         <ul> <li>Anterior drawer</li> <li>Lachman</li> <li>Pivot shift</li> <li>Posterior drawer</li> <li>Posterior sag</li> <li>Valgus stress</li> <li>Varus stress</li> </ul> </li> </ul>	For surgery criteria, See <u>CMM-312: Knee Surgery-</u> <u>Arthroscopic and Open</u> <u>Procedures</u>
Knee Joint Dislocation	No	<ul> <li>Following significant trauma vascular injury:</li> <li>MRI Knee without contra EITHER</li> <li>MR Angiography lower of contrast (CPT<sup>®</sup> 73725) C</li> <li>CT Angiography lower of contrast (CPT<sup>®</sup> 73706)</li> </ul>	to evaluate for ligament and ast (CPT <sup>®</sup> 73721) AND extremity without and with DR extremity without and with
Patellar Dislocation/ Subluxation	No	MRI Knee without contrast (CPT <sup>®</sup> 73721) with acute knee injury, consideration of surgery and concern for osteochondral fracture or loose osteochondral fracture fragment	For surgery criteria, See <u>CMM-312: Knee Surgery-</u> <u>Arthroscopic and Open</u> <u>Procedures</u>
Recurrent Patellar Instability	Yes	<ul> <li>MRI Knee without contrast (CPT<sup>®</sup> 73721) if consideration for surgery</li> </ul>	For surgery criteria, See <u>CMM-312: Knee Surgery-</u> <u>Arthroscopic and Open</u> <u>Procedures</u>

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Patellofemoral Pain Syndrome/ Anterior Knee Pain/ Tracking Disorder	Yes	<ul> <li>MRI Knee without contrast ( for surgery</li> </ul>	CPT <sup>®</sup> 73721) if consideration
Suspected Osteochondral Injury	No	<ul> <li>If plain x-rays are negative and an osteochondral fracture is still suspected:</li> <li>MRI Knee without contrast (CPT<sup>®</sup> 73721) OR</li> <li>MRI Knee with contrast (arthrogram) (CPT<sup>®</sup> 73722) OR</li> <li>CT Knee with contrast (arthrogram) (CPT<sup>®</sup> 73701)</li> </ul>	See: <u>Chondral</u> <u>Osteochondral Lesions</u> ( <u>MS-13</u> ) for other osteochondral injury scenarios. For surgery criteria, see: <u>CMM-312: Knee Surgery-</u> <u>Arthroscopic and Open</u> <u>Procedures</u>
Avascular Necrosis (AVN) of the Distal Femur	No	> See: <u>AVN (MS-4.1)</u>	
Baker's Cyst (Popliteal Cyst)	Yes	<ul> <li>US Knee (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882) is the initial imaging study</li> <li>MRI Knee without contrast (CPT<sup>®</sup> 73721) for preoperative planning</li> </ul>	See: <u>Acute Limb Swelling</u> (PVD-12) in the Peripheral Vascular Disease Imaging Guidelines

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	<b>Advanced Imaging</b> (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Plica (Symptomatic Synovial Plica/Medial Synovial Shelf)	Yes	MRI Knee without contrast (	(CPT <sup>®</sup> 73721)
Hemarthrosis	No	<ul> <li>MRI Knee without contrast ( suspicion of cruciate ligame objective sign for ACL/PCL (requires a positive apprehe</li> <li>CT Knee without contrast ( suspicion of non-displaced i</li> </ul>	(CPT <sup>®</sup> 73721) for clinical ent tear (requires a positive tear) or patellar dislocation ension sign) CPT <sup>®</sup> 73700) for clinical intra-articular fracture
Complete Rupture of the Distal Quadriceps Tendon or Patellar Ligament/ Tendon	No	<ul> <li>For preoperative planning:</li> <li>MRI Knee without contration</li> <li>US Knee (CPT<sup>®</sup> 76881)</li> </ul>	ast (CPT <sup>®</sup> 73721) OR or CPT <sup>®</sup> 76882)
Partial Tendon Rupture	No	<ul> <li>For a suspected partial tendon rupture of a specific named tendon not otherwise specified:</li> <li>MRI Knee without contrast (CPT<sup>®</sup> 73721) OR</li> <li>US Knee (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>	MRI is NOT needed for muscle belly strains/muscle tears.
Complete Rupture – Tear of a Specific Named	No	<ul> <li>For preoperative planning:</li> <li>MRI Knee without contrast (CPT<sup>®</sup> 73721) OR</li> </ul>	

