eviCore healthcare Clinical Decision Support Tool Diagnostic Strategies: This tool addresses common symptoms and symptom complexes. Imaging requests for individuals with atypical symptoms or clinical presentations that are not specifically addressed will require physician review. Consultation with the referring physician, specialist and/or individual’s Primary Care Physician (PCP) may provide additional insight.

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# General Information

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Abbreviations

- **ACE inhibitor** — Angiotensin-converting enzyme inhibitor
- **AMI** — Acute myocardial infarction
- **ARVC** — Arrhythmogenic right ventricular cardiomyopathy
- **AV** — Atrioventricular
- **CC** — Complications/comorbid conditions
- **CHF** — Congestive heart failure
- **CM** — Cardiomyopathy
- **CRT** — Cardiac resynchronization therapy
- **EP** — Electrophysiology
- **GDMT** — Guideline-directed medical therapy
- **HCM** — Hypertrophic cardiomyopathy
- **ICD** — Implantable cardioverter defibrillator
- **LBBB** — Left bundle branch block
- **LV** — Left ventricle
- **LVEF** — Left ventricular ejection fraction
- **MCC** — Major complications/comorbid conditions
- **MI** — Myocardial infarction
- **NCCM** — Non-compaction cardiomyopathy
- **NYHA** — New York Heart Association functional classification
- **RBBB** — Right bundle branch block
- **RV** — Right ventricle
- **TAVR** — Transcatheter aortic valve replacement
- **VF** — Ventricular fibrillation
- **VT** — Ventricular tachycardia
Glossary

v2.0.2023

- **NYHA Heart Failure Definitions** — **class I** - No symptoms and no limitation in ordinary physical activity, e.g. shortness of breath when walking, climbing stairs etc. **class II** - Mild symptoms (mild shortness of breath and/or angina) and slight limitation during ordinary activity. **class III** - Marked limitation in activity due to symptoms, even during less-than-ordinary activity, e.g. walking short distances (20–100 m). Comfortable only at rest. **class IV** - Severe limitations. Experiences symptoms even while at rest. Mostly bedbound patients

- **Abnormal blood pressure response to exercise** — Flat response/failure to augment; rise then fall during exercise; vasoactive cardiovascular drugs may result in an abnormal blood pressure response to exercise

- **Ambulatory class IV CHF** — Class IV heart failure with: 1) no active acute coronary syndrome; 2) no inotropes; and 3) on GDMT

- **Incessant VT** — Frequent recurrences of ongoing hemodynamically stable VT

- **Hypertrophic cardiomyopathy** — Hypertrophic Cardiomyopathy (HCM) is a clinical diagnosis, established by imaging with 2D echocardiography or cardiovascular magnetic resonance (CMR) showing a maximal end-diastolic wall thickness of ≥15 mm anywhere in the left ventricle, in the absence of another cause of hypertrophy in adults. More limited hypertrophy (13–14 mm) can be diagnostic, particularly when present in family members of a patient with HCM or in conjunction with a positive genetic test, and/or associated with typical dynamic outflow obstruction, or distinctly abnormal ECG patterns.

- **Long QT Syndrome (LQTS)**: — A congenital disorder characterized by a prolongation of the QT interval on ECG and a propensity to ventricular tachyarrhythmias, which may lead to syncope, cardiac arrest, or sudden death. The QT interval on the ECG, measured from the beginning of the QRS complex to the end of the T wave, represents the duration of activation and recovery of the ventricular myocardium. QT intervals corrected for heart rate (QTc) longer than 0.44 seconds are generally considered abnormal, though a normal QTc can be more prolonged in females (up to 0.46 sec). The Bazett formula is the formula most commonly used to calculate the QTc, as follows: QTc = AT/square root of the R-R interval (in seconds).

- **Non-Compaction Cardiomyopathy**: — A rare congenital cardiomyopathy that affects children and adults. It results from the failure of myocardial development during embryogenesis. It is also called spongeform cardiomyopathy. Symptoms are often a result of a poor pumping performance by the heart. The disease can be associated with other problems with the heart and the body.
- **Non-Sustained Ventricular Tachycardia (NSVT):** — Three or more consecutive ventricular beats at a rate of greater than 120 beats/min with a duration of less than 30 seconds
- **Optimal Medical Therapy:** — Three months of heart failure medications in maximally titrated doses as tolerated. These include beta blockers, ACE inhibitors or angiotensin II receptor blockers, and diuretics.
- **Structural Heart Disease:** — A structural or functional abnormality of the heart, or of the blood vessels supplying the heart, that impairs its normal functioning.
Preface to the Cardiac Implantable Device (CID) Guideline

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v2.0.2023

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Guideline Development (Preface-1)

• The eviCore evidence-based, proprietary clinical guidelines evaluate a range of advanced imaging and procedures, including CT, MRI, PET, and Radiation Oncology, Sleep Studies, and Cardiac and Spine interventions.