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )				
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)	
Tendon		<ul> <li>US Knee (CPT<sup>®</sup> 76881 or 76882)</li> </ul>		
Post- Operative	Yes	<ul> <li>In symptomatic individuals following surgery for meniscus tears and reconstruction of the anterior cruciate ligament:</li> <li>MRI Knee with contrast (arthrogram) (CPT® 73722) OR</li> <li>MRI Knee without contrast (CPT® 73721)</li> <li>In symptomatic individuals following surgery for fracture/dislocation:</li> <li>CT Knee without contrast (CPT® 73700)</li> </ul>		
Preoperative Knee Replacement Surgery	Yes	CT Knee without contrast (CPT <sup>®</sup> 73700) for preoperative planning prior to knee replacement when congenital or post- traumatic deformities exist of the patella, distal femur and/or proximal tibia	See: Osteoarthritis (MS-12) For surgery criteria, see: CMM-311: Knee Arthroplasty-Total and Partial	

Post-	No*		For suspected aseptic	See: Post-Operative Joint
Operative			loosening when recent	Replacement Surgery (MS-
Knee			plain x-ray is	16)
Replacement			nondiagnostic:	
Surgery			<ul> <li>CT Knee without</li> </ul>	
ea.gery			contrast (CPT® 73700)	
			For suspected infection	
			with pegative or	
			inconclusive joint	
			aspiration culture:	
			MPL Knee without	
			contrast (CPT <sup>®</sup> 73721)	
			OR	
			<ul> <li>MRI Knee without and</li> </ul>	
			with contrast (CPT <sup>®</sup>	
			73723) OR	
			<ul> <li>CT Knee with contrast</li> </ul>	
			(CPT <sup>®</sup> 73701) OR	
			• US Knee (CPT <sup>®</sup> 76881	
			or 76882)	
		$\mathbf{>}$	Following plain x-ray for	
			suspected periprosthetic	
			fracture:	
			<ul> <li>CT Knee without</li> </ul>	
			contrast (CPT <sup>®</sup> 73700)	
		$\succ$	For suspected osteolysis	
			or component instability,	
			rotation, or wear:	
			<ul> <li>CT Knee without</li> </ul>	
			contrast (CPT <sup>®</sup> 73700)	
			OR	
			<ul> <li>MRI Knee without</li> </ul>	
			contrast (CPT <sup>®</sup> 73721)	
		$\succ$	For suspected	
			periprosthetic soft tissue	
			abnormality unrelated to	
			infection (e.g.,	
			tendinopathy,	
			arthrofibrosis, patellar	
			clunk syndrome,	
			impingement of nerves or	
			other soft tissue) *requires	
			conservative treatment:	
			MRI Knee without	
			contrast (CPT® 73721)	
			76881 or CPT <sup>®</sup> 76882)	