• eviCore healthcare reserves the right to change and update the guidelines. The guidelines undergo a formal review annually. eviCore’s guidelines are based upon major national and international association and society guidelines and criteria, peer-reviewed literature, major treatises, and input from health plans, practicing academic and community-based physicians.

• These guidelines are not intended to supersede or replace sound medical judgment, but instead should facilitate the identification of the most appropriate imaging procedure, given the patient’s clinical condition. These guidelines are written to cover medical conditions as experienced by the majority of patients. However, these guidelines may not be applicable in certain clinical circumstances, and physician judgment can override the guidelines.

• Clinical decisions, including treatment decisions, are the responsibility of the patient and his/her provider. Clinicians are expected to use independent medical judgment which takes into account the clinical circumstances to determine patient management decisions.

• eviCore supports the Choosing Wisely® initiative (www.choosingwisely.org) by the American Board of Internal Medicine (ABIM) Foundation and many national physician organizations, to reduce the overuse of diagnostic tests that are low value, no value, or whose risks are greater than the benefits.

• eviCore’s guidelines are based upon expert consensus and analysis reported by the following specialty societies, publications, studies and trials:
  o The American College of Cardiology (ACC)
  o The American Heart Association (AHA)
  o The Heart Rhythm Society (HRS)
The Multicenter Automatic Defibrillator Implantation Trial (MADIT/MADIT-2)
- The Multicenter Unsustained Tachycardia Trial (MUSTT)
- The Defibrillator in Acute Myocardial Infarction Trial (DINAMIT)
- The Resynchronization/defibrillation for Ambulatory Heart Failure Trial (RAFT)
- The Sudden Cardiac Death in Heart Failure Trial (SCD-HeFT)
- The Resynchronization Reverses Remodeling in Systolic Left Ventricular Dysfunction trial (REVERSE)
- Immediate Risk Stratification Improves Survival trial (IRIS)
- The Comparison of Medical Therapy, Pacing, and Defibrillation in Heart Failure trial (COMPANION)
- The Antiarrhythmic Versus Implantable Defibrillators trial (AVID)
- The Canadian Implantable Defibrillator Study (CIDS)
- The Cardiac Arrest Study Hamburg (CASH)

Benefits, Coverage Policies, and Eligibility Issues (Preface-2)
- Benefits, coverage policies, and eligibility issues pertaining to each Health Plan may take precedence over eviCore’s guidelines. Providers are urged to obtain written instructions and requirements directly from each payer.
- Medicare Coverage Policies
  - For Medicare and Medicare Advantage enrollees, the coverage policies of CMS (Centers for Medicare and Medicaid Services) may take precedence over eviCore’s guidelines
  - Payors may choose to adopt other evidence-based guidelines (such as eviCore’s guidelines) rather than using Local Coverage Determinations and other Medicare coverage policy
- Investigational and Experimental Studies
  - Certain imaging studies described in these guidelines are considered investigational by various payors, and their coverage policies may take precedence over eviCore’s guidelines
- Clinical and Research Trials
  - Similar to investigational and experimental studies, clinical trial imaging requests will be considered to determine whether they meet health plan coverage and eviCore’s evidence-based guidelines
- State and federal legislations may need to be considered in the review of advanced imaging requests

Clinical Information (Preface-3)
- The philosophy behind eviCore guidelines entails using an evidence-based approach to determine the most appropriate procedure for each individual, at the most appropriate time in the diagnostic and treatment cycle.
- Procedures should be requested after initial consultation and physician treatment planning, and following full counseling of the individual.
• Current clinical information, which may include history, physical examination, symptoms, laboratory results, and imaging reports, are necessary for determining the medical necessity of implantable cardiac devices.
• The information provided to eviCore should have clinical relevance to the request.
• If the information provided makes no reference to the potential indication for the request, then the medical necessity for the procedure(s) cannot be supported.

References (Preface-4)
• References are available at the end of the guidelines

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General Information (CRID-1)

General Guidelines (CRID-1.0)
- Current clinical information, which may include history, physical examination, symptoms, laboratory results, and imaging reports, are necessary for determining the medical necessity of implantable cardiac devices.
- The information provided to eviCore should have clinical relevance to the request.
- If the information provided makes no reference to the potential indication for the request, then the medical necessity for the procedure(s) cannot be supported.
- Requests for a device when a same or similar device has already been placed is not supported without clear documentation that fulfills guideline criteria.

Procedure Codes (CRID-1.1)

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<tr>
<td>Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); atrial and ventricular</td>
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<td>Insertion of pacemaker pulse generator only; with existing dual leads</td>
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<tr>
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<tr>
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<td>Removal of permanent pacemaker pulse generator with replacement of pacemaker pulse generator; dual lead system</td>
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<tr>
<td>Insertion of pacemaker pulse generator only; with existing multiple leads</td>
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<tr>
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<td>Insertion of pacing electrode, cardiac venous system, for left ventricular pacing, with attachment to previously placed pacemaker or pacing cardioverter-defibrillator pulse generator</td>
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<tr>
<td>Insertion of pacing electrode, cardiac venous system, for left ventricular pacing, at time of insertion of pacing cardioverter-defibrillator pulse generator (including upgrade to dual chamber system and pocket revision)</td>
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<td>Removal of permanent pacemaker pulse generator with replacement of pacemaker pulse generator; multiple lead system</td>
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<td>Removal of pacing cardioverter-defibrillator pulse generator with replacement of pacing cardioverter-defibrillator pulse generator; multiple lead system</td>
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<td>Insertion or replacement of permanent subcutaneous implantable defibrillator system, with subcutaneous electrode, including defibrillation threshold evaluation, induction of arrhythmia, evaluation of sensing for arrhythmia termination, and programming or reprogramming of sensing or therapeutic parameters when performed</td>
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<tr>
<td>Transcatheter insertion or replacement of permanent leadless pacemaker, right ventricular, including imaging guidance (e.g., fluoroscopy, venous ultrasound, ventriculography, femoral venography) and device evaluation (e.g., interrogation or programming), when performed</td>
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<tr>
<td>Transcatheter implantation of wireless pulmonary artery pressure sensor for long-term hemodynamic monitoring, including deployment and calibration of the sensor, right heart catheterization, selective pulmonary catheterization, radiological supervision and interpretation, and pulmonary artery angiography, when performed</td>
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<tr>
<td>Transcatheter insertion of permanent dual-chamber leadless pacemaker, including imaging guidance (eg, fluoroscopy, venous ultrasound, right atrial angiography, right ventriculography, femoral venography) and device evaluation (eg, interrogation or programming), when performed; complete system (ie, right atrial and right ventricular pacemaker components)</td>
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<td>Insertion of wireless cardiac stimulator for left ventricular pacing, including device interrogation and programming, and imaging supervision and interpretation, when performed; complete system (includes electrode and generator [transmitter and battery])</td>
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<td>Insertion of wireless cardiac stimulator for left ventricular pacing, including device interrogation and programming, and imaging supervision and interpretation, when performed; pulse generator component(s) (battery and/or transmitter) only</td>
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<tr>
<td>Insertion or replacement of implantable cardioverter-defibrillator system with substernal electrode(s), including all imaging guidance and electrophysiological evaluation (includes defibrillation threshold evaluation, induction of arrhythmia, evaluation of sensing for arrhythmia termination, and programming or reprogramming of sensing or therapeutic parameters), when performed</td>
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**Removal and Replacement (CRID-1.2)**

- Generator replacement (CPT® 33212, 33213, 33221, 33227, 33228, 33229, 33230, 33231, 33240, 33262, 33263, 33264, 0614T) with a same or similar device is indicated when:
  - Interrogation shows device is nearing Elective Replacement Indicator (ERI) or End of Life (EOL).
  - Interrogation report documents the device is not functioning correctly and requires replacement.
## Pacemaker Devices

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Definite Indications for Permanent Pacemaker Implantation (CRID-7)

Symptomatic Bradycardia (CRID-7.1)
Permanent pacemaker implantation is indicated for symptomatic bradycardia for any of the following:

- Frequent sinus pauses that produce symptoms
- Any degree of AV block producing symptoms
- Third-degree and advanced second-degree AV block at any anatomic level associated with ventricular arrhythmias presumed due to AV block.
- Any other medical conditions requiring drug therapy that results in symptomatic bradycardia (for example, beta blocker therapy in patients with prior myocardial infarction, or tachy-brady syndrome in atrial fibrillation)

Symptomatic Chronotropic Incompetence (CRID-7.2)
- Permanent pacemaker implantation is indicated for symptomatic chronotropic incompetence defined as limitations due to the inability to achieve 80% of maximum predicted heart rate (220-age)

Indications for Asymptomatic Individuals (CRID-7.3)
Permanent pacemaker implantation is indicated in asymptomatic individuals for any of the following:

- Third degree AV block
- Advanced second degree AV block (Mobitz type II) with intermittent third degree AV block
- Second degree AV block with documented periods of asystole ≥3.0 seconds
- Second degree AV block in awake, symptom-free individuals with atrial fibrillation with a documented pause of ≥5 seconds
- Alternating bundle branch block
• Second degree AV block at any anatomic level associated with neuromuscular
diseases known to involve the heart
• Post Transcatheter Aortic Valve Replacement (TAVR) when there is documentation of both:
  o Pre-existing right bundle branch block (RBBB)
  o New conduction abnormality onset during or after (TAVR) such as:
    ▪ Transient high-degree AV block
    ▪ PR prolongation
    ▪ QRS axis change

**Background and supporting information**

Prophylactic permanent pacemaker implantation is not indicated before TAVR in individuals with RBBB and no indication for permanent pacing. See Permanent Pacemaker Implantation Non-indications (CRID-9.1).

**Prior to Planned Catheter Ablation (CRID-7.4)**

- Permanent pacemaker implantation is indicated prior to a planned catheter ablation of the AV junction intended for a rate control strategy for management of atrial fibrillation.

**Persistent Second Degree AV Block (CRID-7.5)**

- Permanent pacemaker implantation is indicated for persistent second degree AV block in the His-Purkinje system with alternating bundle branch block or third degree AV block within or below the His-Purkinje system after myocardial infarction.

**Syncope (CRID-7.6)**

- Permanent pacemaker implantation is indicated for syncope caused by spontaneously occurring carotid sinus stimulation and carotid sinus pressure that induces ventricular asystole of ≥3 seconds
## Reasonable Indications for Permanent Pacemaker Implantation (CRID-8)

**General Considerations (CRID-8.1)**

For the reasonable or considered indications listed in this CRID-8 guideline, consensus opinion is less clear about permanent pacing in these settings, with evidence suggesting that device placement may be reasonable or may be considered.

### Sinus Node Dysfunction (CRID-8.2)

- Permanent pacemaker implantation is reasonable for individuals with sinus node dysfunction with a resting heart rate of less than 40 bpm when periodic symptomatic bradycardia is suspected.

### Syncope (CRID-8.3)

- Permanent pacemaker implantation may be reasonable or may be considered for individuals with syncope in the following settings:
  - Syncope of unexplained origin when clinically significant abnormalities of sinus node function are discovered or provoked in electrophysiological studies
  - Syncope without clear, provocative events and with a hypersensitive cardioinhibitory response of 3 seconds or longer
  - Significantly symptomatic neurocardiogenic syncope associated with Bradycardia documented spontaneously or at the time of tilt table testing
  - Syncope after cardiac transplantation even when bradycarrhythmia has not been documented
Asymptomatic Second Degree AV Block (CRID-8.4)
- Permanent pacemaker implantation is reasonable for individuals with asymptomatic second degree AV block at intra- or infra- His levels found at electrophysiological study.

First or Second Degree AV Block (CRID-8.5)
- Permanent pacemaker implantation is reasonable for individuals with first or second degree AV block with symptoms similar to those of pacemaker syndrome.

Symptomatic Recurrent SVT (CRID-8.6)
- Permanent pacemaker implantation is reasonable for individuals with symptomatic, recurrent SVT that is reproducibly terminated by pacing when catheter ablation and/or drugs fail to control the arrhythmia or produce intolerable side effects.

Relative Bradycardia - Post-operative Cardiac Transplant (CRID-8.7)
- Permanent pacemaker implantation may be considered for individuals when relative bradycardia is prolonged or recurrent, which limits rehabilitation or discharge after postoperative recovery from cardiac transplantation or in post-transplant syncope even if bradyarrhythmia has not been documented.