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Ankle (MS-26)			
After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	<b>Advanced Imaging</b> (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
General Ankle	Yes	<ul> <li>MRI Ankle without contrast</li> </ul>	st (CPT <sup>®</sup> 73721) OR
Pain		US Ankle (CPT <sup>®</sup> 76881 or	<sup>-</sup> CPT <sup>®</sup> 76882)
Symptomatic Loose Bodies	No	<ul> <li>MRI Ankle without contrast</li> </ul>	st (CPT <sup>®</sup> 73721)
Complex Fracture	No	<ul> <li>MRI Ankle without contrast</li> <li>CT Ankle without contrast</li> </ul>	ot (CPT <sup>®</sup> 73721) OR
Ankle Sprain, Including Avulsion Fracture	Yes	<ul> <li>MRI Ankle without contrast</li> <li>MRI Ankle without contrast</li> <li>CT Ankle without contrast</li> </ul>	(CPT <sup>®</sup> 73721) OR (CPT <sup>®</sup> 73700)
High Ankle Sprain (Syndesmosis Injury)	No	<ul> <li>MRI Ankle without contrast</li> <li>CT Ankle without contrast</li> </ul>	st (CPT <sup>®</sup> 73721) OR (CPT <sup>®</sup> 73700)
Suspected Osteochondral Injury	No	<ul> <li>If plain x-rays are negative and an osteochondral fracture is still suspected, ONE of the following:</li> <li>MRI Ankle without contrast (CPT<sup>®</sup> 73721)</li> <li>CT Ankle without contrast (CPT<sup>®</sup> 73700)</li> </ul>	See: <u>Chondral/</u> <u>Osteochondral Lesions</u> ( <u>MS-13</u> ) for other osteochondral injury scenarios
Avascular Necrosis (AVN) of the Talus	No	See: <u>AVN (MS-4.1)</u>	

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	
Anterior Impingement Anterior-Lateral Impingement Posterior Impingement (e.g., Os Trigonum Syndrome)	Yes	<ul> <li>MRI Ankle with contrast (arthrogram) (CPT<sup>®</sup> 73722) OR</li> <li>CT Ankle with contrast (arthrogram) (CPT<sup>®</sup> 73701) OR</li> <li>MRI Ankle without contrast (CPT<sup>®</sup> 73721)</li> </ul>	
Tendonitis	Yes	<ul> <li>For suspected posterior tibial dysfunction, peroneal tendon or subluxation, Achilles tendonitis:</li> <li>MRI Ankle without contrast (CPT<sup>®</sup> 73721) OR</li> <li>US Ankle (CPT<sup>®</sup> 76881 or CPT<sup>®</sup>76882)</li> </ul>	
Complete Rupture of Achilles Tendon	No	<ul> <li>For preoperative evaluation:</li> <li>MRI Ankle without contrast (CPT<sup>®</sup> 73721) OR</li> <li>US Ankle (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>	
Complete Rupture -Tear of a Specific Named Tendon	No	<ul> <li>For preoperative planning:</li> <li>MRI Ankle without contrast (CPT<sup>®</sup> 73721) OR</li> <li>US Ankle (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>	
Partial Tendon Rupture	No	<ul> <li>For a suspected partial tendon rupture of a specific named tendon not otherwise specified:</li> <li>MRI Ankle without contrast (CPT<sup>®</sup> 73721) OR</li> <li>US Ankle (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> <li>MRI is NOT needed for muscle belly strains/muscle tears.</li> </ul>	
Instability	Yes	<ul> <li>For preoperative evaluation:</li> <li>MRI Ankle without contrast (CPT<sup>®</sup> 73721) OR</li> <li>MRI Ankle with contrast (arthrogram) (CPT<sup>®</sup> 73722)</li> </ul>	

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Charcot Ankle	Yes	MRI Ankle without contrast	st (CPT <sup>®</sup> 73721)
Post-Operative	Yes	<ul> <li>In symptomatic individuals following surgery for ligament/tendon injuries, one of the following:         <ul> <li>MRI Ankle without contrast (CPT<sup>®</sup> 73721) OR</li> <li>US Ankle (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul> </li> <li>For symptomatic individuals following surgery for complex fractures:         <ul> <li>CT Ankle without contrast (CPT<sup>®</sup> 73700)</li> </ul> </li> </ul>	
Preoperative Ankle Replacement Surgery	Yes	CT Ankle without contrast (CPT® 73700) for preoperative planning prior to ankle replacement when congenital or post- traumatic deformities exist	See: <u>Osteoarthritis (MS-</u> <u>12)</u>