Incidental Finding at Electrophysiology (EP) Study (CRID-8.8)
- Permanent pacemaker implantation may be reasonable for an incidental finding at electrophysiology study of a markedly prolonged HV interval (greater than or equal to 100 milliseconds) or non-physiological intra- or infra- Hisian block in asymptomatic patients.

Neuromuscular Diseases Known to Involve the Heart (CRID-8.9)
- Permanent pacemaker implantation may be considered for progressive neuromuscular diseases known to involve the heart with any degree of AV block (including first degree AV block) or any fascicular block, with or without symptoms, because there may be unpredictable progression of AV conduction disease. Progressive neuromuscular diseases known to involve the heart include:
  - Myotonic muscular dystrophy
  - Kearns-Sayre syndrome
  - Erb dystrophy (limb-girdle muscular dystrophy)
  - Peroneal muscular atrophy
Permanent Pacemaker Implantation - Non-indications (CRID-9)

Permanent Pacemaker Implantation Non-indications (CRID-9.1)

- Permanent pacemaker implantation is **not** indicated in any of the following settings:
  - Sinus node dysfunction in asymptomatic patients
  - Sinus node dysfunction in patients for whom the symptoms, suggestive of bradycardia, have been clearly documented to occur in the absence of bradycardia
  - Sinus node dysfunction in symptomatic patients due to nonessential drug therapy
  - Fascicular block without AV block or symptoms concerning for AV block
  - Incidentally noted hypersensitive cardioinhibitory response to carotid sinus stimulation without symptoms or with vague symptoms
  - Asymptomatic first degree AV block
  - Asymptomatic type I second degree AV block at the supra-His (AV node) level or that which is not known to be intra- or infra-Hisian
  - Permanent ventricular pacing not indicated for asymptomatic transient AV block in the absence of intraventricular conduction defects or in isolated single fascicular block
  - Permanent pacing not indicated for situational vasovagal syncope in which avoidance behavior is effective
  - Prophylactic permanent pacemaker implantation is not indicated before Transcatheter Aortic Valve Replacement (TAVR) in individuals with right bundle branch block (RBBB) and no indication for permanent pacing
Leadless Pacemaker (CRID-11.1)

Indications for Permanent Right Ventricular Leadless Pacemaker (CPT® 33274) Implant

- All of the following must be met:
  - Meets pacing indications per Definite Indications for Permanent Pacemaker Implantation (CRID-7) or Reasonable Indications for Permanent Pacemaker Implantation (CRID-8)
  - Meets one of the following indications for leadless pacemaker:
    - Symptomatic paroxysmal or permanent high-grade AV block in the presence of Atrial Fibrillation (AF)
    - Symptomatic paroxysmal or permanent high-grade AV block in the absence of AF, as an alternative to dual chamber pacing, when atrial lead placement is considered difficult, high risk, or not deemed necessary for effective therapy
    - Symptomatic bradycardia-tachycardia syndrome or sinus node dysfunction (sinus bradycardia or sinus pauses), as an alternative to atrial or dual chamber pacing, when atrial lead placement is considered difficult, high risk, or not deemed necessary for effective therapy
  - The following contraindications for leadless pacemaker are not present:
    - An implanted inferior vena cava filter
    - A mechanical tricuspid valve

General Information

**Right ventricular leadless pacemaker**

The permanent right ventricular leadless pacemakers (CPT® 33274) consists of a single leadless device implanted directly into the right ventricle. The Medtronic Micra™ VR and Abbott Aveir™ VR right ventricular leadless pacemakers are capable only of VVI and VVIR pacing. The Medtronic Micra™ AV right ventricular leadless pacemaker is also capable of VDD pacing. The right ventricular leadless pacemakers do not have capability for atrial pacing. The estimated battery life is about 10 years

**Dual chamber leadless pacemaker**

In contrast to the right ventricular leadless pacemakers referred to above, the Abbott Aveir™ DR dual-chamber leadless pacemaker (CPT® 0795T) is currently not approved by the FDA for commercial clinical use and is considered experimental and investigational at this time. The dual-chamber leadless pacemaker system consists of two separate components: one implanted in the right atrium and the other in the right ventricle.
References


# Implantable Cardioverter-Defibrillator (ICD) Devices

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Cardiac Implantable Devices (CID) Guidelines
Definite Indications for ICD Implantation (CRID-2)

Survivors of cardiac arrest (CRID-2.1)
- ICD implantation is indicated in individuals who are survivors of cardiac arrest due to ventricular tachycardia (VT) or ventricular fibrillation (VF) after evaluation has excluded any completely reversible causes.

Structural heart disease with sustained VT (CRID-2.2)
- ICD implantation is indicated in individuals with structural heart disease (such as prior myocardial infarction (MI), congenital heart disease, and/or ventricular dysfunction) and spontaneous, sustained VT (greater than 30 seconds), whether hemodynamically stable or unstable.

Syncope of undetermined origin and positive EP study (CRID-2.3)
- ICD implantation is indicated in individuals with syncope of undetermined origin who have clinically relevant, hemodynamically significant sustained VT or VF induced at electrophysiology (EP) study.

Unexplained syncope (CRID-2.4)
- ICD implantation is indicated in individuals with unexplained syncope, significant left ventricular (LV) dysfunction (LV ejection fraction less than 50%), and structural heart disease such as prior myocardial infarction (MI), congenital heart disease, and/or ventricular dysfunction.

Ischemic cardiomyopathy (CRID-2.5)
- ICD implantation is indicated in individuals with any of the following:
  - LV dysfunction due to prior myocardial infarction (MI) and all of the following:
    - LV ejection fraction ≤ 35% and either:
      - It is ≥ 40 days since the most recent MI
      - The ejection fraction was ≤ 35% prior to the most recent MI
- Are NYHA functional Class II or III
  - LV dysfunction due to prior MI and all of the following:
    - LV ejection fraction ≤ 30% and either:
      - It is ≥ 40 days since the most recent MI
      - The ejection fraction was ≤ 30% prior to the most recent MI
    - Are NYHA functional Class I
  - Have non-sustained VT due to prior MI and all of the following:
    - LV ejection fraction ≤ 40%
    - Have inducible VF or sustained VT at EP study performed at least 96 hours after revascularization or MI

**Non-ischemic Dilated Cardiomyopathy (DCM) (CRID-2.6)**
- ICD implantation is indicated in individuals with nonischemic dilated cardiomyopathy who have all of the following:
  - LV ejection fraction ≤ 35%
  - NYHA Class II or III CHF
  - Are on optimal medical therapy
    - Optimal medical therapy is defined as 3 months of maximally titrated doses as tolerated of an ACE inhibitor/angiotensin II receptor blocker, beta-blocker, and, if needed, a diuretic
  - Trials assessing ICD therapy in primary prophylaxis in DCM have not generally included asymptomatic, NYHA functional Class I patients.
General Considerations (CRID-3.1)

For the “reasonable” or “considered” indications listed in this CRID-3 guideline, consensus opinion is less clear about the use of ICD implantation in these settings. Limited evidence suggests that ICD placement may be reasonable or may be considered; this category includes VF or hypotensive VT events where pharmaceutical or ablative techniques are indicated but the results of treatment are too unpredictable to withhold ICD implantation.

Sustained Ventricular Tachycardia with Normal LV Function (CRID-3.2)

ICD implantation is reasonable for individuals with sustained VT and normal or near-normal ventricular function.

Cardiomyopathy (CRID-3.3)

Individuals with cardiomyopathy who have one or more risk factors for sudden cardiac death.

**Hypertrophic Cardiomyopathy:**

ICD implantation is reasonable for individuals with hypertrophic cardiomyopathy who have one or more risk factors for sudden cardiac death including the following:

- Unheralded syncope
- Family history of sudden death
- Septal wall thickness ≥ 30 mm
- Abnormal blood pressure response to exercise (SBP increase of <20mm/hg with exercise or a drop in BP)
- Ventricular tachycardia, sustained or nonsustained
LV apical aneurysm, independent of size
LV ejection fraction < 50%

**Cardiomyopathy due to Arrhythmogenic Right Ventricular Cardiomyopathy (ARVC):**

ICD implantation is reasonable for individuals with ARVC who have one or more risk factors for sudden cardiac death. Risk factors for sudden cardiac death include the following:

- Unheralded syncope
- Family history of sudden death
- Ventricular tachycardia, sustained or nonsustained
- Clinical signs of RV failure

**Long QT Syndrome (CRID-3.4)**

- ICD implantation is reasonable in Long-QT Syndrome in the following settings:
  - Syncope and/or VT while receiving beta-blockers or if beta-blockers are contraindicated
  - Asymptomatic with other risk factors for sudden cardiac death
    - Risk factors for sudden cardiac death include the following:
      - QTc greater than 500 msec or
      - LQT2 or 3
      - Family history of sudden death

**Brugada Syndrome (CRID-3.5)**

- ICD implantation is reasonable for individuals with Brugada Syndrome who have had the following:
  - Syncope or
  - Documented or inducible VT or VF

**Catecholaminergic Polymorphic Ventricular Tachycardia (CRID-3.6)**

- ICD implantation is reasonable for individuals with catecholaminergic polymorphic VT who have syncope and/or documented sustained VT while receiving beta-blockers.