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )				
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	<b>Advanced Imaging</b> (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)	
Post-Operative Ankle Replacement Surgery	No	<ul> <li>For suspected aseptic loosening or periprosthetic fracture when recent plain x-ray is nondiagnostic:         <ul> <li>CT Ankle without contrast (CPT® 73700)</li> </ul> </li> <li>For suspected infection with negative or inconclusive joint aspiration culture:         <ul> <li>MRI Ankle without contrast (CPT® 73721) OR</li> <li>MRI Ankle without and with contrast (CPT® 73723) OR</li> <li>CT Ankle with contrast (CPT® 73721) OR</li> <li>MRI Ankle without and with contrast (CPT® 73723) OR</li> <li>CT Ankle with contrast (CPT® 73701) OR</li> <li>US Ankle (CPT® 76881 or 76882</li> </ul> </li> </ul>	See: Post-Operative Joint Replacement Surgery (MS-16)	

### One Study/Area Only

In foot and ankle advanced imaging, studies are frequently ordered of both areas. This is unnecessary since ankle MRI will image from above the ankle to the mid- metatarsal area. Only one CPT<sup>®</sup> code should be reported.

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Foot (MS-27)			
After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
General Foot Pain	Yes	MRI Foot without	t contrast (CPT <sup>®</sup> 73718)
Complex Fractures	No	CT Foot without	contrast (CPT <sup>®</sup> 73700)
Plantar Plate Disorders, Including Turf Toe Injuries	Yes	<ul> <li>MRI Foot without</li> </ul>	t contrast (CPT <sup>®</sup> 73718)
Sesamoid Disorders	Yes	<ul> <li>MRI Foot without</li> <li>CT Foot without</li> </ul>	t contrast (CPT <sup>®</sup> 73718) OR contrast (CPT <sup>®</sup> 73700)
Lisfranc Tarsometatarsal Fracture or Dislocation	No	<ul> <li>MRI Foot without</li> <li>CT Foot without</li> </ul>	t contrast (CPT <sup>®</sup> 73718) OR contrast (CPT <sup>®</sup> 73700)
Tarsal Navicular Stress/Occult Fracture	No	<ul> <li>MRI Foot without contrast (CPT<sup>®</sup> 73718)</li> <li>CT Foot without contrast (CPT<sup>®</sup> 73700) for follow-up of healing fractures</li> </ul>	See: <u>Suspected</u> <u>Occult/Stress/</u> <u>Insufficiency Fracture/Stress</u> <u>Reaction and Shin Splints</u> (MS-5.2)
Avascular Necrosis (AVN) of the Tarsal Navicular (Kohler Disease) or Metatarsal Head (Frieberg's Infraction)	No	See: <u>AVN</u> (MS-4.1)	
Tendonitis	Yes	<ul> <li>MRI Foot without</li> <li>US Foot (CPT<sup>®</sup> 7</li> </ul>	t contrast (CPT <sup>®</sup> 73718) OR 76881 or CPT <sup>®</sup> 76882)
Complete Rupture – Tear of a Specific Named Tendon	No	<ul> <li>For preoperative p</li> <li>MRI Foot with</li> <li>US Foot (CPT)</li> </ul>	planning: nout contrast (CPT <sup>®</sup> 73718) OR $(\mathbb{P}^{\mathbb{P}} 76881)$ or CPT <sup>®</sup> 76882)

After an <b>initial plain x-r</b> the following advanced	After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)	
Partial Tendon Rupture	No	<ul> <li>For a suspected partial tendon rupture of a specific named tendon not otherwise specified:</li> <li>MRI Foot without contrast (CPT® 73718) OR</li> <li>US Foot (CPT® 76881 or CPT® 76882)</li> </ul>	MRI is <i>NOT</i> needed for muscle belly strains/muscle tears.	
Morton's Neuroma	Yes	<ul> <li>For preoperative</li> <li>MRI Foot with</li> <li>MRI Foot with</li> <li>73720) OR</li> <li>US Foot (CP)</li> </ul>	planning: hout contrast (CPT <sup>®</sup> 73718) OR hout and with contrast (CPT <sup>®</sup> T <sup>®</sup> 76881 or CPT <sup>®</sup> 76882)	

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After an <b>initial plain x-r</b> the following advanced	<b>ay has been ob</b> I imaging is indic:	tained, and results a ated (as described in <u>1.0)</u> )	are available to the provider, <u>General Guidelines (MS-</u>
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Plantar Fasciitis	Yes*	<ul> <li>For preoperative planning:</li> <li>MRI Foot without contrast (CPT<sup>®</sup> 73718) OR</li> <li>US Foot (CPT<sup>®</sup> 76881 or CPT<sup>®</sup> 76882)</li> </ul>	*Provider-directed conservative treatment must be for 6 months or more.
Suspected Plantar Fascia Rupture or Tear	Yes	MRI Foot without	t contrast (CPT $^{\mbox{\scriptsize 8}}$ 73718) OR
i assia nupture or i ear		ן 🖉 טא רטטג (כרו 🖉 /	1000 I UI UP I ° / 10002)

After an <b>initial plain x-ray has been obtained</b> , and <b>results are available to the provider</b> , the following advanced imaging is indicated (as described in <u>General Guidelines (MS-</u> <u>1.0)</u> )			
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
Diabetic Foot Infection	No	<ul> <li>For suspected osteomyelitis or soft tissue</li> </ul>	See: Infection - General (MS- 9.1)
		infection as a complement to	
		plain x-ray	
		(both plain x- rav and MRI	
		are indicated):	
		<ul> <li>MRI Foot without and</li> </ul>	
		with	
		contrast	
		(CP1® 73720) OR	
		<ul> <li>MRI Foot</li> </ul>	
		without	
		(CPT <sup>®</sup>	
Toroal Turnal	Vaa	73718)	
Syndrome including	res	For preoperative suspected as etic	planning it mass/lesion is
Baxter's Neuropathy		<ul> <li>MRI Foot with</li> </ul>	hout contrast (CPT <sup>®</sup> 73718) OR
Tanaal Qaalidan	N	US Foot (CP	T <sup>®</sup> 76881 or CPT <sup>®</sup> 76882)
Tarsal Coalition	Yes	<ul> <li>For preoperative</li> <li>MRI Ankle with</li> </ul>	planning: hout contrast (CPT® 73721) OP
		<ul> <li>CT Ankle with</li> </ul>	hout contrast (CPT <sup>®</sup> 73700)
Sinus Tarsi Syndrome	Yes	MRI Ankle without	ut contrast (CPT® 73721) if
		diagnosis is uncle	ear or for preoperative
Charcot Foot	Yes	<ul> <li>MRI Foot without</li> </ul>	contrast (CPT <sup>®</sup> 73718) OR
		MRI Foot without	and with contrast (CPT <sup>®</sup> 73720)

After an <b>initial plain x-r</b> the following advanced	<b>ay has been ob</b> imaging is indica	tained, and results a ated (as described in <u></u> <u>1.0)</u> )	re available to the provider, <u>General Guidelines (MS-</u>
<b>Condition</b> (Individual's condition)	Conservative Treatment (Is failure of 6 weeks of provider- directed conservative treatment within the past 12 weeks with clinical re- evaluation required?) (Yes or No)	Advanced Imaging (The appropriate advanced imaging indicated for this condition. In some scenarios, advanced imaging may not be indicated.)	<b>Comments</b> (Additional comments related to the condition.)
CRPS Type I	Yes	<ul> <li>Triple phase bon</li> <li>MRI Foot without</li> </ul>	e scan (CPT <sup>®</sup> 78315) OR contrast (CPT <sup>®</sup> 73718)

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Post-Operative	Yes	<ul> <li>In symptomatic individuals following surgery for conditions including the tendons, ligaments, and plantar plate, ONE of the following:</li> <li>MRI Foot without contrast (CPT<sup>®</sup></li> </ul>
		73718) OR ◆ US Foot (CPT® 76881 or CPT® 76882)
		<ul> <li>In symptomatic individuals following surgery for complex fractures, sesamoid fractures, and subtalar arthrodesis:</li> <li>CT Foot without contrast (CPT<sup>®</sup> 73700)</li> </ul>

## One Study/Area Only

In foot and ankle advanced imaging, studies are frequently ordered of both areas. This is unnecessary since ankle MRI will image from above the ankle to the mid- metatarsal area. Only one CPT<sup>®</sup> code should be reported.

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