**Muscular Dystrophy (CRID-3.8)**

- ICD implantation is reasonable, regardless of LV ejection fraction for any of the following:
  - Emery-Dreifuss muscular dystrophy (EDMD)
  - Limb-Girdle Type 1B muscular dystrophy (LGMD1B)
  - Myotonic Dystrophy Type 1 with an indication for a permanent pacemaker
Lamin A/C (LMNA) mutation (for patients who don’t meet the above criteria of EDMD or LGMD1B) when there is documentation of **two or more** of the following risk factors for sudden cardiac death:
- Non-sustained ventricular tachycardia
- LVEF < 45%
- Non-missense mutation (ins-del/truncating or mutations affecting splicing)
- Male sex at birth

For sustained VT see **Sustained Ventricular Tachycardia with Normal LV Function**

**Other Indications (CRID-3.7)**

- ICD implantation is reasonable, regardless of LV ejection fraction measurement, for individuals with:
  - Cardiac sarcoidosis
  - Giant cell myocarditis
  - Chagas disease
- LV non compaction
  - ICD implantation should be considered for the primary prevention of sudden cardiac death due to malignant ventricular arrhythmias in individuals with non-compaction cardiomyopathy and impaired LV function (LV ejection fraction less than 50%)
    - ICD implantation is also indicated for normal LV function (LVEF greater than 50%) primary prevention cases with positive family history of sudden cardiac death. This exception is due to the presence of sarcomeric gene mutations reported in non-compaction cardiomyopathy
- ICD implantation may be considered in affected individuals with a familial cardiomyopathy associated with sudden death
ICD Implantation Non-indications (CRID-4)

Ischemic cardiomyopathy (CRID-4.1)
• ICD implantation is not indicated in individuals who have had a myocardial infarction within the past 40 days or who have had coronary revascularization within the past 90 days unless the following applies:
  o A separate indication for permanent pacemaker implantation exists (thus preventing a likely repeat procedure for an upgraded device in the near future)

NYHA class IV CHF (CRID-4.2)
• ICD implantation is not indicated for individuals with NYHA functional class IV symptoms unless one of the following applies:
  o It is a CRT-D device meeting the indications for CRT-D implantation listed in Sinus Rhythm, Dilated Cardiomyopathy with NYHA Class II, III, or IV Congestive Heart Failure (CHF)
  o The individual is awaiting heart transplantation
  o Left ventricular assist device (LVAD) is being used as destination therapy

Limited life expectancy (CRID-4.3)
• ICD implantation is not indicated for individuals who do not have a reasonable expectation of survival with an acceptable functional status for at least one year, even if they meet ICD implantation criteria listed in:
  o Definite Indications for ICD Implantation or
  o Reasonable Indications for ICD Implantation

Incessant VT or VF (CRID-4.4)
• ICD implantation is not indicated for individuals with incessant VT or VF
Incessant VT or VF is defined as hemodynamically stable VT or VF continuing for hours

Psychiatric Conditions (CRID-4.5)
- ICD implantation is not indicated in individuals with significant psychiatric illnesses that may be aggravated by device implantation or that may preclude systematic follow-up.

Reversible Causes of VT/VF (CRID-4.6)
- ICD implantation is not indicated when VF or VT is due to a reversible cause such as:
  - Severe electrolyte disturbance
  - Drug-induced torsades de pointes
  - Acute, reperfused myocardial infarction with preserved ejection fraction

Ablation Candidate, No Structural Heart Disease (CRID-4.7)
- ICD implantation is not indicated if the individual has no structural heart disease and is a candidate for ablation. Surgical or catheter ablation can be curative in this setting.

Substernal Implantable Cardioverter-Defibrillator (CRID-4.8)
- Substernal implantable cardioverter-defibrillator systems involve inserting a defibrillator lead directly beneath the sternum anterior to the heart, and is intended to provide anti-tachycardia pacing as well as post-shock pacing without intravenous leads.
- At this time substernal implantable cardioverter-defibrillator systems are considered experimental and investigational.
# Cardiac Resynchronization Therapy (CRT) Devices

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Indications for Cardiac Resynchronization Therapy (CRT)-D Implantation (CRID-5)

**Sinus Rhythm, Dilated Cardiomyopathy with LBBB (CRID-5.1)**
- CRT-D implantation is indicated in individuals with ischemic or nonischemic dilated cardiomyopathy who have all of the following:
  - Left bundle branch block with QRS ≥120 msec
  - LV ejection fraction ≤35%
  - NYHA functional Class II, III, or ambulatory class IV on stable optimal medical therapy (OMT)
- CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function.

**Sinus Rhythm, Dilated Cardiomyopathy with non-LBBB (CRID-5.3)**
- CRT-D Implantation is indicated in individuals who have all of the following:
  - NYHA class III, or ambulatory class IV Congestive Heart Failure on stable optimal medical therapy (OMT)
  - Non-LBBB with QRS duration ≥150 ms
  - LV ejection fraction ≤35%
- CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function.

**Atrial Fibrillation and NYHA Class I, II, or III Congestive Heart Failure (CRID-5.4)**
- CRT is indicated in patients with AF and the following:
  - LV ejection fraction ≤35% on stable optimal medical therapy (OMT) and all of the following:
    - The patient requires ventricular pacing or otherwise meets CRT criteria
      - “Meets CRT criteria” means **either**.
• Has left bundle branch block (LBBB) and a QRS duration ≥ 120 ms and New York Heart Association (NYHA) functional class II, III, or ambulatory class IV HF symptoms on stable optimal medical therapy;
• Has a non-LBBB pattern with a QRS duration ≥ 150 and NYHA class III or ambulatory class IV HF symptoms
  ▪ Atrioventricular nodal ablation or pharmacologic rate control will allow near 100% ventricular pacing with CRT
• CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function
Ischemic Cardiomyopathy (CRID-6.1)

- CRT-D or CRT-P implantation is **not** indicated in individuals who have had a myocardial infarction within the past 40 days or who have had coronary revascularization within the past 90 days **unless** the following applies
  - A separate indication for permanent pacemaker implantation exists (thus preventing a likely repeat procedure for an upgraded device in the near future)

Reversible Causes of Cardiomyopathy (CRID-6.2)

- CRT-D implantation is **not** indicated in the setting of a reversible cardiomyopathy such as: toxic, metabolic, or tachycardia induced cardiomyopathy
  - Once the reversible aberration is corrected, clinical reassessment is indicated
Indications for CRT-P (CRID-10.1)

- High grade AV block and NYHA Class I, II or III Congestive Heart Failure:
  - CRT-P implantation is indicated in individuals who have all of the following:
    - LV ejection fraction <50%
    - NYHA Class I, II, or III heart failure
    - High grade AV block, including AV nodal ablation, requiring more than 40% pacing (CRT)-P
  - See also Indications for Cardiac Resynchronization Therapy (CRT)-D Implantation for individuals who have met requirements for CRT-D, but decline the ICD function
Wireless Cardiac Resynchronization (CRID-11.2)

Wireless Cardiac Resynchronization - Criteria (CRID-11.2)

- Permanent LV leadless pacemakers (CPT® 0515T) are implanted directly in the left ventricle for synchronization with RV leads in the setting of cardiac resynchronization therapy. At this time they are considered experimental and investigational.
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Wireless Pulmonary Artery Pressure Sensor (CRID-11.3)

Wireless Pulmonary Artery Pressure Sensor - Criteria

Wireless Pulmonary Artery Pressure Sensor devices (CPT® 33289) such as, CardioMEMS™ HF System, are implanted into a branch of the pulmonary artery during right heart catheterization and require a specialized delivery system. These devices monitor constant pulmonary artery pressures over time, utilizing the concept that as pulmonary artery pressures increase, outpatient medical therapy can be adjusted. This can potentially reduce inpatient admissions and treatment.

- Although FDA approved, these devices have yet to be incorporated into the standard of care and remain investigational and experimental at this time.
References

v2.0.2023

Clinical Guidelines for Cardiac Implantable Devices (CID) V2.0.2023

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